

1 - Jornada Única

20/01/2018 - 15:00

Prova 1	Femin., 50m Livres		Absolutos Femininos	
20/01/2018 - 15:00			Resultados	
Rec. Torneio	26.78	Sara, Madeira	Alcobaça	2008
Rec. Nacional Absoluto	24.94	Patricia Vilas, Conceicao	S. António Cavaleiros	2009
Rec. Nacional INF B	28.82	Carolina Miranda, Fernandes	Abrantes	2017
Rec. Nacional INF A	27.76	Ana Margarida, Guedes	Espinho	2014
Rec. Nacional JUV B	26.85	Ana Margarida, Guedes	Bragança	2015
Rec. Nacional JUV A	26.77	Ana Margarida, Guedes	Abrantes	2016
Rec. Nacional 16	26.14	Maria Carolina, Rosa	S. António Cavaleiros	2009
Rec. Nacional 17	25.95	Beatriz Mendes, Viegas	Vila Real Stº Antonio	2016
Rec. Nacional SEN	24.94	Patricia Vilas, Conceicao	S. António Cavaleiros	2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts	
1. Sofia Alexandra, Nunes	00 Laranjeiro	27.93	576	9,00
2. Ines Jacinto, Henriques	00 Pimpoes/Cimai	27.95	574	7,00
3. Barbara Almeida, Ribeiro	04 Colégio Vasco da Gama	28.41	547	6,00
4. Giovanna Vaz, Vargas	00 Nautico Marinha Grande	28.43	546	5,00
5. Sofia Alexandra, Rolao	98 Benfica	28.78	526	4,00
6. Ines Figueira, Santos	00 União Piedense	29.22	503	3,00
7. Rita Afonso, Belo	02 Benedita Sport Club	29.65	481	2,00
8. Marta Sousa, Oliveira	01 Torres Novas	29.73	477	1,00
9. Diana Violante, Romao	02 Alcobaça	29.75	476	-
10. Beatriz Almeida, Pires	03 Uniao Coimbra	30.10	460	-
11. Maria Beatriz, Jorge	00 Náutico Académico	30.12	459	-
12. Mariana Costa, Cabral	95 Bombeiros Estoris	30.38	447	-
13. Marisa Isabel, Nobre	05 Columbofila Cantanhedense	30.58	438	-
14. Daniela Portela, Mendes	04 Condeixa Aqua Clube	32.20	375	-
15. Tatiana Evangelista, Rebelo	00 Clube Naval da Nazaré	33.51	333	-
16. Joana Almeida, Vicente	04 Portomosense	40.89	183	-
DNS Mariana Martins, Alvarez	01 Colégio Vasco da Gama			-
DNS Ana Carolina, Neves	00 Académica de Coimbra			-
EXH Matilde Freitas, Moreira	01 Académica de Coimbra	27.56	599	-
EXH Matilde Correia, Vieira	00 Alcobaça	30.00	464	-
EXH Ana Claudia, Ferreira	90 Alcobaça	30.46	444	-
EXH Jacinta Correia, Vieira	01 Alcobaça	32.14	378	-
EXH Rita Margarida, Rodrigues	05 Alcobaça	33.59	331	-

Prova 2
20/01/2018 - 15:03

Masc., 50m Livres

Absolutos Masculinos
Resultados

Rec. Torneio	23.15	Mario, Pereira	Alcobaça	2012
Rec. Nacional Absoluto	21.64	Alexandre Escudier, Agostinho	S. António Cavaleiros	2009
Rec. Nacional INF B	26.65	Gabriel Jose, Lopes	Lousã	2010
Rec. Nacional INF A	25.30	Joao Cruz, Castro	Funchal	2014
Rec. Nacional JUV B	23.96	Diogo Gomes, Sousa	Ponte de Sôr	2009
Rec. Nacional JUV A	24.12	Frederico Sucena, Riachos	Ponte de Sor	2014
Rec. Nacional 17	23.14	Tiago Andre, Venancio	Reboleira	2004
Rec. Nacional 18	22.24	Miguel Duarte, Nascimento	Porto	2012
Rec. Nacional SEN	21.64	Alexandre Escudier, Agostinho	S. António Cavaleiros	2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Viktor, Kot	98 Nautico Marinha Grande	24.12	592 9,00
2. Guilherme Pereira, Dias	97 Benfica	24.47	567 7,00
3. Ricardo Saraiva, Pires	98 Laranjeiro	24.93	536 6,00
4. Rodrigo Ribeiro, Gomes	00 Condeixa Aqua Clube	25.01	531 5,00
5. Illya, Yelistratkin	96 Académica de Coimbra	25.37	509 4,00
6. Francisco Xavier, Goncalves	97 Náutico Académico	25.45	504 3,00
7. Miguel Bras, Sergio	95 Bombeiros Estoris	25.49	502 2,00
8. Diogo Coelho, Jose	01 Columbofila Cantanhedense	25.63	493 1,00
9. Jaime Moyano, Lazo	99 Baena	25.65	492 -
10. Joao Miguel, Santana	00 Pimpoes/Cimai	25.68	491 -
11. Joao Pedro, Silva	00 União Piedense	25.87	480 -
12. Bruno Pinto, Domingues	00 Ba/Bomcar	26.10	467 -
13. Goncalo Silva, Marques	01 Uniao Coimbra	26.14	465 -
14. Miguel Monteiro, Diogo	93 Alcobaça	26.24	460 -
15. David, Martyn	03 Benedita Sport Club	26.55	444 -
16. Joao Jose, Calado	01 Torres Novas	26.83	430 -
17. Paulo Sergio, Ferreira	03 Clube Naval da Nazaré	26.89	427 -
18. Daniel Fernandes, Antao	00 Colégio Vasco da Gama	27.46	401 -
DSQ Guilherme Carmo, Manz	03 Colégio Vasco da Gama		-
<i>Falsa partida.</i>			
EXH Thomas, Ghilardotti	00 Benfica	24.81	544 -
EXH Tiago Jardim, Fidalgo	00 Colégio Vasco da Gama	27.90	382 -
EXH Rui Afonso, Rodrigues	02 Alcobaça	29.19	334 -
EXH Ignacio Morales, Aguilera	01 Baena	30.34	297 -

Prova 3
20/01/2018 - 15:05

Femin., 200m Bruços

Infantil B Femininos
Resultados

Rec. Torneio	2:55.30	Raquel, Pereira	SAD	Alcobaça	2012
Rec. Nacional Absoluto	2:23.46	Raquel Gomes, Pereira		Porto	2017
Rec. Nacional INF B	2:45.30	Clara Gomes, Pereira		Algés	2014

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Maria Leonor, Coelho	06 Benfica	3:06.43	376 9,00
50m: 43.13 43.13	100m: 1:31.18 48.05	150m: 2:19.06 47.88	200m: 3:06.43 47.37
2. Rebeca Neves, Antunes	06 Colégio Vasco da Gama	3:07.09	372 7,00
50m: 41.58 41.58	100m: 1:29.42 47.84	150m: 2:18.43 49.01	200m: 3:07.09 48.66
3. Constanca Arinto, Trindade	06 Alcobaça	3:29.21	266 6,00
50m: 48.16 48.16	100m: 1:41.44 53.28	150m: 2:35.48 54.04	200m: 3:29.21 53.73
4. Beatriz Andre, Gaspar	06 Náutico Académico	3:37.47	236 5,00
50m: 50.28 50.28	100m: 1:46.44 56.16	150m: 2:42.47 56.03	200m: 3:37.47 55.00
DNS Jessica Mendes, Santos	06 Nautico Marinha Grande		-

Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Infantil A Femininos
20/01/2018 - 15:05 Resultados

Rec. Torneio	2:47.29	Clara, Pereira	SAD	Alcobaça	2015
Rec. Nacional Absoluto	2:23.46	Raquel Gomes, Pereira		Porto	2017
Rec. Nacional INF A	2:36.86	Clara Gomes, Pereira		Algés	2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Maria Ines, Marques 50m: 41.79 41.79	05 Alcobaça 100m: 1:29.22 47.43 150m: 2:16.67 47.45	3:03.89 200m: 3:03.89	391 9,00 47.22
2. Rita Lima, Pires 50m: 44.13 44.13	05 Náutico Académico 100m: 1:33.90 49.77 150m: 2:23.66 49.76	3:12.20 200m: 3:12.20	343 7,00 48.54
3. Maria Dolores, Perez 50m: 41.90 41.90	05 Baena 100m: 1:29.91 48.01 150m: 2:22.14 52.23	3:15.04 200m: 3:15.04	328 6,00 52.90
4. Maria Lucas, Santos 50m: 45.99 45.99	05 Condeixa Aqua Clube 100m: 1:37.37 51.38 150m: 2:30.44 53.07	3:23.01 200m: 3:23.01	291 5,00 52.57
5. Sara Nunes, Conceicao 50m: 44.88 44.88	05 União Piedense 100m: 1:37.17 52.29 150m: 2:31.28 54.11	3:24.01 200m: 3:24.01	287 4,00 52.73
6. Diana Carvalho, Pineu 50m: 47.00 47.00	05 Ba/Bomcar 100m: 1:38.63 51.63 150m: 2:32.32 53.69	3:24.57 200m: 3:24.57	284 3,00 52.25
7. Soraia Carvalho, Ferreira 50m: 45.83 45.83	05 Nautico Marinha Grande 100m: 1:39.34 53.51 150m: 2:33.51 54.17	3:25.92 200m: 3:25.92	279 2,00 52.41
8. Beatriz Silva, Conceicao 50m: 48.29 48.29	05 Portomosense 100m: 1:42.79 54.50 150m: 2:38.15 55.36	3:32.48 200m: 3:32.48	254 1,00 54.33
DNS Iris Pereira, Carrao	05 Laranjeiro		-

Prova 3 Femin., 200m Bruços Juvenil B Femininos
20/01/2018 - 15:05 Resultados

Rec. Torneio	2:40.66	Clara, Pereira	SAD	Alcobaça	2016
Rec. Nacional Absoluto	2:23.46	Raquel Gomes, Pereira		Porto	2017
Rec. Nacional JUV B	2:34.51	Diana Duarte, Gomes		Reboleira	2003

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Margarida Filipe, Ferreira 50m: 38.18 38.18	04 União Piedense 100m: 1:20.81 42.63 150m: 2:04.86 44.05	2:48.79 200m: 2:48.79	506 9,00 43.93
2. Alexandra Cordeiro, Silva 50m: 39.81 39.81	04 Alcobaça 100m: 1:23.17 43.36 150m: 2:07.82 44.65	2:52.69 200m: 2:52.69	473 7,00 44.87
3. Ana Carolina, Monteiro 50m: 39.92 39.92	04 Uniao Coimbra 100m: 1:25.22 45.30 150m: 2:10.03 44.81	2:55.29 200m: 2:55.29	452 6,00 45.26
4. Margarida Mateus, Morais 50m: 41.22 41.22	04 Torres Novas 100m: 1:26.27 45.05 150m: 2:11.98 45.71	2:57.23 200m: 2:57.23	437 5,00 45.25
5. Mafalda Sardinha, Monteiro 50m: 40.76 40.76	04 Benfica 100m: 1:26.64 45.88 150m: 2:13.33 46.69	3:01.07 200m: 3:01.07	410 4,00 47.74
6. Marta Domingues, Gameiro 50m: 42.19 42.19	04 Náutico Académico 100m: 1:28.92 46.73 150m: 2:15.92 47.00	3:03.42 200m: 3:03.42	394 3,00 47.50
7. Safira Santos, Duarte 50m: 42.46 42.46	04 Clube Naval da Nazaré 100m: 1:31.87 49.41 150m: 2:24.16 52.29	3:16.96 200m: 3:16.96	318 2,00 52.80
DNS Andreia Santos, Silva	04 Colégio Vasco da Gama		-

Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Juvenil A Femininos
20/01/2018 - 15:05 Resultados

Rec. Torneio	2:35.69	Raquel, Pereira	SAD	Alcobaça	2015
Rec. Nacional Absoluto	2:23.46	Raquel Gomes, Pereira		Porto	2017
Rec. Nacional JUV A	2:32.36	Diana Duarte, Gomes		Alcobaça	2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Renata Simoes, Rato 50m: 40.47 40.47	03 Nautico Marinha Grande 100m: 1:24.83 44.36 150m: 2:09.54 44.71	2:54.43 200m: 2:54.43	459 9,00 44.89
2. Josefa Carlota, Martins 50m: 42.38 42.38	03 Alcobaça 100m: 1:30.59 48.21 150m: 2:22.55 51.96	3:14.73 200m: 3:14.73	330 7,00 52.18
DNS Ana Ferraria, Pereira	03 Portomosense		-

Prova 3 Femin., 200m Bruços Absolutos Femininos (JUN +SEN)
20/01/2018 - 15:05 Resultados

Rec. Torneio	2:28.89	Victoria, Kaminskaya	Alcobaça	2012
Rec. Nacional Absoluto	2:23.46	Raquel Gomes, Pereira	Porto	2017
Rec. Nacional 16	2:26.87	Raquel Gomes, Pereira	Porto	2015
Rec. Nacional 17	2:26.47	Raquel Gomes, Pereira	Funchal	2016
Rec. Nacional SEN	2:23.46	Raquel Gomes, Pereira	Porto	2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Luisa Maria, Machado 50m: 35.64 35.64	01 União Piedense 100m: 1:14.34 38.70 150m: 1:54.82 40.48	2:36.97 200m: 2:36.97	630 9,00 42.15
2. Ines Rocha, Silva 50m: 37.74 37.74	00 Alcobaça 100m: 1:18.58 40.84 150m: 1:59.79 41.21	2:41.00 200m: 2:41.00	583 7,00 41.21
3. Ana Ferreira, Costa 50m: 37.96 37.96	02 Nautico Marinha Grande 100m: 1:19.58 41.62 150m: 2:01.79 42.21	2:44.42 200m: 2:44.42	548 6,00 42.63
4. Ines Silva, Bernardo 50m: 38.31 38.31	00 Benfica 100m: 1:20.11 41.80 150m: 2:02.23 42.12	2:45.03 200m: 2:45.03	542 5,00 42.80
5. Teresa Miguel, Veloso 50m: 38.51 38.51	00 Náutico Académico 100m: 1:20.87 42.36 150m: 2:03.16 42.29	2:45.88 200m: 2:45.88	533 4,00 42.72
6. Mariana Graca, Vasconcelos 50m: 39.29 39.29	99 Bombeiros Estoris 100m: 1:22.95 43.66 150m: 2:08.15 45.20	2:53.28 200m: 2:53.28	468 3,00 45.13
7. Constanca Filipa, Rodrigues 50m: 40.82 40.82	02 Pimpoes/Cimai 100m: 1:25.54 44.72 150m: 2:11.25 45.71	2:56.74 200m: 2:56.74	441 2,00 45.49
8. Andreia Brito, Pereira 50m: 44.88 44.88	00 Condeixa Aqua Clube 100m: 1:34.69 49.81 150m: 2:26.63 51.94	3:19.37 200m: 3:19.37	307 1,00 52.74
DNS Beatriz Castanheira, Dias	99 Académica de Coimbra		-
EXH Matilde Carvalho, Barao 50m: 41.65 41.65	04 Colégio Vasco da Gama 100m: 1:29.80 48.15 150m: 2:19.36 49.56	3:09.45 200m: 3:09.45	358 - 50.09

Prova 4 Masc., 200m Bruços Infantil B Masculinos
20/01/2018 - 15:21 Resultados

Rec. Torneio	2:44.00	Diogo, Silva	CNAI	Alcobaça	2006
Rec. Nacional Absoluto	2:05.59	Carlos Esteves, Almeida		Chartres	2012
Rec. Nacional INF B	2:37.57	Tomas Miguel, Freitas		Funchal	2003

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Goncalo Oliveira, Sebastiao	05 Columbofila Cantanhedense	3:13.42	241 9,00
50m: 43.33 43.33 100m: 1:32.54 49.21 150m: 2:22.86 50.32 200m: 3:13.42 50.56			
DSQ Antonio Iuri, Ladyka	05 Alcobaça		-
<i>Várias pernadas de golfinho durante o percurso subaquático da partida.</i>			
DNS Miguel Fernandes, Oliveira	05 Nautico Marinha Grande		-

Prova 4 Masc., 200m Bruços Infantil A Masculinos
20/01/2018 - 15:21 Resultados

Rec. Torneio	2:33.59	Antonio, Carriço	PIMP	Alcobaça	2012
Rec. Nacional Absoluto	2:05.59	Carlos Esteves, Almeida		Chartres	2012
Rec. Nacional INF A	2:29.59	Luis Manuel, Fernandes		Cantanhede	2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Pedro Nuno, Oliveira	04 Torres Novas	2:47.88	369 9,00
50m: 38.03 38.03 100m: 1:20.85 42.82 150m: 2:04.24 43.39 200m: 2:47.88 43.64			
2. Duarte Gil, Salvador	04 Nautico Marinha Grande	2:55.68	322 7,00
50m: 39.63 39.63 100m: 1:24.72 45.09 150m: 2:10.25 45.53 200m: 2:55.68 45.43			
3. Goncalo Gomes, Augusto	04 Laranjeiro	2:56.96	315 6,00
50m: 39.91 39.91 100m: 1:25.86 45.95 150m: 2:12.12 46.26 200m: 2:56.96 44.84			
4. Guilherme Silva, Castanheira	04 Ba/Bomcar	2:57.61	311 5,00
50m: 40.03 40.03 100m: 1:25.07 45.04 150m: 2:11.57 46.50 200m: 2:57.61 46.04			
5. Guilherme Machado, Santos	04 União Piedense	3:01.11	294 4,00
50m: 41.78 41.78 100m: 1:28.42 46.64 150m: 2:14.93 46.51 200m: 3:01.11 46.18			
6. Joao Tomas, Madrugo	04 Pimpos/Cimai	3:07.43	265 3,00
50m: 41.64 41.64 100m: 1:29.21 47.57 150m: 2:18.14 48.93 200m: 3:07.43 49.29			
7. Carlos Ruiz, Campos	04 Baena	3:10.47	252 2,00
50m: 40.55 40.55 100m: 1:30.13 49.58 150m: 2:21.18 51.05 200m: 3:10.47 49.29			

Prova 4 Masc., 200m Bruços Juvenil B masculinos
20/01/2018 - 15:21 Resultados

Rec. Torneio	2:30.13	Carlos, Almeida	CNA	Alcobaça	2003
Rec. Nacional Absoluto	2:05.59	Carlos Esteves, Almeida		Chartres	2012
Rec. Nacional JUV B	2:20.22	Andre Goncalo, Santos		Braga	2012

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ricardo Samuel, Pereira	03 Benfica	2:27.62	543 9,00
<i>Recorde do Torneio categoria Juvenil B.</i>			
50m: 33.15 33.15 100m: 1:10.31 37.16 150m: 1:49.45 39.14 200m: 2:27.62 38.17			
2. Pedro Miguel, Matos	03 Colégio Vasco da Gama	2:40.08	425 7,00
50m: 36.34 36.34 100m: 1:17.32 40.98 150m: 1:58.75 41.43 200m: 2:40.08 41.33			
3. Pedro Maria, Santana	03 Torres Novas	2:48.92	362 6,00
50m: 39.37 39.37 100m: 1:22.16 42.79 150m: 2:05.99 43.83 200m: 2:48.92 42.93			
4. Goncalo Miguel, Rodrigues	03 Bombeiros Estoris	3:00.60	296 5,00
50m: 41.46 41.46 100m: 1:27.19 45.73 150m: 2:14.19 47.00 200m: 3:00.60 46.41			

Prova 4, Masc., 200m Bruços, Juvenil B masculinos

Lugar	Ano	Tempo final	Pts
5. Jose Antonio, Paradela	03 Ba/Bomcar	3:00.89	295 4,00
50m: 42.19 42.19	100m: 1:28.07 45.88	150m: 2:14.14 46.07	200m: 3:00.89 46.75

Prova 4 Masc., 200m Bruços Juvenil A Masculinos
20/01/2018 - 15:21 Resultados

Rec. Torneio	2:23.46	Carlos, Almeida	CNA	Alcobaça	2004
Rec. Nacional Absoluto	2:05.59	Carlos Esteves, Almeida		Chartres	2012
Rec. Nacional JUV A	2:18.22	Andre Goncalo, Santos		Felgueiras	2013

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Duarte Anastacio, Sousa	02 Uniao Coimbra	2:32.09	496 9,00
50m: 35.17 35.17	100m: 1:13.82 38.65	150m: 1:52.89 39.07	200m: 2:32.09 39.20
2. Joao Ventura, Pais	02 Condeixa Aqua Clube	2:36.84	452 7,00
50m: 35.92 35.92	100m: 1:16.31 40.39	150m: 1:56.59 40.28	200m: 2:36.84 40.25
3. Bernardo Geada, Brito	02 União Piedense	2:37.39	448 6,00
50m: 35.27 35.27	100m: 1:15.72 40.45	150m: 1:56.46 40.74	200m: 2:37.39 40.93
4. Miguel Vicente, Silva	02 Nautico Marinha Grande	2:43.80	397 5,00
50m: 36.63 36.63	100m: 1:18.70 42.07	150m: 2:01.65 42.95	200m: 2:43.80 42.15

Prova 4 Masc., 200m Bruços Absolutos Masculinos (JUN +SEN)
20/01/2018 - 15:21 Resultados

Rec. Torneio	2:12.60	Nuno, Quintanilha		Alcobaça	2015
Rec. Nacional Absoluto	2:05.59	Carlos Esteves, Almeida		Chartres	2012
Rec. Nacional 17	2:16.24	Jorge Jesus, Silva		Funchal	2016
Rec. Nacional 18	2:13.22	Andre Goncalo, Santos		Porto	2014
Rec. Nacional SEN	2:05.59	Carlos Esteves, Almeida		Chartres	2012

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Pedro Domingues, Duarte	01 Nautico Marinha Grande	2:26.72	553 9,00
50m: 32.68 32.68	100m: 1:10.40 37.72	150m: 1:48.86 38.46	200m: 2:26.72 37.86
2. Miguel Caridade, Gaspar	99 Académica de Coimbra	2:27.04	549 7,00
50m: 34.62 34.62	100m: 1:12.08 37.46	150m: 1:49.78 37.70	200m: 2:27.04 37.26
3. Pedro Simoes, Rodrigues	01 Uniao Coimbra	2:34.64	472 6,00
50m: 35.26 35.26	100m: 1:14.40 39.14	150m: 1:54.23 39.83	200m: 2:34.64 40.41
4. Rui Pedro, Horta	94 Laranjeiro	2:36.49	455 5,00
50m: 35.96 35.96	100m: 1:15.98 40.02	150m: 1:56.84 40.86	200m: 2:36.49 39.65
5. Francisco Miguel, Mendes	01 Náutico Académico	2:39.19	433 4,00
50m: 36.41 36.41	100m: 1:17.66 41.25	150m: 1:58.90 41.24	200m: 2:39.19 40.29
6. Manuel Sardinha, Duarte	00 Ba/Bomcar	2:39.26	432 3,00
50m: 36.50 36.50	100m: 1:16.23 39.73	150m: 1:56.99 40.76	200m: 2:39.26 42.27
7. Manuel Maria, Ferraz	00 Pimpoes/Cimai	2:41.09	417 2,00
50m: 36.69 36.69	100m: 1:18.01 41.32	150m: 2:00.17 42.16	200m: 2:41.09 40.92
8. Nuno Tiago, Pinela	00 Colégio Vasco da Gama	2:41.37	415 1,00
50m: 36.20 36.20	100m: 1:16.19 39.99	150m: 1:57.78 41.59	200m: 2:41.37 43.59
DNS Miguel Goncalves, Frade	00 Torres Novas		-
EXH Joao Luis, Matos	03 Colégio Vasco da Gama	2:46.20	380 -
50m: 37.40 37.40	100m: 1:19.93 42.53	150m: 2:02.83 42.90	200m: 2:46.20 43.37
EXH David Jorge, Sequeira	04 Colégio Vasco da Gama	2:53.11	336 -
50m: 39.36 39.36	100m: 1:23.64 44.28	150m: 2:09.63 45.99	200m: 2:53.11 43.48

Prova 4, Masc., 200m Bruços

Lugar	Ano	Tempo final	Pts
EXH Vasco Peixoto, Oliveira 50m: 39.01 39.01	04 Alcobaça 100m: 1:23.43 44.42 150m: 2:08.99 45.56	2:53.51	334 - 200m: 2:53.51 44.52
EXH Ignacio Morales, Aguilera 50m: 42.76 42.76	01 Baena 100m: 1:31.88 49.12 150m: 2:22.64 50.76	3:10.79	251 - 200m: 3:10.79 48.15

Prova 5

Femin., 200m Livres

Infantil B Femininos

20/01/2018 - 15:35

Resultados

Rec. Torneio	2:21.41	Ana, Reis	SCC	Alcobaça	2012
Rec. Nacional Absoluto	1:59.53	Diana Margarida, Duraes		Porto	2015
Rec. Nacional INF B	2:11.27	Carolina Miranda, Fernandes		Mealhada	2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Maria Leonor, Coelho 50m: 35.00 35.00	06 Benfica 100m: 1:15.22 40.22 150m: 1:54.28 39.06	2:31.64	389 9,00 200m: 2:31.64 37.36
2. Diana Silva, Tinoco 50m: 35.74 35.74	06 Columbofila Cantanhedense 100m: 1:14.35 38.61 150m: 1:54.17 39.82	2:32.35	384 7,00 200m: 2:32.35 38.18
3. Rebeca Neves, Antunes 50m: 34.86 34.86	06 Colégio Vasco da Gama 100m: 1:14.17 39.31 150m: 1:54.34 40.17	2:33.45	376 6,00 200m: 2:33.45 39.11
4. Filipa Mendes, Simoes 50m: 36.60 36.60	06 Ba/Bomcar 100m: 1:16.13 39.53 150m: 1:57.05 40.92	2:36.02	357 5,00 200m: 2:36.02 38.97
5. Luana Cardoso, Magalhaes 50m: 35.50 35.50	06 Bombeiros Estoris 100m: 1:16.35 40.85 150m: 1:57.60 41.25	2:37.83	345 4,00 200m: 2:37.83 40.23
6. Catarina Machado, Belo 50m: 36.50 36.50	06 Benedita Sport Club 100m: 1:19.80 43.30 150m: 2:03.78 43.98	2:47.18	290 3,00 200m: 2:47.18 43.40
7. Maria Pinto, Monteiro 50m: 36.66 36.66	06 União Piedense 100m: 1:20.30 43.64 150m: 2:05.21 44.91	2:49.29	280 2,00 200m: 2:49.29 44.08
8. Sofia Simao, Cunha 50m: 38.19 38.19	06 Pimpoes/Cimai 100m: 1:22.77 44.58 150m: 2:07.91 45.14	2:51.49	269 1,00 200m: 2:51.49 43.58
9. Anita Gouveia, Costa 50m: 38.74 38.74	06 Uniao Coimbra 100m: 1:23.44 44.70 150m: 2:09.92 46.48	2:53.38	260 - 200m: 2:53.38 43.46
10. Maria Ines, Esteves 50m: 44.55 44.55	06 Clube Naval da Nazaré 100m: 1:36.76 52.21 150m: 2:28.34 51.58	3:15.38	182 - 200m: 3:15.38 47.04

Prova 5

Femin., 200m Livres

Infantil A Femininos

20/01/2018 - 15:35

Resultados

Rec. Torneio	2:14.47	Catia, Martinheira	LDC	Alcobaça	2008
Rec. Nacional Absoluto	1:59.53	Diana Margarida, Duraes		Porto	2015
Rec. Nacional INF A	2:08.89	Alexandra Couto, Frazao		Setúbal	2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Isadora Maia, Andre 50m: 32.17 32.17	05 Benfica 100m: 1:06.70 34.53 150m: 1:42.19 35.49	2:16.50	534 9,00 200m: 2:16.50 34.31
2. Ana Matos, Cabral 50m: 32.66 32.66	05 Uniao Coimbra 100m: 1:08.74 36.08 150m: 1:45.40 36.66	2:21.29	482 7,00 200m: 2:21.29 35.89
3. Manuela Paccola, Junqueira 50m: 33.76 33.76	05 Columbofila Cantanhedense 100m: 1:11.14 37.38 150m: 1:49.01 37.87	2:26.01	436 6,00 200m: 2:26.01 37.00
4. Madalena Sampaio, Torgal 50m: 35.95 35.95	05 Bombeiros Estoris 100m: 1:15.52 39.57 150m: 1:56.01 40.49	2:36.06	357 5,00 200m: 2:36.06 40.05

Prova 5, Femin., 200m Livres, Infantil A Femininos

Lugar	Ano	Tempo final	Pts
5. Joana Silva, Alves 50m: 35.80 35.80 100m: 1:15.78 39.98 150m: 1:57.01 41.23	05 Benedita Sport Club	2:36.29	356 4,00 200m: 2:36.29 39.28
6. Maria Silva, Carvalho 50m: 34.16 34.16 100m: 1:13.84 39.68 150m: 1:55.82 41.98	05 Pimpoes/Cimai	2:37.26	349 3,00 200m: 2:37.26 41.44
7. Maria Fernandes, Lobo 50m: 36.66 36.66 100m: 1:17.26 40.60 150m: 1:58.34 41.08	05 Náutico Académico	2:37.81	345 2,00 200m: 2:37.81 39.47
8. Margarida Claudino, Nicolau 50m: 36.80 36.80 100m: 1:17.42 40.62 150m: 1:59.89 42.47	05 Torres Novas	2:38.62	340 1,00 200m: 2:38.62 38.73
9. Sara Andreia, Serrao 50m: 36.34 36.34 100m: 1:18.05 41.71 150m: 2:00.72 42.67	05 Naval de Peniche	2:40.25	330 - 200m: 2:40.25 39.53
10. Sara Nunes, Conceicao 50m: 37.33 37.33 100m: 1:19.82 42.49 150m: 2:02.15 42.33	05 União Piedense	2:41.81	320 - 200m: 2:41.81 39.66
11. Diana Carvalho, Pineu 50m: 37.05 37.05 100m: 1:18.68 41.63 150m: 2:02.57 43.89	05 Ba/Bomcar	2:41.85	320 - 200m: 2:41.85 39.28
12. Mariana Maiato, Paulino 50m: 37.31 37.31 100m: 1:19.46 42.15 150m: 2:02.51 43.05	05 Colégio Vasco da Gama	2:44.90	303 - 200m: 2:44.90 42.39
13. Maria Lucas, Santos 50m: 36.20 36.20 100m: 1:18.25 42.05 150m: 2:03.52 45.27	05 Condeixa Aqua Clube	2:45.50	299 - 200m: 2:45.50 41.98
14. Maria Dolores, Perez 50m: 37.18 37.18 100m: 1:19.08 41.90 150m: 2:03.27 44.19	05 Baena	2:46.75	293 - 200m: 2:46.75 43.48

Prova 5

Femin., 200m Livres

Juvenil B Femininos

20/01/2018 - 15:35

Resultados

Rec. Torneio	2:09.25	Susana, Miguel	SFUAP	Alcobaça	2004
Rec. Nacional Absoluto	1:59.53	Diana Margarida, Duraes		Porto	2015
Rec. Nacional JUV B	2:04.38	Camila Rodrigues, Rebelo		Coimbra	2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Barbara Almeida, Ribeiro 50m: 30.79 30.79 100m: 1:05.10 34.31 150m: 1:40.33 35.23	04 Colégio Vasco da Gama	2:14.14	563 9,00 200m: 2:14.14 33.81
2. Bruna Silva, Moiteiro 50m: 31.40 31.40 100m: 1:05.24 33.84 150m: 1:40.61 35.37	04 Nautico Marinha Grande	2:16.68	532 7,00 200m: 2:16.68 36.07
3. Joana Francisca, Rodrigues 50m: 32.21 32.21 100m: 1:07.79 35.58 150m: 1:44.04 36.25	04 Uniao Coimbra	2:19.15	504 6,00 200m: 2:19.15 35.11
4. Maria Francisca, Alves 50m: 33.99 33.99 100m: 1:10.64 36.65 150m: 1:46.52 35.88	04 Ba/Bomcar	2:20.64	488 5,00 200m: 2:20.64 34.12
5. Carolina Carreira, Dias 50m: 32.04 32.04 100m: 1:07.61 35.57 150m: 1:44.92 37.31	04 Columbofila Cantanhedense	2:22.09	473 4,00 200m: 2:22.09 37.17
6. Constanca Alexandra, Silva 50m: 33.46 33.46 100m: 1:10.05 36.59 150m: 1:47.35 37.30	04 Pimpoes/Cimai	2:23.41	460 3,00 200m: 2:23.41 36.06
7. Margarida Filipe, Ferreira 50m: 34.22 34.22 100m: 1:10.89 36.67 150m: 1:49.40 38.51	04 União Piedense	2:26.79	429 2,00 200m: 2:26.79 37.39
8. Diana Valadas, Horta 50m: 32.54 32.54 100m: 1:10.23 37.69 150m: 1:50.62 40.39	04 Laranjeiro	2:30.89	395 1,00 200m: 2:30.89 40.27
9. Maria Freire, Alves 50m: 34.26 34.26 100m: 1:13.61 39.35 150m: 1:54.61 41.00	04 Bombeiros Estoris	2:34.53	368 - 200m: 2:34.53 39.92
10. Margarida Mateus, Morais 50m: 36.05 36.05 100m: 1:15.93 39.88 150m: 1:56.96 41.03	04 Torres Novas	2:36.20	356 - 200m: 2:36.20 39.24

Prova 5, Femin., 200m Livres, Juvenil B Femininos

Lugar	Ano	Tempo final	Pts
11. Leonor Correia, Cunha 50m: 39.54 39.54	04 Condeixa Aqua Clube 100m: 1:23.14 43.60 150m: 2:07.74 44.60	2:51.84	267 - 200m: 2:51.84 44.10
DNS Sofia Viola, Abreu	04 Naval de Peniche		-

Prova 5 Femin., 200m Livres Juvenil A Femininos
20/01/2018 - 15:35 Resultados

Rec. Torneio	2:10.01	Filipa, Rodrigues	AFUAP	Alcobaça	2016
Rec. Nacional Absoluto	1:59.53	Diana Margarida, Duraes		Porto	2015
Rec. Nacional JUV A	2:04.01	Alexandra Couto, Frazao		Coimbra	2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Camila Alexandra, Silva 50m: 32.23 32.23	03 Columbofila Cantanhedense 100m: 1:06.35 34.12 150m: 1:40.45 34.10	2:14.18	562 9,00 200m: 2:14.18 33.73
2. Beatriz Almeida, Pires 50m: 31.43 31.43	03 Uniao Coimbra 100m: 1:06.46 35.03 150m: 1:42.10 35.64	2:17.60	521 7,00 200m: 2:17.60 35.50
3. Beatriz Quintao, Amantes 50m: 32.58 32.58	03 União Piedense 100m: 1:08.94 36.36 150m: 1:46.45 37.51	2:23.27	462 6,00 200m: 2:23.27 36.82
4. Maria Miguel, Gameiro 50m: 33.68 33.68	03 Náutico Académico 100m: 1:10.33 36.65 150m: 1:47.49 37.16	2:23.51	459 5,00 200m: 2:23.51 36.02
5. Ana Catarina, Santos 50m: 32.31 32.31	03 Condeixa Aqua Clube 100m: 1:08.94 36.63 150m: 1:46.20 37.26	2:23.84	456 4,00 200m: 2:23.84 37.64
6. Matilde Pereira, Carrao 50m: 33.25 33.25	03 Laranjeiro 100m: 1:10.01 36.76 150m: 1:47.98 37.97	2:26.27	434 3,00 200m: 2:26.27 38.29
7. Erica Neves, Leote 50m: 34.71 34.71	03 Torres Novas 100m: 1:11.46 36.75 150m: 1:49.45 37.99	2:27.26	425 2,00 200m: 2:27.26 37.81
8. Madalena Rodrigues, Tome 50m: 33.33 33.33	03 Bombeiros Estoris 100m: 1:10.64 37.31 150m: 1:49.60 38.96	2:27.99	419 1,00 200m: 2:27.99 38.39
9. Ana Rui, Gomes 50m: 34.29 34.29	03 Clube Naval da Nazaré 100m: 1:12.58 38.29 150m: 1:50.99 38.41	2:28.96	411 - 200m: 2:28.96 37.97
10. Adriana Martins, Noivo 50m: 34.10 34.10	03 Naval de Peniche 100m: 1:13.18 39.08 150m: 1:53.41 40.23	2:31.30	392 - 200m: 2:31.30 37.89
DNS Marta Viola, Marques	03 Colégio Vasco da Gama		-

Prova 5 Femin., 200m Livres Absolutos Femininos (JUN +SEN)
20/01/2018 - 15:35 Resultados

Rec. Torneio	2:06.79	Sara, Loureiro	Alcobaça	2005
Rec. Nacional Absoluto	1:59.53	Diana Margarida, Duraes	Porto	2015
Rec. Nacional 16	2:01.17	Ana Reis, Sousa	Leiria	2017
Rec. Nacional 17	2:02.89	Diana Margarida, Duraes	Porto	2012
Rec. Nacional SEN	1:59.53	Diana Margarida, Duraes	Porto	2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ines Figueira, Santos 50m: 31.87 31.87	00 União Piedense 100m: 1:06.34 34.47 150m: 1:41.09 34.75	2:15.54	545 9,00 200m: 2:15.54 34.45
2. Maria Beatriz, Jorge 50m: 33.23 33.23	00 Náutico Académico 100m: 1:09.33 36.10 150m: 1:45.69 36.36	2:21.40	480 7,00 200m: 2:21.40 35.71
3. Rita Sousa, Oliveira 50m: 33.14 33.14	01 Torres Novas 100m: 1:09.38 36.24 150m: 1:45.90 36.52	2:22.44	470 6,00 200m: 2:22.44 36.54
4. Mariana Costa, Cabral 50m: 32.34 32.34	95 Bombeiros Estoris 100m: 1:09.61 37.27 150m: 1:48.44 38.83	2:26.51	432 5,00 200m: 2:26.51 38.07

Prova 5, Femin., 200m Livres, Absolutos Femininos (JUN +SEN)

Lugar	Ano	Tempo final	Pts
5. Maria Leitao, Carvalho 50m: 36.63 36.63 100m: 1:15.93 39.30 150m: 1:54.38 38.45	02 Ba/Bomcar	2:32.62 200m: 2:32.62	382 4,00 38.24
6. Olga Santos, Lourenco 50m: 33.95 33.95 100m: 1:11.29 37.34 150m: 1:50.93 39.64	01 Colégio Vasco da Gama	2:33.06 200m: 2:33.06	379 3,00 42.13
7. Tatiana Evangelista, Rebelo 50m: 37.47 37.47 100m: 1:18.68 41.21 150m: 2:01.08 42.40	00 Clube Naval da Nazaré	2:44.15 200m: 2:44.15	307 2,00 43.07
EXH Matilde Carvalho, Barao 50m: 33.28 33.28 100m: 1:10.49 37.21 150m: 1:49.39 38.90	04 Colégio Vasco da Gama	2:27.74 200m: 2:27.74	421 - 38.35
EXH Catarina Alexandra, Marques 50m: 33.74 33.74 100m: 1:11.88 38.14 150m: 1:51.59 39.71	04 Colégio Vasco da Gama	2:29.35 200m: 2:29.35	408 - 37.76
EXH Constanca Ferreira, Almeida 50m: 34.55 34.55 100m: 1:12.69 38.14 150m: 1:53.75 41.06	04 Colégio Vasco da Gama	2:35.82 200m: 2:35.82	359 - 42.07
EXH Noelia Redondo, Gutierrez 50m: 35.98 35.98 100m: 1:15.84 39.86 150m: 1:58.25 42.41	05 Baena	2:39.16 200m: 2:39.16	337 - 40.91

Prova 6

Masc., 200m Livres

Infantil B Masculinos

20/01/2018 - 16:00

Resultados

Rec. Torneio	2:06.04	Nathan, Theodoris	LDC	Alcobaça	2008
Rec. Nacional Absoluto	1:45.25	Luis Emanuel, Vaz		Felgueiras	2013
Rec. Nacional INF B	2:04.75	Joao Magalhaes, Nunes		Algés	2012

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Salvador Goya, Perloiro 50m: 32.56 32.56 100m: 1:08.56 36.00 150m: 1:44.98 36.42	05 Benfica	2:18.68 200m: 2:18.68	367 9,00 33.70
2. Guilherme Maia, Cardoso 50m: 34.51 34.51 100m: 1:11.19 36.68 150m: 1:48.93 37.74	05 Columbofila Cantanhedense	2:25.33 200m: 2:25.33	319 7,00 36.40
3. Dylan Marques, Felix 50m: 34.58 34.58 100m: 1:12.66 38.08 150m: 1:51.89 39.23	05 Pimpoes/Cimai	2:29.50 200m: 2:29.50	293 6,00 37.61
4. Joao Antonio, Pires 50m: 36.67 36.67 100m: 1:16.38 39.71 150m: 1:55.69 39.31	05 Torres Novas	2:33.41 200m: 2:33.41	271 5,00 37.72
5. Joel, Fribergh 50m: 35.41 35.41 100m: 1:16.34 40.93 150m: 1:58.51 42.17	05 Bombeiros Estoris	2:38.05 200m: 2:38.05	248 4,00 39.54
6. Lucas Filipe, Moreira 50m: 36.51 36.51 100m: 1:17.18 40.67 150m: 1:59.55 42.37	05 Ba/Bomcar	2:38.49 200m: 2:38.49	246 3,00 38.94
7. Pedro Pinheiro, Ribeiro 50m: 36.94 36.94 100m: 1:19.59 42.65 150m: 2:03.00 43.41	05 Benedita Sport Club	2:42.98 200m: 2:42.98	226 2,00 39.98
8. Guilherme Silva, Daniel 50m: 39.65 39.65 100m: 1:24.07 44.42 150m: 2:10.41 46.34	05 Laranjeiro	2:54.80 200m: 2:54.80	183 1,00 44.39
DSQ Manuel Ayala, Molina <i>Falsa partida.</i>	05 Baena		-

Prova 6, Masc., 200m Livres

Prova 6 Masc., 200m Livres Infantil A Masculinos
20/01/2018 - 16:00 Resultados

Rec. Torneio	1:59.63	Nathan, Theodoris	LDC	Alcobaça	2009
Rec. Nacional Absoluto	1:45.25	Luis Emanuel, Vaz		Felgueiras	2013
Rec. Nacional INF A	1:58.99	Pedro Fontoura, Oliveira		Cova da Piedade	2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Diogo Matos, Ribeiro 50m: 28.46 28.46	04 Uniao Coimbra 100m: 59.09 30.63 150m: 1:30.75 31.66	2:03.11 200m: 2:03.11	525 9,00 32.36
2. Bernardo Jorge, Simoes 50m: 28.98 28.98	04 Colégio Vasco da Gama 100m: 1:00.29 31.31 150m: 1:32.65 32.36	2:04.28 200m: 2:04.28	511 7,00 31.63
3. Joao Gabriel, Aniceto 50m: 31.94 31.94	04 Ba/Bomcar 100m: 1:07.68 35.74 150m: 1:43.75 36.07	2:19.18 200m: 2:19.18	363 6,00 35.43
4. Lucas Pipiraite, Cardoso 50m: 32.46 32.46	04 Clube Naval da Nazaré 100m: 1:08.25 35.79 150m: 1:47.22 38.97	2:23.06 200m: 2:23.06	335 5,00 35.84
5. Guilherme Miguel, Carneiro 50m: 33.15 33.15	04 Bombeiros Estoris 100m: 1:10.54 37.39 150m: 1:48.60 38.06	2:25.55 200m: 2:25.55	318 4,00 36.95
6. Carlos Ruiz, Campos 50m: 33.23 33.23	04 Baena 100m: 1:10.62 37.39 150m: 1:49.29 38.67	2:26.74 200m: 2:26.74	310 3,00 37.45
7. Joao Tomas, Madrugo 50m: 32.80 32.80	04 Pimpoes/Cimai 100m: 1:10.54 37.74 150m: 1:50.61 40.07	2:29.44 200m: 2:29.44	294 2,00 38.83
8. Tiago Miguel, Mourato 50m: 36.46 36.46	04 Torres Novas 100m: 1:16.13 39.67 150m: 1:54.68 38.55	2:30.25 200m: 2:30.25	289 1,00 35.57
9. Tiago Silva, Andrade 50m: 34.54 34.54	04 Benfica 100m: 1:12.86 38.32 150m: 1:52.95 40.09	2:32.61 200m: 2:32.61	276 - 39.66
10. Daniel Elias, Duarte 50m: 37.12 37.12	04 Laranjeiro 100m: 1:19.41 42.29 150m: 2:04.07 44.66	2:49.36 200m: 2:49.36	201 - 45.29
11. Mark Daniel, Sincari 50m: 40.33 40.33	04 Náutico Académico 100m: 1:27.46 47.13 150m: 2:16.51 49.05	3:05.23 200m: 3:05.23	154 - 48.72

Prova 6 Masc., 200m Livres Juvenil B masculinos
20/01/2018 - 16:00 Resultados

Rec. Torneio	1:58.97	Nathan, Theodoris	LDC	Alcobaça	2010
Rec. Nacional Absoluto	1:45.25	Luis Emanuel, Vaz		Felgueiras	2013
Rec. Nacional JUV B	1:55.53	Diogo Filipe, Carvalho		Ilhavo	2003

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ricardo Lopes, Silva 50m: 28.62 28.62	03 Nautico Marinha Grande 100m: 59.41 30.79 150m: 1:30.54 31.13	2:00.82 200m: 2:00.82	556 9,00 30.28
2. Tomas Nogueira, Gomes 50m: 28.85 28.85	03 União Piedense 100m: 1:00.55 31.70 150m: 1:32.17 31.62	2:03.26 200m: 2:03.26	523 7,00 31.09
3. David, Martyn 50m: 29.09 29.09	03 Benedita Sport Club 100m: 1:01.35 32.26 150m: 1:33.84 32.49	2:05.23 200m: 2:05.23	499 6,00 31.39
4. Martim Miranda, Machado 50m: 30.04 30.04	03 Uniao Coimbra 100m: 1:02.17 32.13 150m: 1:34.41 32.24	2:06.31 200m: 2:06.31	486 5,00 31.90
5. Vitor Teixeira, Oliveira 50m: 30.04 30.04	03 Columbofila Cantanhedense 100m: 1:02.44 32.40 150m: 1:35.17 32.73	2:07.22 200m: 2:07.22	476 4,00 32.05
6. Ricardo Samuel, Pereira 50m: 30.77 30.77	03 Benfica 100m: 1:03.43 32.66 150m: 1:37.31 33.88	2:08.43 200m: 2:08.43	463 3,00 31.12

Prova 6, Masc., 200m Livres, Juvenil B masculinos

Lugar	Ano	Tempo final	Pts
7. Afonso Filipe, Costa 50m: 30.98 30.98 100m: 1:04.50 33.52 150m: 1:36.58 32.08	03 Clube Naval da Nazaré	2:08.48	462 2,00 200m: 2:08.48 31.90
8. Joao Luis, Matos 50m: 30.93 30.93 100m: 1:04.52 33.59 150m: 1:39.42 34.90	03 Colégio Vasco da Gama	2:13.48	412 1,00 200m: 2:13.48 34.06
9. Goncalo Andre, Gomes 50m: 30.34 30.34 100m: 1:05.30 34.96 150m: 1:41.43 36.13	03 Condeixa Aqua Clube	2:15.10	397 - 200m: 2:15.10 33.67
10. Jose Antonio, Paradela 50m: 33.86 33.86 100m: 1:10.33 36.47 150m: 1:48.01 37.68	03 Ba/Bomcar	2:25.02	321 - 200m: 2:25.02 37.01
DNS Guilherme Marques, Mendes	03 Torres Novas		-

Prova 6 Masc., 200m Livres Juvenil A Masculinos
20/01/2018 - 16:00 Resultados

Rec. Torneio	1:56.12	Nathan, Theodoris	LDC	Alcobaça	2011
Rec. Nacional Absoluto	1:45.25	Luis Emanuel, Vaz		Felgueiras	2013
Rec. Nacional JUV A	1:51.06	Tiago Andre, Venancio		Braga	2003

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Bernardo Geada, Brito 50m: 27.83 27.83 100m: 58.95 31.12 150m: 1:31.35 32.40	02 União Piedense	2:02.63	532 9,00 200m: 2:02.63 31.28
2. Tomas Pedrosa, Miguel 50m: 29.29 29.29 100m: 1:02.34 33.05 150m: 1:35.34 33.00	02 Condeixa Aqua Clube	2:07.63	471 7,00 200m: 2:07.63 32.29
3. Duarte Anastacio, Sousa 50m: 29.59 29.59 100m: 1:02.15 32.56 150m: 1:35.26 33.11	02 Uniao Coimbra	2:07.82	469 6,00 200m: 2:07.82 32.56
4. Vasco Pereira, Bastos 50m: 29.75 29.75 100m: 1:02.58 32.83 150m: 1:35.71 33.13	02 Náutico Académico	2:08.95	457 5,00 200m: 2:08.95 33.24
5. Bernardo Cardetas, Cardoso 50m: 30.52 30.52 100m: 1:04.00 33.48 150m: 1:38.45 34.45	02 Columbofila Cantanhedense	2:12.81	418 4,00 200m: 2:12.81 34.36
6. Abel Duarte, Afonso 50m: 30.01 30.01 100m: 1:03.92 33.91 150m: 1:39.72 35.80	02 Naval de Peniche	2:14.52	403 3,00 200m: 2:14.52 34.80
DSQ Joao Nogueira, Mendes <i>Falsa partida.</i>	02 Laranjeiro		-

Prova 6 Masc., 200m Livres Absolutos Masculinos (JUN +SEN)
20/01/2018 - 16:00 Resultados

Rec. Torneio	1:51.86	Mário, Pereira		Alcobaça	2017
Rec. Nacional Absoluto	1:45.25	Luis Emanuel, Vaz		Felgueiras	2013
Rec. Nacional 17	1:50.67	Gustavo Manuel, Santa		Leiria	2009
Rec. Nacional 18	1:47.73	Tiago Andre, Venancio		Viena	2004
Rec. Nacional SEN	1:45.25	Luis Emanuel, Vaz		Felgueiras	2013

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Jose Paula, Carvalho 50m: 27.19 27.19 100m: 56.45 29.26 150m: 1:25.03 28.58	98 União Piedense	1:52.73	684 9,00 200m: 1:52.73 27.70
2. Joao Pedro, Gil 50m: 27.10 27.10 100m: 55.99 28.89 150m: 1:25.06 29.07	97 Benfica	1:53.18	676 7,00 200m: 1:53.18 28.12
3. Sebastiao Mendes, Gomes 50m: 27.55 27.55 100m: 56.92 29.37 150m: 1:27.55 30.63	00 Pimpoes/Cimai	1:57.85	599 6,00 200m: 1:57.85 30.30
4. Joao Carvalho, Diz 50m: 28.66 28.66 100m: 59.56 30.90 150m: 1:30.32 30.76	01 Columbofila Cantanhedense	2:01.29	549 5,00 200m: 2:01.29 30.97

Prova 6, Masc., 200m Livres, Absolutos Masculinos (JUN +SEN)

Lugar	Ano	Tempo final	Pts
5. Frederico Sousa, Soares 50m: 27.77 27.77	96 Bombeiros Estoris 100m: 58.44 30.67 150m: 1:29.80 31.36	2:02.42 200m: 2:02.42	534 4,00 32.62
6. Jaime Moyano, Lazo 50m: 28.89 28.89	99 Baena 100m: 1:01.62 32.73 150m: 1:35.43 33.81	2:08.44 200m: 2:08.44	463 3,00 33.01
7. Tiago Manuel, Santos 50m: 30.31 30.31	01 Benedita Sport Club 100m: 1:03.32 33.01 150m: 1:36.95 33.63	2:10.40 200m: 2:10.40	442 2,00 33.45
8. Gabriel Jose, Julio 50m: 29.72 29.72	01 Académica de Coimbra 100m: 1:03.09 33.37 150m: 1:36.88 33.79	2:11.61 200m: 2:11.61	430 1,00 34.73
9. Jose Miguel, Cunha 50m: 27.05 27.05	01 Condeixa Aqua Clube 100m: 59.72 32.67 150m: 1:35.95 36.23	2:12.12 200m: 2:12.12	425 - 36.17
EXH Miguel Monteiro, Diogo 50m: 28.56 28.56	93 Alcobaça 100m: 59.91 31.35 150m: 1:31.55 31.64	2:03.63 200m: 2:03.63	519 - 32.08
EXH Guilherme Carmo, Manz 50m: 30.68 30.68	03 Colégio Vasco da Gama 100m: 1:05.07 34.39 150m: 1:40.63 35.56	2:14.67 200m: 2:14.67	401 - 34.04
EXH Alberto Roldán, Calderon 50m: 31.26 31.26	99 Baena 100m: 1:06.66 35.40 150m: 1:47.22 40.56	2:26.65 200m: 2:26.65	311 - 39.43
EXH Henrique Joao, Cruz 50m: 35.96 35.96	05 Alcobaça 100m: 1:15.93 39.97 150m: 1:56.39 40.46	2:34.83 200m: 2:34.83	264 - 38.44
EXH Francisco Javier, Cruz 50m: 36.04 36.04	05 Baena 100m: 1:17.52 41.48 150m: 2:01.62 44.10	2:41.09 200m: 2:41.09	234 - 39.47
EXH Daniel Cordoba, Cruz 50m: 36.84 36.84	04 Baena 100m: 1:18.75 41.91 150m: 2:02.67 43.92	2:45.79 200m: 2:45.79	215 - 43.12

Prova 7
20/01/2018 - 16:20

Femin., 200m Mariposa

Infantil B Femininos
Resultados

Rec. Torneio	2:41.00	Giovanna, Vargas	DNMG	Alcobaça	2012
Rec. Nacional Absoluto	2:08.54	Sara Freitas, Oliveira		Dubai	2010
Rec. Nacional INF B	2:31.64	Raquel Maria, Felgueiras		Algés	1992

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Diana Silva, Tinoco 50m: 40.76 40.76	06 Columbofila Cantanhedense 100m: 1:25.54 44.78 150m: 2:12.43 46.89	2:58.18 200m: 2:58.18	302 9,00 45.75
2. Ana Francisca, Silva 50m: 39.99 39.99	06 Alcobaça 100m: 1:24.83 44.84 150m: 2:14.04 49.21	3:03.41 200m: 3:03.41	277 7,00 49.37
3. Filipa Paiva, Dinis 50m: 42.44 42.44	06 Ba/Bomcar 100m: 1:29.05 46.61 150m: 2:16.95 47.90	3:03.97 200m: 3:03.97	274 6,00 47.02
DNS Jessica Mendes, Santos	06 Nautico Marinha Grande		-

Prova 7, Femin., 200m Mariposa

Prova 7 Femin., 200m Mariposa Infantil A Femininos
20/01/2018 - 16:20 Resultados

Rec. Torneio	2:28.72	Rita, Gomes	CNAI	Alcobaça	2004
Rec. Nacional Absoluto	2:08.54	Sara Freitas, Oliveira		Dubai	2010
Rec. Nacional INF A	2:25.29	Carolina Miranda, Fernandes		Castro D'Aire	2017

Pontos: FINA 2017

Lugar	Ano			Tempo final		Pts	
1. Isadora Maia, Andre	05	Benfica		2:32.48	482	9,00	
50m: 33.86 33.86	100m: 1:11.52 37.66	150m: 1:51.48 39.96	200m: 2:32.48 41.00				
2. Ana Matos, Cabral	05	Uniao Coimbra		2:38.85	426	7,00	
50m: 34.93 34.93	100m: 1:15.84 40.91	150m: 1:57.91 42.07	200m: 2:38.85 40.94				
3. Beatriz Ferreira, Loisas	05	Columbofila Cantanhedense		2:42.29	400	6,00	
50m: 35.81 35.81	100m: 1:16.82 41.01	150m: 1:59.46 42.64	200m: 2:42.29 42.83				
4. Rosa Branca, Lopes	05	Pimpoes/Cimai		2:49.41	351	5,00	
50m: 37.88 37.88	100m: 1:20.64 42.76	150m: 2:05.74 45.10	200m: 2:49.41 43.67				
5. Iris Pereira, Carrao	05	Laranjeiro		3:10.08	249	4,00	
50m: 38.39 38.39	100m: 1:25.35 46.96	150m: 2:17.88 52.53	200m: 3:10.08 52.20				
6. Soraia Carvalho, Ferreira	05	Nautico Marinha Grande		3:14.52	232	3,00	
50m: 41.42 41.42	100m: 1:31.49 50.07	150m: 2:23.44 51.95	200m: 3:14.52 51.08				

Prova 7 Femin., 200m Mariposa Juvenil B Femininos
20/01/2018 - 16:20 Resultados

Rec. Torneio	2:24.70	Mariana, Guerra	SCC	Alcobaça	2012
Rec. Nacional Absoluto	2:08.54	Sara Freitas, Oliveira		Dubai	2010
Rec. Nacional JUV B	2:19.06	Susana Patricia, Miguel		Penafiel	2004

Pontos: FINA 2017

Lugar	Ano			Tempo final		Pts	
1. Maria Jardim, Fidalgo	04	Colégio Vasco da Gama		2:40.71	412	9,00	
50m: 34.83 34.83	100m: 1:14.04 39.21	150m: 1:56.08 42.04	200m: 2:40.71 44.63				
2. Maria Ines, Silva	04	Alcobaça		2:44.57	383	7,00	
50m: 35.50 35.50	100m: 1:15.99 40.49	150m: 1:59.60 43.61	200m: 2:44.57 44.97				

Prova 7 Femin., 200m Mariposa Juvenil A Femininos
20/01/2018 - 16:20 Resultados

Rec. Torneio	2:20.84	Giovanna, Vargas	DNMG	Alcobaça	2015
Rec. Nacional Absoluto	2:08.54	Sara Freitas, Oliveira		Dubai	2010
Rec. Nacional JUV A	2:17.51	Raquel Maria, Felgueiras		Algés	1995

Pontos: FINA 2017

Lugar	Ano			Tempo final		Pts	
1. Maria Carlota, Rebelo	03	Uniao Coimbra		2:21.56	603	9,00	
50m: 31.91 31.91	100m: 1:07.59 35.68	150m: 1:44.82 37.23	200m: 2:21.56 36.74				
2. Joana Ribeiro, Martins	03	Benfica		2:21.74	600	7,00	
50m: 33.04 33.04	100m: 1:09.60 36.56	150m: 1:45.52 35.92	200m: 2:21.74 36.22				
3. Ines Apolinario, Soares	03	Pimpoes/Cimai		2:37.32	439	6,00	
50m: 34.66 34.66	100m: 1:13.94 39.28	150m: 1:55.29 41.35	200m: 2:37.32 42.03				
4. Madalena Rodrigues, Tome	03	Bombeiros Estoris		2:42.40	399	5,00	
50m: 35.71 35.71	100m: 1:16.99 41.28	150m: 2:00.23 43.24	200m: 2:42.40 42.17				
5. Renata Simoes, Rato	03	Nautico Marinha Grande		2:45.54	377	4,00	
50m: 35.63 35.63	100m: 1:16.51 40.88	150m: 2:00.50 43.99	200m: 2:45.54 45.04				
6. Beatriz Quintao, Amantes	03	União Piedense		2:46.37	371	3,00	
50m: 35.28 35.28	100m: 1:17.06 41.78	150m: 2:01.96 44.90	200m: 2:46.37 44.41				

Prova 7, Femin., 200m Mariposa, Juvenil A Femininos

Lugar	Ano						Tempo final	Pts	
7. Francisca Santos, Clemente	03	Ba/Bomcar					2:49.17	353	2,00
50m: 35.75 35.75	100m: 1:17.64 41.89	150m: 2:02.57	44.93	200m: 2:49.17	46.60				
8. Ana Catarina, Santos	03	Condeixa Aqua Clube					2:55.08	318	1,00
50m: 36.00 36.00	100m: 1:19.05 43.05	150m: 2:06.42	47.37	200m: 2:55.08	48.66				
9. Ana Rui, Gomes	03	Clube Naval da Nazaré					2:55.94	314	-
50m: 37.23 37.23	100m: 1:22.12 44.89	150m: 2:09.21	47.09	200m: 2:55.94	46.73				
10. Camila Alexandra, Silva	03	Columbofila Cantanhedense					2:57.08	308	-
50m: 38.18 38.18	100m: 1:22.85 44.67	150m: 2:10.55	47.70	200m: 2:57.08	46.53				

Prova 7 Femin., 200m Mariposa Absolutos Femininos (JUN +SEN)
20/01/2018 - 16:20 Resultados

Rec. Torneio	2:16.09	Raquel, Felgueiras	Alcobaça	2001
Rec. Nacional Absoluto	2:08.54	Sara Freitas, Oliveira	Dubai	2010
Rec. Nacional 16	2:13.60	Ana Rita, Francisco	Gelsenkirchen	1996
Rec. Nacional 17	2:10.12	Sara Francisco, Cruz	Leiria	2009
Rec. Nacional SEN	2:08.54	Sara Freitas, Oliveira	Dubai	2010

Pontos: FINA 2017

Lugar	Ano						Tempo final	Pts	
1. Giovanna Vaz, Vargas	00	Nautico Marinha Grande					2:18.24	647	9,00
50m: 31.11 31.11	100m: 1:05.74 34.63	150m: 1:42.02	36.28	200m: 2:18.24	36.22				
2. Ana Raquel, Graveto	02	Benfica					2:24.20	570	7,00
50m: 33.00 33.00	100m: 1:09.37 36.37	150m: 1:46.71	37.34	200m: 2:24.20	37.49				
3. Filipa Inacio, Cazeiro	02	Laranjeiro					2:33.61	472	6,00
50m: 33.35 33.35	100m: 1:11.46 38.11	150m: 1:51.76	40.30	200m: 2:33.61	41.85				
4. Maria Leitao, Carvalho	02	Ba/Bomcar					2:34.68	462	5,00
50m: 34.97 34.97	100m: 1:13.36 38.39	150m: 1:54.28	40.92	200m: 2:34.68	40.40				
5. Andreia Brito, Pereira	00	Condeixa Aqua Clube					2:55.17	318	4,00
50m: 36.54 36.54	100m: 1:20.09 43.55	150m: 2:07.73	47.64	200m: 2:55.17	47.44				
EXH Noelia Redondo, Gutierrez	05	Baena					3:22.57	205	-
50m: 38.95 38.95	100m: 1:29.40 50.45	150m: 2:27.42	58.02	200m: 3:22.57	55.15				

Prova 8 Masc., 200m Mariposa Infantil B Masculinos
20/01/2018 - 16:35 Resultados

Rec. Torneio	2:32.60	Tomas, Veloso	CNAc	Alcobaça	2009
Rec. Nacional Absoluto	1:53.39	Diogo Filipe, Carvalho		Istambul	2009
Rec. Nacional INF B	2:19.18	Andre Vilas, Ruivo		Nazaré	2013

Pontos: FINA 2017

Lugar	Ano						Tempo final	Pts	
1. Tomas Portugal, Silveira	05	Alcobaça					3:03.38	207	9,00
50m: 40.00 40.00	100m: 1:27.09 47.09	150m: 2:16.50	49.41	200m: 3:03.38	46.88				
2. Simao Dinis, Rosa	05	Torres Novas					3:04.08	205	7,00
50m: 39.49 39.49	100m: 1:26.07 46.58	150m: 2:14.86	48.79	200m: 3:04.08	49.22				
DNS Miguel Fernandes, Oliveira	05	Nautico Marinha Grande							-

Prova 8, Masc., 200m Mariposa

Prova 8 Masc., 200m Mariposa Infantil A Masculinos
20/01/2018 - 16:35 Resultados

Rec. Torneio	2:16.17	Fábio, Silva	CNAI	Alcobaça	2001
Rec. Nacional Absoluto	1:53.39	Diogo Filipe, Carvalho		Istambul	2009
Rec. Nacional INF A	2:12.42	Tomas Miguel, Freitas		Funchal	2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Diogo Matos, Ribeiro 50m: 30.38 30.38	04 Uniao Coimbra 100m: 1:05.37 34.99 150m: 1:41.75 36.38	2:19.07 200m: 2:19.07	475 9,00 37.32
2. Bernardo Jorge, Simoes 50m: 30.68 30.68	04 Colégio Vasco da Gama 100m: 1:06.21 35.53 150m: 1:43.81 37.60	2:21.35 200m: 2:21.35	453 7,00 37.54
3. Daniel Jose, Fernandes 50m: 34.84 34.84	04 Alcobaça 100m: 1:19.71 44.87 150m: 2:06.56 46.85	2:54.03 200m: 2:54.03	242 6,00 47.47
4. Duarte Gil, Salvador 50m: 37.62 37.62	04 Nautico Marinha Grande 100m: 1:24.36 46.74 150m: 2:14.74 50.38	3:01.02 200m: 3:01.02	215 5,00 46.28

Prova 8 Masc., 200m Mariposa Juvenil B masculinos
20/01/2018 - 16:35 Resultados

Rec. Torneio	2:10.23	Fábio, Silva	CNAL	Alcobaça	2002
Rec. Nacional Absoluto	1:53.39	Diogo Filipe, Carvalho		Istambul	2009
Rec. Nacional JUV B	2:07.06	Pedro Diogo, Oliveira		Entroncamento	2003

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Manuel Baptista, Simoes 50m: 30.53 30.53	03 Uniao Coimbra 100m: 1:06.12 35.59 150m: 1:43.21 37.09	2:21.66 200m: 2:21.66	450 9,00 38.45
2. Vitor Teixeira, Oliveira 50m: 34.44 34.44	03 Columbofila Cantanhedense 100m: 1:14.73 40.29 150m: 1:55.30 40.57	2:34.93 200m: 2:34.93	344 7,00 39.63
3. Goncalo Andre, Gomes 50m: 36.90 36.90	03 Condeixa Aqua Clube 100m: 1:22.27 45.37 150m: 2:08.49 46.22	2:52.35 200m: 2:52.35	249 6,00 43.86
DNS Henrique Pinheiro, Valente	03 Colégio Vasco da Gama		-

Prova 8 Masc., 200m Mariposa Juvenil A Masculinos
20/01/2018 - 16:35 Resultados

Rec. Torneio	2:05.05	Diogo, Silva	CNAI	Alcobaça	2009
Rec. Nacional Absoluto	1:53.39	Diogo Filipe, Carvalho		Istambul	2009
Rec. Nacional JUV A	2:03.38	Diogo Parrilha da, Silva		Alcobaça	2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Pedro Picoto, Garcia 50m: 33.00 33.00	02 Bombeiros Estoris 100m: 1:10.07 37.07 150m: 1:48.74 38.67	2:27.84 200m: 2:27.84	395 9,00 39.10
2. Rui Joao, Marques 50m: 32.99 32.99	02 Náutico Académico 100m: 1:10.00 37.01 150m: 1:48.80 38.80	2:29.63 200m: 2:29.63	381 7,00 40.83
3. Daniel Marques, Filipe 50m: 35.10 35.10	02 Alcobaça 100m: 1:15.23 40.13 150m: 2:01.67 46.44	2:48.99 200m: 2:48.99	265 6,00 47.32

Prova 8, Masc., 200m Mariposa

Prova 8	Masc., 200m Mariposa			Absolutos Masculinos (JUN +SEN)	
20/01/2018 - 16:35				Resultados	
Rec. Torneio	1:59.50	Nuno, Quintanilha	Alcobaça		2014
Rec. Nacional Absoluto	1:53.39	Diogo Filipe, Carvalho	Istambul		2009
Rec. Nacional 17	1:59.93	Diogo Filipe, Carvalho	Mealhada		2005
Rec. Nacional 18	1:58.64	Diogo Filipe, Carvalho	Tomar		2005
Rec. Nacional SEN	1:53.39	Diogo Filipe, Carvalho	Istambul		2009

Pontos: FINA 2017

Lugar	Ano			Tempo final	Pts	
1. David Matias, Cristino	01	União Piedense		2:10.81	571	9,00
50m: 30.20 30.20	100m: 1:04.36 34.16	150m: 1:37.65 33.29	200m: 2:10.81 33.16			
2. Lucas Pereira, Bastos	00	Náutico Académico		2:11.47	563	7,00
50m: 29.72 29.72	100m: 1:02.83 33.11	150m: 1:36.76 33.93	200m: 2:11.47 34.71			
3. Edgar Casimiro, Ribeiro	01	Alcobaça		2:17.25	494	6,00
50m: 30.63 30.63	100m: 1:05.27 34.64	150m: 1:41.12 35.85	200m: 2:17.25 36.13			
4. Joao Jose, Calado	01	Torres Novas		2:17.30	494	5,00
50m: 30.68 30.68	100m: 1:05.21 34.53	150m: 1:40.70 35.49	200m: 2:17.30 36.60			
EXH Daniel Cordoba, Cruz	04	Baena		3:08.30	191	-
50m: 40.16 40.16	100m: 1:26.53 46.37	150m: 2:18.10 51.57	200m: 3:08.30 50.20			
EXH Francisco Javier, Cruz	05	Baena		3:11.11	183	-
50m: 40.01 40.01	100m: 1:26.56 46.55	150m: 2:17.95 51.39	200m: 3:11.11 53.16			

Prova 9 Femin., 200m Costas Infantil B Femininos

Prova 9	Femin., 200m Costas			Infantil B Femininos	
20/01/2018 - 16:47				Resultados	
Rec. Torneio	2:32.76	Diana, Romao	CNAL	Alcobaça	2014
Rec. Nacional Absoluto	2:09.12	Rita Barros, Frischknecht		Porto	2017
Rec. Nacional INF B	2:27.90	Carolina Miranda, Fernandes		Mealhada	2017

Pontos: FINA 2017

Lugar	Ano			Tempo final	Pts	
1. Luana Cardoso, Magalhaes	06	Bombeiros Estoris		2:42.47	395	9,00
50m: 38.33 38.33	100m: 1:19.48 41.15	150m: 2:01.15 41.67	200m: 2:42.47 41.32			
2. Anita Gouveia, Costa	06	Uniao Coimbra		3:03.12	276	7,00
50m: 43.37 43.37	100m: 1:30.38 47.01	150m: 2:18.55 48.17	200m: 3:03.12 44.57			
3. Maria Pinto, Monteiro	06	União Piedense		3:04.64	269	6,00
50m: 43.84 43.84	100m: 1:31.64 47.80	150m: 2:18.87 47.23	200m: 3:04.64 45.77			
4. Sofia Simao, Cunha	06	Pimpoes/Cimai		3:13.05	235	5,00
50m: 46.37 46.37	100m: 1:35.59 49.22	150m: 2:25.75 50.16	200m: 3:13.05 47.30			
5. Beatriz Andre, Gaspar	06	Náutico Académico		3:13.79	232	4,00
50m: 46.23 46.23	100m: 1:35.30 49.07	150m: 2:24.93 49.63	200m: 3:13.79 48.86			
6. Beatriz Goncalves, Correia	06	Benedita Sport Club		3:30.02	182	3,00
50m: 49.35 49.35	100m: 1:41.51 52.16	150m: 2:36.82 55.31	200m: 3:30.02 53.20			
7. Maria Ines, Esteves	06	Clube Naval da Nazaré		3:38.99	161	2,00
50m: 51.92 51.92	100m: 1:47.56 55.64	150m: 2:44.78 57.22	200m: 3:38.99 54.21			

Prova 9, Femin., 200m Costas

Prova 9 Femin., 200m Costas Infantil A Femininos
20/01/2018 - 16:47 Resultados

Rec. Torneio	2:24.28	Catia, Martinheira	LDC	Alcobaça	2008
Rec. Nacional Absoluto	2:09.12	Rita Barros, Frischknecht		Porto	2017
Rec. Nacional INF A	2:21.33	Rafaela Gomes, Azevedo		Algés	2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Iara Filipa, Dias 50m: 38.44 38.44	05 Naval de Peniche 100m: 1:18.72 40.28 150m: 2:00.42 41.70	2:39.53 200m: 2:39.53	417 9,00 39.11
2. Juliana Branco, Reis 50m: 39.65 39.65	05 Alcobaça 100m: 1:23.76 44.11 150m: 2:08.30 44.54	2:50.29 200m: 2:50.29	343 7,00 41.99
3. Soraia Ferreira, Mendes 50m: 41.50 41.50	05 Torres Novas 100m: 1:25.57 44.07 150m: 2:10.25 44.68	2:54.42 200m: 2:54.42	319 6,00 44.17
4. Madalena Sampaio, Torgal 50m: 43.62 43.62	05 Bombeiros Estoris 100m: 1:30.53 46.91 150m: 2:17.09 46.56	3:02.75 200m: 3:02.75	277 5,00 45.66
5. Mariana Maiato, Paulino 50m: 43.29 43.29	05 Colégio Vasco da Gama 100m: 1:31.65 48.36 150m: 2:19.57 47.92	3:06.38 200m: 3:06.38	261 4,00 46.81
6. Joana Silva, Alves 50m: 45.91 45.91	05 Benedita Sport Club 100m: 1:35.09 49.18 150m: 2:25.38 50.29	3:11.92 200m: 3:11.92	239 3,00 46.54

Prova 9 Femin., 200m Costas Juvenil B Femininos
20/01/2018 - 16:47 Resultados

Rec. Torneio	2:21.05	Susana, Miguel	SFUAP	Alcobaça	2004
Rec. Nacional Absoluto	2:09.12	Rita Barros, Frischknecht		Porto	2017
Rec. Nacional JUV B	2:17.86	Catia Raquel, Martinheira		Sines	2008

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Joana Maia, Antunes 50m: 36.37 36.37	04 Benfica 100m: 1:15.96 39.59 150m: 1:55.87 39.91	2:35.13 200m: 2:35.13	454 9,00 39.26
2. Maria Martim, Coutinho 50m: 35.49 35.49	04 Ba/Bomcar 100m: 1:13.48 37.99 150m: 1:55.15 41.67	2:36.15 200m: 2:36.15	445 7,00 41.00
3. Bruna Silva, Moiteiro 50m: 38.12 38.12	04 Nautico Marinha Grande 100m: 1:17.74 39.62 150m: 1:58.20 40.46	2:36.86 200m: 2:36.86	439 6,00 38.66
4. Carolina Carreira, Dias 50m: 36.89 36.89	04 Columbofila Cantanhedense 100m: 1:16.82 39.93 150m: 1:58.03 41.21	2:38.50 200m: 2:38.50	425 5,00 40.47
5. Ana Correia, Sousa 50m: 37.45 37.45	04 Pimpoes/Cimai 100m: 1:17.28 39.83 150m: 1:58.43 41.15	2:38.70 200m: 2:38.70	424 4,00 40.27
6. Catarina Rodrigues, Silva 50m: 36.97 36.97	04 Naval de Peniche 100m: 1:18.15 41.18 150m: 2:01.02 42.87	2:41.49 200m: 2:41.49	402 3,00 40.47
7. Leonor Horta, Costa 50m: 37.30 37.30	04 Náutico Académico 100m: 1:18.91 41.61 150m: 2:02.90 43.99	2:45.90 200m: 2:45.90	371 2,00 43.00
8. Diana Valadas, Horta 50m: 42.54 42.54	04 Laranjeiro 100m: 1:26.87 44.33 150m: 2:10.96 44.09	2:53.04 200m: 2:53.04	327 1,00 42.08
DNS Leonor Correia, Cunha	04 Condeixa Aqua Clube		-

Prova 9, Femin., 200m Costas

Prova 9 Femin., 200m Costas Juvenil A Femininos
20/01/2018 - 16:47 Resultados

Rec. Torneio	2:19.92	Francisca, Azevedo	SAD	Alcobaça	2012
Rec. Nacional Absoluto	2:09.12	Rita Barros, Frischknecht		Porto	2017
Rec. Nacional JUV A	2:16.30	Petra Quintela, Chaves		Algés	1993

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Joana Ribeiro, Martins	03 Benfica	2:19.55	623 9,00
<i>Recorde do Torneio na categoria Juvenil A.</i>			
50m: 33.88 33.88	100m: 1:09.03 35.15	150m: 1:45.05 36.02	200m: 2:19.55 34.50
2. Matilde Pereira, Carrao	03 Laranjeiro	2:45.17	376 7,00
50m: 39.01 39.01	100m: 1:20.25 41.24	150m: 2:02.97 42.72	200m: 2:45.17 42.20
3. Erica Neves, Leote	03 Torres Novas	2:45.31	375 6,00
50m: 39.14 39.14	100m: 1:19.84 40.70	150m: 2:02.63 42.79	200m: 2:45.31 42.68
4. Adriana Martins, Noivo	03 Naval de Peniche	2:45.33	375 5,00
50m: 39.07 39.07	100m: 1:20.86 41.79	150m: 2:04.03 43.17	200m: 2:45.33 41.30
5. Francisca Santos, Clemente	03 Ba/Bomcar	2:47.12	363 4,00
50m: 38.69 38.69	100m: 1:20.49 41.80	150m: 2:04.84 44.35	200m: 2:47.12 42.28
6. Josefa Carlota, Martins	03 Alcobaça	2:48.97	351 3,00
50m: 40.59 40.59	100m: 1:23.55 42.96	150m: 2:06.72 43.17	200m: 2:48.97 42.25
7. Maria Miguel, Gameiro	03 Náutico Académico	2:52.64	329 2,00
50m: 40.76 40.76	100m: 1:24.58 43.82	150m: 2:08.84 44.26	200m: 2:52.64 43.80
DNS Lara Roque, Cotrim	03 Pimpoes/Cimai		-
DNS Marta Viola, Marques	03 Colégio Vasco da Gama		-

Prova 9 Femin., 200m Costas Absolutos Femininos (JUN +SEN)
20/01/2018 - 16:47 Resultados

Rec. Torneio	2:15.40	Francisca, Azevedo	Alcobaça	2015
Rec. Nacional Absoluto	2:09.12	Rita Barros, Frischknecht	Porto	2017
Rec. Nacional 16	2:12.80	Petra Quintela, Chaves	Algés	1994
Rec. Nacional 17	2:12.52	Rita Barros, Frischknecht	Porto	2014
Rec. Nacional SEN	2:09.12	Rita Barros, Frischknecht	Porto	2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Tatiana Filipa, Santos	95 Académica de Coimbra	2:20.09	616 9,00
50m: 33.58 33.58	100m: 1:08.88 35.30	150m: 1:45.14 36.26	200m: 2:20.09 34.95
2. Sofia Alexandra, Nunes	00 Laranjeiro	2:27.50	528 7,00
50m: 35.21 35.21	100m: 1:12.91 37.70	150m: 1:49.52 36.61	200m: 2:27.50 37.98
3. Diana Violante, Romao	02 Alcobaça	2:33.54	468 6,00
50m: 35.97 35.97	100m: 1:15.31 39.34	150m: 1:54.81 39.50	200m: 2:33.54 38.73
4. Rita Afonso, Belo	02 Benedita Sport Club	2:37.97	429 5,00
50m: 37.04 37.04	100m: 1:16.72 39.68	150m: 1:57.22 40.50	200m: 2:37.97 40.75
5. Marta Sousa, Oliveira	01 Torres Novas	2:38.95	422 4,00
50m: 37.13 37.13	100m: 1:17.35 40.22	150m: 1:58.64 41.29	200m: 2:38.95 40.31
6. Olga Santos, Lourenco	01 Colégio Vasco da Gama	2:39.20	420 3,00
50m: 37.29 37.29	100m: 1:17.37 40.08	150m: 1:58.22 40.85	200m: 2:39.20 40.98
7. Constanca Filipa, Rodrigues	02 Pimpoes/Cimai	2:44.55	380 2,00
50m: 39.41 39.41	100m: 1:20.76 41.35	150m: 2:03.01 42.25	200m: 2:44.55 41.54

Prova 10 Masc., 200m Costas Infantil B Masculinos
20/01/2018 - 17:10 Resultados

Rec. Torneio	2:17.85	André Vilas, Ruivo	DNMG	Alcobaça	2013
Rec. Nacional Absoluto	1:53.06	Pedro Diogo, Oliveira		Chartres	2012
Rec. Nacional INF B	2:15.27	Andre Vilas, Ruivo		S. António Cavaleiros	2013

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts	
1. Salvador Goya, Perloiro	05	Benfica	2:37.44	302	9,00	
50m: 35.24 35.24	100m: 1:14.87 39.63	150m: 1:56.65 41.78	200m: 2:37.44	40.79		
2. Manuel Ayala, Molina	05	Baena	2:42.47	274	7,00	
50m: 35.59 35.59	100m: 1:18.28 42.69	150m: 2:01.95 43.67	200m: 2:42.47	40.52		
3. Dylan Marques, Felix	05	Pimpoes/Cimai	2:42.87	272	6,00	
50m: 39.07 39.07	100m: 1:20.11 41.04	150m: 2:02.60 42.49	200m: 2:42.87	40.27		
4. Joel, Fribergh	05	Bombeiros Estoris	2:47.27	251	5,00	
50m: 38.81 38.81	100m: 1:23.02 44.21	150m: 2:06.22 43.20	200m: 2:47.27	41.05		
5. Lucas Filipe, Moreira	05	Ba/Bomcar	2:56.11	215	4,00	
50m: 42.28 42.28	100m: 1:26.89 44.61	150m: 2:12.51 45.62	200m: 2:56.11	43.60		
6. Joao Gerardo, Boita	05	Benedita Sport Club	3:07.74	178	3,00	
50m: 44.68 44.68	100m: 1:32.30 47.62	150m: 2:20.62 48.32	200m: 3:07.74	47.12		

Prova 10 Masc., 200m Costas Infantil A Masculinos
20/01/2018 - 17:10 Resultados

Rec. Torneio	2:13.56	Ricardo, Silva	DNMG	Alcobaça	2017
Rec. Nacional Absoluto	1:53.06	Pedro Diogo, Oliveira		Chartres	2012
Rec. Nacional INF A	2:09.17	Joao Alexandre, Vital		Algés	2012

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts	
1. Guilherme Machado, Santos	04	União Piedense	2:32.37	333	9,00	
50m: 35.24 35.24	100m: 1:13.45 38.21	150m: 1:53.35 39.90	200m: 2:32.37	39.02		
2. Daniel, Tsykal	04	Alcobaça	2:33.16	328	7,00	
50m: 36.16 36.16	100m: 1:15.64 39.48	150m: 1:55.31 39.67	200m: 2:33.16	37.85		
3. Lucas Pipiraite, Cardoso	04	Clube Naval da Nazaré	2:38.05	298	6,00	
50m: 38.40 38.40	100m: 1:18.97 40.57	150m: 1:59.48 40.51	200m: 2:38.05	38.57		
4. Guilherme Miguel, Carneiro	04	Bombeiros Estoris	2:40.73	283	5,00	
50m: 36.77 36.77	100m: 1:18.13 41.36	150m: 1:59.92 41.79	200m: 2:40.73	40.81		
5. Tiago Silva, Andrade	04	Benfica	2:48.29	247	4,00	
50m: 39.07 39.07	100m: 1:21.97 42.90	150m: 2:06.05 44.08	200m: 2:48.29	42.24		
6. Mark Daniel, Sincari	04	Náutico Académico	3:33.92	120	3,00	
50m: 49.93 49.93	100m: 1:44.31 54.38	150m: 2:40.56 56.25	200m: 3:33.92	53.36		

Prova 10, Masc., 200m Costas

Prova 10 Masc., 200m Costas Juvenil B masculinos
20/01/2018 - 17:10 Resultados

Rec. Torneio	2:07.52	Pedro, Oliveira	CNRM	Alcobaça	2003
Rec. Nacional Absoluto	1:53.06	Pedro Diogo, Oliveira		Chartres	2012
Rec. Nacional JUV B	2:04.99	Joao Alexandre, Vital		Alapraia	2013

Pontos: FINA 2017

Lugar	Ano			Tempo final		Pts	
1. Ricardo Lopes, Silva	03	Nautico	Marinha Grande	2:11.42	519	9,00	
50m: 31.33 31.33	100m: 1:04.69 33.36	150m: 1:38.43 33.74	200m: 2:11.42 32.99				
2. Tomas Nogueira, Gomes	03	União	Piedense	2:11.89	513	7,00	
50m: 31.18 31.18	100m: 1:05.13 33.95	150m: 1:39.29 34.16	200m: 2:11.89 32.60				
3. David, Martyn	03	Benedita	Sport Club	2:22.09	410	6,00	
50m: 33.02 33.02	100m: 1:09.09 36.07	150m: 1:45.87 36.78	200m: 2:22.09 36.22				
4. Antonio Sousa, Pereira	03	Bombeiros	Estoris	2:22.85	404	5,00	
50m: 33.59 33.59	100m: 1:09.24 35.65	150m: 1:46.34 37.10	200m: 2:22.85 36.51				
5. Paulo Sergio, Ferreira	03	Clube	Naval da Nazaré	2:25.81	380	4,00	
50m: 35.94 35.94	100m: 1:12.69 36.75	150m: 1:50.02 37.33	200m: 2:25.81 35.79				

Prova 10 Masc., 200m Costas Juvenil A Masculinos
20/01/2018 - 17:10 Resultados

Rec. Torneio	2:05.54	Pedro, Oliveira	CNRM	Alcobaça	2004
Rec. Nacional Absoluto	1:53.06	Pedro Diogo, Oliveira		Chartres	2012
Rec. Nacional JUV A	2:01.43	Diogo Gomes, Sousa		Algés	2011

Pontos: FINA 2017

Lugar	Ano			Tempo final		Pts	
1. Miguel Vicente, Silva	02	Nautico	Marinha Grande	2:20.99	420	9,00	
50m: 33.08 33.08	100m: 1:08.58 35.50	150m: 1:45.07 36.49	200m: 2:20.99 35.92				
2. Bernardo Cardetas, Cardoso	02	Cumbobofila	Cantanhedense	2:27.16	369	7,00	
50m: 35.09 35.09	100m: 1:12.64 37.55	150m: 1:50.35 37.71	200m: 2:27.16 36.81				
3. Joao Nogueira, Mendes	02	Laranjeiro		2:30.47	345	6,00	
50m: 35.28 35.28	100m: 1:13.49 38.21	150m: 1:52.55 39.06	200m: 2:30.47 37.92				
4. Abel Duarte, Afonso	02	Naval	de Peniche	2:38.86	293	5,00	
50m: 36.45 36.45	100m: 1:16.04 39.59	150m: 1:58.06 42.02	200m: 2:38.86 40.80				
DSQ Daniel Marques, Filipe	02	Alcobaça					-
<i>O nadador não realizou o movimento contínuo na viragem aos 50, 100 e 150 metros.</i>							
DNS Pedro Alves, Martinho	02	Bombeiros	Estoris				-

Prova 10, Masc., 200m Costas

Prova 10 20/01/2018 - 17:10	Masc., 200m Costas		Absolutos Masculinos (JUN +SEN) Resultados	
Rec. Torneio	2:01.97	Pedro, Oliveira	Alcobaça	2008
Rec. Nacional Absoluto	1:53.06	Pedro Diogo, Oliveira	Chartres	2012
Rec. Nacional 17	1:59.34	Adriano Miguel, Niz	Alges	2003
Rec. Nacional 18	1:58.37	Adriano Miguel, Niz	Figueira da Foz	2004
Rec. Nacional SEN	1:53.06	Pedro Diogo, Oliveira	Chartres	2012

Pontos: FINA 2017

Lugar	Ano			Tempo final		Pts	
1. Viktor, Kot	98	Nautico Marinha Grande		2:04.88	605	9,00	
50m: 30.07 30.07	100m: 1:02.25 32.18	150m: 1:33.87	31.62	200m: 2:04.88	31.01		
2. Ricardo Saraiva, Pires	98	Laranjeiro		2:11.05	523	7,00	
50m: 30.93 30.93	100m: 1:04.64 33.71	150m: 1:38.20	33.56	200m: 2:11.05	32.85		
3. Joao Mota, Correia	97	Benfica		2:11.86	514	6,00	
50m: 30.75 30.75	100m: 1:03.52 32.77	150m: 1:37.76	34.24	200m: 2:11.86	34.10		
4. Bernardo Vinagre, Arzileiro	01	Uniao Coimbra		2:12.57	505	5,00	
50m: 31.31 31.31	100m: 1:04.67 33.36	150m: 1:38.80	34.13	200m: 2:12.57	33.77		
5. Diogo Coelho, Jose	01	Columbofila Cantanhedense		2:12.78	503	4,00	
50m: 32.25 32.25	100m: 1:06.00 33.75	150m: 1:39.77	33.77	200m: 2:12.78	33.01		
6. Francisco Xavier, Tomas	00	Alcobaça		2:13.30	497	3,00	
50m: 32.07 32.07	100m: 1:06.14 34.07	150m: 1:40.19	34.05	200m: 2:13.30	33.11		
7. Rodrigo Melo, Pinto	01	Colégio Vasco da Gama		2:15.75	471	2,00	
50m: 30.46 30.46	100m: 1:04.38 33.92	150m: 1:40.10	35.72	200m: 2:15.75	35.65		
8. Daniel Rochinha, Pedro	98	Bombeiros Estoris		2:18.31	445	1,00	
50m: 31.43 31.43	100m: 1:06.03 34.60	150m: 1:42.04	36.01	200m: 2:18.31	36.27		
9. Joaquim Sardinha, Duarte	01	Ba/Bomcar		2:21.58	415	-	
50m: 33.23 33.23	100m: 1:09.55 36.32	150m: 1:46.27	36.72	200m: 2:21.58	35.31		
10. Jose Miguel, Cunha	01	Condeixa Aqua Clube		2:29.99	349	-	
50m: 34.49 34.49	100m: 1:12.02 37.53	150m: 1:50.94	38.92	200m: 2:29.99	39.05		
11. Alexandre Quiterio, Anastacio	01	Benedita Sport Club		2:37.35	302	-	
50m: 36.12 36.12	100m: 1:15.40 39.28	150m: 1:56.49	41.09	200m: 2:37.35	40.86		
DSQ Alberto Roldán, Calderon	99	Baena				-	
<i>O nadador não realizou o movimento contínuo na viragem aos 50 metros.</i>							

Prova 11	Femin., 400m Livres			Absolutos Femininos	
20/01/2018 - 17:32				Resultados	
Rec. Torneio	4:21.75	Filipa Vilas, Ruivo	Alcobaça	2012	
Rec. Nacional Absoluto	4:05.38	Diana Margarida, Duraes	Moscow	2017	
Rec. Nacional INF B	4:38.40	Filipa Vilas, Ruivo	Alcobaça	2009	
Rec. Nacional INF A	4:25.30	Alexandra Maria, Silva	Porto	1980	
Rec. Nacional JUV B	4:23.08	Susana Patricia, Miguel	Alhandra	2004	
Rec. Nacional JUV A	4:18.39	Ana Claudia, Santos	Cantanhede	2004	
Rec. Nacional 16	4:13.53	Ana Reis, Sousa	Porto	2017	
Rec. Nacional 17	4:10.52	Tamila Hryhorivna, Holub	Porto	2015	
Rec. Nacional SEN	4:05.38	Diana Margarida, Duraes	Moscow	2017	

Pontos: FINA 2017

Lugar	Ano			Tempo final	Pts	
1. Ines Jacinto, Henriques	00 Pimpoes/Cimai			4:25.80	686	9,00
50m: 31.36 31.36	150m: 1:39.44 34.09	250m: 2:47.71 34.15	350m: 3:53.51 32.54			
100m: 1:05.35 33.99	200m: 2:13.56 34.12	300m: 3:20.97 33.26	400m: 4:25.80 32.29			
2. Luisa Maria, Machado	01 União Piedense			4:29.78	656	7,00
50m: 31.50 31.50	150m: 1:39.67 34.31	250m: 2:47.84 33.79	350m: 3:55.58 33.92			
100m: 1:05.36 33.86	200m: 2:14.05 34.38	300m: 3:21.66 33.82	400m: 4:29.78 34.20			
3. Giovanna Vaz, Vargas	00 Nautico Marinha Grande			4:32.44	637	6,00
50m: 31.54 31.54	150m: 1:39.54 34.07	250m: 2:48.66 34.56	350m: 3:58.20 34.76			
100m: 1:05.47 33.93	200m: 2:14.10 34.56	300m: 3:23.44 34.78	400m: 4:32.44 34.24			
4. Eva Guerreiro, Carvalho	99 Benfica			4:35.00	620	5,00
50m: 31.82 31.82	150m: 1:40.11 34.11	250m: 2:49.65 34.54	350m: 3:59.68 35.17			
100m: 1:06.00 34.18	200m: 2:15.11 35.00	300m: 3:24.51 34.86	400m: 4:35.00 35.32			
5. Teresa Miguel, Veloso	00 Náutico Académico			4:35.09	619	4,00
50m: 32.27 32.27	150m: 1:41.73 34.91	250m: 2:51.36 34.69	350m: 4:01.41 34.94			
100m: 1:06.82 34.55	200m: 2:16.67 34.94	300m: 3:26.47 35.11	400m: 4:35.09 33.68			
6. Bruna Martins, Riesenberger	97 Laranjeiro			4:35.78	614	3,00
50m: 32.45 32.45	150m: 1:42.17 34.90	250m: 2:51.69 34.66	350m: 4:01.57 35.12			
100m: 1:07.27 34.82	200m: 2:17.03 34.86	300m: 3:26.45 34.76	400m: 4:35.78 34.21			
7. Maria Carlota, Rebelo	03 Uniao Coimbra			4:35.91	614	2,00
50m: 32.15 32.15	150m: 1:41.31 34.60	250m: 2:51.42 35.34	350m: 4:01.75 35.26			
100m: 1:06.71 34.56	200m: 2:16.08 34.77	300m: 3:26.49 35.07	400m: 4:35.91 34.16			
8. Matilde Freitas, Moreira	01 Académica de Coimbra			4:37.09	606	1,00
50m: 31.68 31.68	150m: 1:41.37 35.24	250m: 2:51.82 35.25	350m: 4:03.03 35.32			
100m: 1:06.13 34.45	200m: 2:16.57 35.20	300m: 3:27.71 35.89	400m: 4:37.09 34.06			
9. Ines Rocha, Silva	00 Alcobaça			4:42.43	572	-
50m: 32.68 32.68	150m: 1:43.00 35.21	250m: 2:54.52 35.82	350m: 4:07.10 36.37			
100m: 1:07.79 35.11	200m: 2:18.70 35.70	300m: 3:30.73 36.21	400m: 4:42.43 35.33			
10. Marisa Isabel, Nobre	05 Columbofila Cantanhedense			4:45.68	553	-
50m: 32.66 32.66	150m: 1:45.28 36.50	250m: 2:58.13 36.85	350m: 4:10.52 35.57			
100m: 1:08.78 36.12	200m: 2:21.28 36.00	300m: 3:34.95 36.82	400m: 4:45.68 35.16			
11. Maria Francisca, Alves	04 Ba/Bomcar			4:55.94	497	-
50m: 34.43 34.43	150m: 1:49.61 38.04	250m: 3:04.05 37.19	350m: 4:19.65 37.87			
100m: 1:11.57 37.14	200m: 2:26.86 37.25	300m: 3:41.78 37.73	400m: 4:55.94 36.29			
12. Rita Sousa, Oliveira	01 Torres Novas			5:05.24	453	-
50m: 34.80 34.80	150m: 1:51.69 38.80	250m: 3:08.87 38.56	350m: 4:26.65 38.81			
100m: 1:12.89 38.09	200m: 2:30.31 38.62	300m: 3:47.84 38.97	400m: 5:05.24 38.59			
13. Daniela Alexandra, Pedro	04 Colégio Vasco da Gama			5:09.96	433	-
50m: 33.16 33.16	150m: 1:50.24 39.82	250m: 3:09.84 40.30	350m: 4:30.77 40.56			
100m: 1:10.42 37.26	200m: 2:29.54 39.30	300m: 3:50.21 40.37	400m: 5:09.96 39.19			
14. Madalena Rodrigues, Tome	03 Bombeiros Estoriz			5:20.66	391	-
50m: 36.21 36.21	150m: 1:57.16 40.88	250m: 3:19.09 41.11	350m: 4:40.84 41.03			
100m: 1:16.28 40.07	200m: 2:37.98 40.82	300m: 3:59.81 40.72	400m: 5:20.66 39.82			

Prova 11, Femin., 400m Livres, Absolutos Femininos

Lugar	Ano	Tempo final	Pts
15. Joana Rosa, Ferreira	05 Naval de Peniche	5:21.42	388
50m: 34.34 34.34	150m: 1:54.57 40.95	250m: 3:16.66 40.45	350m: 4:41.65 42.56
100m: 1:13.62 39.28	200m: 2:36.21 41.64	300m: 3:59.09 42.43	400m: 5:21.42 39.77
16. Daniela Portela, Mendes	04 Condeixa Aqna Clube	5:24.58	377
50m: 35.61 35.61	150m: 1:58.16 41.96	250m: 3:21.20 40.88	350m: 4:44.49 42.11
100m: 1:16.20 40.59	200m: 2:40.32 42.16	300m: 4:02.38 41.18	400m: 5:24.58 40.09
17. Joana Silva, Alves	05 Benedita Sport Club	5:41.83	322
50m: 38.31 38.31	150m: 2:07.30 44.77	250m: 3:35.04 43.64	350m: 5:01.65 43.17
100m: 1:22.53 44.22	200m: 2:51.40 44.10	300m: 4:18.48 43.44	400m: 5:41.83 40.18
18. Camila Gracio, Santo	02 Clube Naval da Nazaré	5:47.54	307
50m: 37.52 37.52	150m: 2:05.50 44.82	250m: 3:35.04 44.70	350m: 5:05.65 45.35
100m: 1:20.68 43.16	200m: 2:50.34 44.84	300m: 4:20.30 45.26	400m: 5:47.54 41.89
EXH Cintia Cristina, Cruz	02 Alcobaça	5:06.67	447
50m: 35.26 35.26	150m: 1:52.08 38.66	250m: 3:10.50 39.14	350m: 4:28.49 38.95
100m: 1:13.42 38.16	200m: 2:31.36 39.28	300m: 3:49.54 39.04	400m: 5:06.67 38.18
EXH Margarida Carvalho, Barao	04 Colégio Vasco da Gama	5:07.20	444
50m: 35.18 35.18	150m: 1:51.69 38.84	250m: 3:10.64 39.66	350m: 4:29.00 39.10
100m: 1:12.85 37.67	200m: 2:30.98 39.29	300m: 3:49.90 39.26	400m: 5:07.20 38.20

Prova 12

20/01/2018 - 17:50

Masc., 400m Livres

Absolutos Masculinos

Resultados

Rec. Torneio	3:55.86	João, Gil	Alcobaça	2017
Rec. Nacional Absoluto	3:42.91	Miguel Duarte, Nascimento	Porto	2017
Rec. Nacional INF B	4:21.95	Pedro Fontoura, Oliveira	Santarém	2003
Rec. Nacional INF A	4:12.35	Andre Vilas, Ruivo	Campo Maior	2014
Rec. Nacional JUV B	4:03.22	Joao Pedro, Gil	Algés	2012
Rec. Nacional JUV A	3:59.31	Joao Carlos, Santos	Algés	2012
Rec. Nacional 17	3:56.54	Rui Filipe, Costa	Feigueiras	2007
Rec. Nacional 18	3:50.52	Adriano Miguel, Niz	Fafe	2004
Rec. Nacional SEN	3:42.91	Miguel Duarte, Nascimento	Porto	2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Jose Paula, Carvalho	98 União Piedense	3:58.17	707
50m: 27.75 27.75	150m: 1:27.91 30.29	250m: 2:27.77 29.39	350m: 3:28.90 30.29
100m: 57.62 29.87	200m: 1:58.38 30.47	300m: 2:58.61 30.84	400m: 3:58.17 29.27
2. Viktor, Kot	98 Nautico Marinha Grande	4:05.29	647
50m: 28.35 28.35	150m: 1:30.42 31.42	250m: 2:33.31 31.54	350m: 3:34.72 30.78
100m: 59.00 30.65	200m: 2:01.77 31.35	300m: 3:03.94 30.63	400m: 4:05.29 30.57
3. Joao Pedro, Gil	97 Benfica	4:10.18	610
50m: 28.93 28.93	150m: 1:32.62 32.38	250m: 2:35.20 31.14	350m: 3:37.96 32.04
100m: 1:00.24 31.31	200m: 2:04.06 31.44	300m: 3:05.92 30.72	400m: 4:10.18 32.22
4. Leonardo Rochinha, Pedro	98 Bombeiros Estoris	4:12.98	590
50m: 27.97 27.97	150m: 1:29.73 31.05	250m: 2:32.85 31.72	350m: 3:39.98 33.75
100m: 58.68 30.71	200m: 2:01.13 31.40	300m: 3:06.23 33.38	400m: 4:12.98 33.00
5. Francisco Xavier, Goncalves	97 Náutico Académico	4:13.05	590
50m: 28.69 28.69	150m: 1:32.24 31.88	250m: 2:36.68 32.11	350m: 3:42.09 32.83
100m: 1:00.36 31.67	200m: 2:04.57 32.33	300m: 3:09.26 32.58	400m: 4:13.05 30.96
6. Joao Carvalho, Diz	01 Columbofila Cantanhedense	4:13.54	586
50m: 29.76 29.76	150m: 1:34.17 32.20	250m: 2:38.63 31.72	350m: 3:43.31 31.86
100m: 1:01.97 32.21	200m: 2:06.91 32.74	300m: 3:11.45 32.82	400m: 4:13.54 30.23
7. Pedro Barata, Neves	00 Laranjeiro	4:15.64	572
50m: 29.47 29.47	150m: 1:33.69 32.23	250m: 2:38.73 32.64	350m: 3:43.84 32.27
100m: 1:01.46 31.99	200m: 2:06.09 32.40	300m: 3:11.57 32.84	400m: 4:15.64 31.80

Prova 12, Masc., 400m Livres, Absolutos Masculinos

Lugar	Ano	Tempo final	Pts
8. Rodrigo Ribeiro, Gomes	00 Condeixa Aqua Clube	4:21.45	535 1,00
50m: 30.39 30.39	150m: 1:36.55 32.41	250m: 2:43.67 33.41	350m: 3:49.51 32.13
100m: 1:04.14 33.75	200m: 2:10.26 33.71	300m: 3:17.38 33.71	400m: 4:21.45 31.94
9. Martim Miranda, Machado	03 Uniao Coimbra	4:21.86	532 -
50m: 30.72 30.72	150m: 1:36.44 32.96	250m: 2:43.41 33.52	350m: 3:50.75 33.59
100m: 1:03.48 32.76	200m: 2:09.89 33.45	300m: 3:17.16 33.75	400m: 4:21.86 31.11
10. Francisco Sousa, Silva	01 Alcobaça	4:24.10	519 -
50m: 30.33 30.33	150m: 1:36.75 33.09	250m: 2:44.07 33.84	350m: 3:50.62 33.34
100m: 1:03.66 33.33	200m: 2:10.23 33.48	300m: 3:17.28 33.21	400m: 4:24.10 33.48
11. Bernardo Sousa, Pereira	01 Pimpoes/Cimai	4:25.93	508 -
50m: 29.87 29.87	150m: 1:36.04 33.71	250m: 2:44.08 34.04	350m: 3:52.70 34.06
100m: 1:02.33 32.46	200m: 2:10.04 34.00	300m: 3:18.64 34.56	400m: 4:25.93 33.23
12. Francisco Miguel, Carvalho	00 Académica de Coimbra	4:32.93	470 -
50m: 31.04 31.04	150m: 1:38.35 34.04	250m: 2:47.30 34.52	350m: 3:58.08 35.40
100m: 1:04.31 33.27	200m: 2:12.78 34.43	300m: 3:22.68 35.38	400m: 4:32.93 34.85
13. Afonso Filipe, Costa	03 Clube Naval da Nazaré	4:33.39	467 -
50m: 30.88 30.88	150m: 1:40.33 34.81	250m: 2:49.21 34.99	350m: 4:00.40 35.46
100m: 1:05.52 34.64	200m: 2:14.22 33.89	300m: 3:24.94 35.73	400m: 4:33.39 32.99
14. Tiago Manuel, Santos	01 Benedita Sport Club	4:34.46	462 -
50m: 31.20 31.20	150m: 1:38.59 34.10	250m: 2:49.18 35.64	350m: 4:00.32 35.35
100m: 1:04.49 33.29	200m: 2:13.54 34.95	300m: 3:24.97 35.79	400m: 4:34.46 34.14
15. Guilherme Silva, Castanheira	04 Ba/Bomcar	4:48.65	397 -
50m: 31.66 31.66	150m: 1:43.68 36.57	250m: 2:57.71 36.70	350m: 4:12.00 37.16
100m: 1:07.11 35.45	200m: 2:21.01 37.33	300m: 3:34.84 37.13	400m: 4:48.65 36.65
16. Abel Duarte, Afonso	02 Naval de Peniche	4:57.32	363 -
50m: 31.98 31.98	150m: 1:44.93 37.48	250m: 3:02.25 38.42	350m: 4:19.19 38.32
100m: 1:07.45 35.47	200m: 2:23.83 38.90	300m: 3:40.87 38.62	400m: 4:57.32 38.13
DNS Joao Jose, Calado	01 Torres Novas		-

Prova 13

Femin., 4 x 100m Estilos

Absolutos Femininos

20/01/2018 - 18:15

Resultados

Rec. Torneio	4:24.01	CNCVG	Alcobaça	2006
Rec. Nacional Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	S. António Cavaleiros	2009
Rec. Nacional INF B	4:57.35	Grupo Desp. Natacao V. N. Famalicao	Ponte da Barca	2010
Rec. Nacional INF A	4:40.29	Grupo Desp. Natacao V. N. Famalicao	Viseu	2011
Rec. Nacional JUV B	4:33.40	Sport Lisboa e Benfica	Reboleira	2006
Rec. Nacional JUV A	4:31.86	Clube Desportivo Nacional	Funchal	2015
Rec. Nacional JUN	4:16.94	Sporting Clube de Portugal	Leiria	2009
Rec. Nacional SEN	4:06.14	Futebol Clube do Porto/Dolce Vita	S. António Cavaleiros	2009

Pontos: FINA 2017

Lugar	Tempo final	Pts
1. Nautico Marinha Grande 1	4:32.52	564 18,00
Monica Seara, Domingues +0,67	33.82 1:10.02	Giovanna Vaz, Vargas 29.73 1:03.33
Ana Ferreira, Costa	34.89 1:16.39	Bruna Silva, Moiteiro 30.37 1:02.78
2. Benfica 1	4:34.84	550 14,00
Sofia Alexandra, Rolao +0,72	33.41 1:09.24	Ana Raquel, Graveto 31.07 1:06.50
Ines Silva, Bernardo	36.60 1:17.13	Eva Guerreiro, Carvalho 29.84 1:01.97
3. Alcobaça 1	4:40.57	517 12,00
Diana Violante, Romao +0,69	34.40 1:11.02	Ana Claudia, Ferreira 32.69 1:09.85
Ines Rocha, Silva	35.49 1:14.84	Alexandra Cordeiro, Silva 30.74 1:04.86
4. Laranjeiro 1	4:41.80	510 10,00
Sofia Alexandra, Nunes +0,66	33.25 1:09.12	Filipa Inacio, Cazeiro 32.25 1:10.47
Bruna Martins, Riesenberger	36.41 1:16.24	Matilde Pereira, Carrao 30.91 1:05.97

Prova 13, Femin., 4 x 100m Estilos, Absolutos Femininos

Lugar					Tempo final	Pts	
5.	União Piedense 1		União Piedense		4:41.86	510	8,00
	Ines Figueira, Santos	+0,74	35.13	1:12.56	Luisa Maria, Machado	31.08	1:07.37
	Margarida Filipe, Ferreira		36.08	1:17.07	Beatriz Quintao, Amantes	30.73	1:04.86
6.	Pimpoes/Cimai 1		Pimpoes/Cimai		4:49.49	470	6,00
	Ines Jacinto, Henriques	+0,87	32.37	1:06.65	Constanca Filipa, Rodrigues	34.26	1:15.00
	Ines Apolinario, Soares		38.27	1:21.75	Constanca Alexandra, Silva	30.58	1:06.09
7.	Uniao Coimbra 1		Uniao Coimbra		4:52.67	455	4,00
	Ana Matos, Cabral	+0,91	37.58	1:17.72	Maria Carlota, Rebelo	30.95	1:07.61
	Ana Carolina, Monteiro		38.46	1:22.88	Joana Francisca, Rodrigues	30.98	1:04.46
8.	Bombeiros Estoris 1		Bombeiros Estoris		4:54.15	448	2,00
	Luana Cardoso, Magalhaes	+0,78	37.89	1:19.21	Madalena Rodrigues, Tome	32.94	1:11.10
	Mariana Graca, Vasconcelos		36.82	1:18.33	Mariana Costa, Cabral	30.14	1:05.51
9.	Náutico Académico 1		Náutico Académico		5:00.11	422	-
	Leonor Horta, Costa	+0,85	37.27	1:18.53	Teresa Miguel, Veloso	31.90	1:08.89
	Marta Domingues, Gameiro		41.01	1:27.06	Maria Beatriz, Jorge	31.43	1:05.63
10.	Colégio Vasco da Gama 1		Colégio Vasco da Gama		5:01.12	418	-
	Barbara Almeida, Ribeiro	+0,70	34.79	1:12.43	Maria Jardim, Fidalgo	33.11	1:12.55
	Matilde Carvalho, Barao		41.62	1:29.01	Margarida Carvalho, Barao	32.48	1:07.13
11.	Torres Novas 1		Torres Novas		5:02.37	413	-
	Erica Neves, Leote	+0,92	37.76	1:17.44	Rita Sousa, Oliveira	35.28	1:18.06
	Margarida Mateus, Morais		38.52	1:20.67	Marta Sousa, Oliveira	30.61	1:06.20
12.	Columbofila Cantanhedense 1		Columbofila Cantanhedense		5:03.66	407	-
	Carolina Carreira, Dias	+0,70	36.83	1:15.78	Beatriz Ferreira, Loisas	35.29	1:15.29
	Marisa Isabel, Nobre		42.19	1:29.89	Camila Alexandra, Silva	30.19	1:02.70
13.	Ba/Bomcar 1		Ba/Bomcar		5:08.53	388	-
	Maria Martim, Coutinho	+0,66	36.37	1:14.07	Maria Leitao, Carvalho	34.70	1:14.43
	Filipa Mendes, Simoes		43.49	1:33.87	Maria Francisca, Alves	32.13	1:06.16
14.	Naval de Peniche 1		Naval de Peniche		5:18.47	353	-
	Iara Filipa, Dias	+1,02	37.80	1:16.39	Catarina Rodrigues, Silva	36.09	1:22.02
	Joana Rosa, Ferreira		42.79	1:30.72	Adriana Martins, Noivo	32.96	1:09.34
15.	Condeixa Aqua Clube 1		Condeixa Aqua Clube		5:20.41	347	-
	Andreia Brito, Pereira	00	37.85	1:17.76	Ana Catarina, Santos	03 35.06	1:18.33
	Daniela Portela, Mendes	04	40.90	1:28.21	Maria Lucas, Santos	05 35.25	1:16.11
16.	Clube Naval da Nazaré 1		Clube Naval da Nazaré		5:30.89	315	-
	Camila Gracio, Santo	+0,85	42.66	1:28.30	Ana Rui, Gomes	34.84	1:16.68
	Safira Santos, Duarte		43.23	1:32.76	Tatiana Evangelista, Rebelo	34.56	1:13.15
17.	Benedita Sport Club 1		Benedita Sport Club		5:50.74	264	-
	Rita Afonso, Belo	+0,66	36.20	1:14.92	Joana Silva, Alves	41.07	1:34.31
	Catarina Machado, Belo		43.28	1:32.53	Beatriz Goncalves, Correia	41.99	1:28.98
DNS	Académica de Coimbra 1		Académica de Coimbra				-
EXH	Alcobaça Extra		Alcobaça		5:33.86	306	-
	Juliana Branco, Reis	+0,84	39.97	1:22.15	Ana Francisca, Silva	39.09	1:25.02
	Maria Ines, Marques		41.65	1:28.29	Constanca Arinto, Trindade	37.89	1:18.40

Prova 14 Masc., 4 x 100m Estilos Absolutos Masculinos
20/01/2018 - 18:32 Resultados

Rec. Torneio	3:52.86	CNCVG	Alcobaça	2014
Rec. Nacional Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	Porto	2014
Rec. Nacional INF B	4:35.54	Grupo Desp. Natacao V. N. Famalicao	Porto	2013
Rec. Nacional INF A	4:12.48	Sporting Clube de Portugal	Tomar	2016
Rec. Nacional JUV B	4:04.46	Grupo Desp. Natacao V. N. Famalicao	Estarreja	2014
Rec. Nacional JUV A	4:01.13	Sport Alges e Dafundo	Tomar	2013
Rec. Nacional JUN	3:50.30	Sporting Clube de Braga	Porto	2017
Rec. Nacional SEN	3:34.53	CCD Estrelas S. Joao de Brito	Porto	2014

Pontos: FINA 2017

Lugar					Tempo final	Pts	
1.	União Piedense 1		União Piedense		3:59.47	575	18,00
	Tomas Nogueira, Gomes	+0,80	29.38	1:00.85	David Matias, Cristino	27.36	59.17
	Jose Paula, Carvalho		30.74	1:04.95	Joao Pedro, Silva	25.72	54.50
2.	Nautico Marinha Grande 1		Nautico Marinha Grande		4:00.32	569	14,00
	Ricardo Lopes, Silva	+0,57	29.67	1:00.64	Rui Miguel, Pires	27.57	1:00.08
	Pedro Domingues, Duarte		30.76	1:08.04	Viktor, Kot	24.95	51.56
3.	Benfica 1		Benfica		4:00.60	567	12,00
	Joao Mota, Correia	+0,83	29.74	1:01.35	Guilherme Pereira, Dias	27.69	59.66
	Ricardo Samuel, Pereira		31.53	1:06.92	Joao Pedro, Gil	25.50	52.67
4.	Bombeiros Estoris 1		Bombeiros Estoris		4:03.45	547	10,00
	Daniel Rochinha, Pedro	+0,73	30.07	1:02.39	Miguel Bras, Sergio	26.69	58.20
	Frederico Sousa, Soares		31.96	1:09.68	Leonardo Rochinha, Pedro	25.48	53.18
5.	Laranjeiro 1		Laranjeiro		4:07.32	522	8,00
	Ricardo Saraiva, Pires	+0,70	28.99	59.77	Pedro Barata, Neves	28.26	1:00.69
	Rui Pedro, Horta		32.73	1:10.32	Joao Nogueira, Mendes	27.16	56.54
6.	Uniao Coimbra 1		Uniao Coimbra		4:09.17	510	6,00
	Bernardo Vinagre, Arzileiro	+0,60	30.42	1:01.68	Manuel Baptista, Simoes	27.61	1:00.64
	Duarte Anastacio, Sousa		32.17	1:09.29	Goncalo Silva, Marques	27.15	57.56
7.	Pimpoes/Cimai 1		Pimpoes/Cimai		4:09.92	506	4,00
	Joao Miguel, Santana	00	29.90	1:01.58	Sebastiao Mendes, Gomes	00	27.72
	Bernardo Sousa, Pereira	01	32.53	1:10.95	Manuel Maria, Ferraz	00	26.71
8.	Alcobaça 1		Alcobaça		4:16.48	468	2,00
	Edgar Casimiro, Ribeiro	+0,69	33.80	1:08.87	Diogo Gomes, Fonseca	27.82	1:00.40
	Francisco Xavier, Tomas		33.47	1:10.68	Miguel Monteiro, Diogo	26.72	56.53
9.	Colégio Vasco da Gama 1		Colégio Vasco da Gama		4:19.10	454	-
	Rodrigo Melo, Pinto	+0,73	29.47	1:01.55	Bernardo Jorge, Simoes	29.65	1:02.88
	Nuno Tiago, Pinela		34.41	1:14.13	Daniel Fernandes, Antao	27.59	1:00.54
10.	Condeixa Aqua Clube 1		Condeixa Aqua Clube		4:20.04	449	-
	Tomas Pedrosa, Miguel	+0,71	31.38	1:05.18	Jose Miguel, Cunha	29.25	1:02.75
	Joao Ventura, Pais		35.44	1:16.15	Rodrigo Ribeiro, Gomes	25.69	55.96
11.	Académica de Coimbra 1		Académica de Coimbra		4:20.51	446	-
	Francisco Miguel, Carvalho	+0,71	36.10	1:12.68	Illya, Yelistratkin	27.76	1:00.57
	Miguel Caridade, Gaspar		32.82	1:09.48	Gabriel Jose, Julio	27.99	57.78
12.	Columbofila Cantanhedense 1		Columbofila Cantanhedense		4:30.16	400	-
	Diogo Coelho, Jose	+0,71	30.70	1:02.04	Vitor Teixeira, Oliveira	32.31	1:10.34
	Bernardo Cardetas, Cardoso		38.28	1:22.37	Joao Carvalho, Diz	26.47	55.41
13.	Ba/Bomcar 1		Ba/Bomcar		4:38.10	367	-
	Guilherme Silva, Castanheira	04	34.47	1:11.63	Joaquim Sardinha, Duarte	01	1:09.03
	Manuel Sardinha, Duarte	00	33.80	1:12.04	Joao Gabriel, Aniceto	04	30.65
14.	Benedita Sport Club 1		Benedita Sport Club		4:44.53	342	-
	David, Martyn	+0,68	31.56	1:04.96	Tiago Manuel, Santos	32.00	1:09.09
	Alexandre Quiterio, Anastacio		33.77	1:14.53	Joao Gerardo, Boita	36.05	1:15.95
15.	Torres Novas 1		Torres Novas		4:48.62	328	-
	Simao Dinis, Rosa	+0,69	37.86	1:18.85	Joao Jose, Calado	29.49	1:04.33
	Pedro Nuno, Oliveira		36.93	1:19.48	Pedro Maria, Santana	31.94	1:05.96

Prova 14, Masc., 4 x 100m Estilos, Absolutos Masculinos

Lugar					Tempo final	Pts	
16.	Baena		Baena		4:52.84	314	
	Manuel Ayala, Molina	+0,86	36.30	1:15.55	Jaime Moyano, Lazo	29.27	1:03.97
	Carlos Ruiz, Campos		40.27	1:28.69	Alberto Roldán, Calderon	30.68	1:04.63
17.	Alcobaça Extra		Alcobaça		5:10.20	264	
	Daniel, Tsykal	+0,76	35.88	1:13.31	Daniel Jose, Fernandes	35.73	1:18.04
	Vasco Peixoto, Oliveira		38.42	1:23.11	Tomas Portugal, Silveira	35.91	1:15.74
DSQ	Náutico Académico 1		Náutico Académico				
	<i>O 1º atleta chegou completamente submerso.</i>						
	Francisco Xavier, Goncalves, Lucas Pereira, Bastos, Rui Joao, Marques, Francisco Miguel, Mendes						