

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

1 - Jornada com sessão única (tarde)

21.01.2023 - 15:00

Prova 1

Femin., 50m Livres

OPEN (INF+JUV+JUN+SEN)

21.01.2023 - 15:00

Resultados

Pontos: FINA 2022

Lugar	Ano		Tempo final		Pts
1. Mariana Marques, MERCEDES	03	Vikings	27.62	9.00	572
2. Sofia Alexandra, NUNES	00	Laranjeiro	28.12	7.00	542
3. Joana Francisca, RODRIGUES	04	Condeixa Aqua Clube	28.13	6.00	541
4. Leonor Mil, MANO	07	Náutico de Coimbra	28.33	5.00	530
5. Beatriz Costa, TEJO	02	Academica de Coimbra	28.47	4.00	522
6. Sara Sofia, ALVES	07	Naval Setubalense	28.54	3.00	518
7. Maria Francisca, FROIS	06	Náutico de Leiria	28.58	2.00	516
8. Giovanna Vaz, VARGAS	00	Nautico Marinha Grande	28.65	1.00	512
9. Maria Madalena, ALVES	06	Ba-Leiria	28.71	-	509
10. Ines Apolinario, SOARES	03	Pimpoes/Cimai	28.82	-	503
11. Leonor Carreiro, RODRIGUES	07	Benfica	29.22	-	483
12. Ana Claudia, FERREIRA	90	Alcobaca	29.42	-	473
13. Ines Azevedo, BARAONA	07	C N Montijo	30.24	-	435
14. Susana Pereira, VEIGA	00	Colégio Vasco da Gama	30.41	-	428
15. Mariana Magalhaes, FERNANDES	06	Vieirense	31.43	-	388
16. Catarina Alexandra, ALVES	07	Geslours	31.48	-	386
17. Anjali, RAICAR	09	Naval de Peniche	31.58	-	382
18. Leonor Silva, MARTINS	10	Óbidos	31.90	-	371
19. Maria Ines, ESTEVES	06	Naval da Nazaré	32.49	-	351
20. Dalila Leal, BERNARDINO	06	Nucleo de Pombal	32.91	-	338
21. Leonor Mosca, SILVA	10	Columbofila Cantanhedense	34.96	-	282
22. Lara Canha, GOMES	10	Naval do Funchal	36.47	-	248
DNS Diana, LAZAREVA	11	Naval do Funchal	-	-	-
DNS Camila Beatriz, CAMILO	11	Miranda do Corvo	-	-	-
EXH Mariana Sousa, MARQUES	09	Alcobaca	30.87	-	409
EXH Leonor Palma, JACOMO	09	Alcobaca	31.57	-	383
EXH Mariana Ponte, SILVA	09	Naval do Funchal	36.57	-	246
EXH Eva Maria, MACEDO	09	Naval do Funchal	38.63	-	209
EXH Charlotte Engelse, ANDRADE	11	Naval do Funchal	42.01	-	162
EXH Ana Cristina, BARBOSA	09	Naval do Funchal	42.21	-	160
EXH Ana Patricio, ABREU	06	Naval do Funchal	43.06	-	151
EXH Ana Sobral, GOMES	11	Naval do Funchal	47.07	-	115

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Prova 2

21.01.2023 - 15:05

Masc., 50m Livres

OPEN (INF+JUV+JUN+SEN)

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Miguel Vicente, SILVA	02 Nautico Marinha Grande	23.77 9.00	610
2. Rodrigo Miguel, REIS	04 Náutico de Coimbra	24.40 7.00	564
3. Andre Henriques, MARQUES	05 Benfica	24.62 6.00	549
4. Rodrigo Ribeiro, GOMES	00 Condeixa Aqua Clube	24.92 5.00	529
5. Andre Azevedo, BARAONA	04 C N Montijo	24.93 4.00	528
6. Luis Emanuel, VAZ	91 Colégio Vasco da Gama	25.15 3.00	515
7. Guilherme Silva, CASTANHEIRA	04 Náutico de Leiria	25.70 2.00	482
8. Francisco Xavier, TOMAS	00 Alcobaca	25.71 1.00	482
9. Rodrigo Costa, CRUZ	06 Academica de Coimbra	25.89 -	472
10. Miguel Alexandre, RODRIGUES	98 Vikings	26.09 -	461
11. Rihards, BUNKOVSKIS	05 Gesloures	26.56 -	437
12. Gabriel Mota, PATRICIO	08 Vieiraense	26.68 -	431
13. Jose Francisco, OLIVEIRA	05 Ba-Leiria	26.84 -	423
14. Luca Valentino, TONA	06 Pimpoes/Cimai	26.95 -	418
15. Rafael, CACERES LOPES	04 Laranjeiro	27.11 -	411
16. Martim Daniel, TORRES	06 Naval Setubalense	27.16 -	408
17. Andre Pedro, FERREIRA	06 Nucleo de Pombal	28.38 -	358
18. Rodrigo Mosca, SILVA	08 Columbofila Cantanhedense	28.44 -	356
19. Francisco Soares, BRITO	08 Bombeiros dos Estoris	29.73 -	311
20. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	29.95 -	304
21. Justin Daniel, BORGES	08 Óbidos	31.35 -	265
22. Bruno Correia, SILVA	08 Naval do Funchal	31.93 -	251
23. Lourenco Simao, PEREIRA	10 Miranda do Corvo	32.05 -	248
DSQ Pedro Henrique, ROSEIRA	09 Naval do Funchal	-	
<i>Falsa partida.</i>			
EXH Rodrigo Oliveira, SANTOS	09 Alcobaca	31.17 -	270
EXH Lucas Benjamim, SILVA	08 Naval do Funchal	31.94 -	251
EXH Vicente Camacho, COUTINHO	09 Naval do Funchal	34.77 -	194
EXH Sergio Gomes, BARBOSA	07 Naval do Funchal	35.28 -	186
EXH Georgii, PORESHIN	10 Naval do Funchal	35.79 -	178
EXH Luis Filipe, GOMES	08 Naval do Funchal	36.36 -	170
EXH Alvaro Francisco, VELOSA	09 Naval do Funchal	37.15 -	159
EXH Manuel Maria, FERREIRA	10 Naval do Funchal	45.66 -	86

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Prova 3 Femin., 200m Bruços G0 (SEN+JUN)
21.01.2023 - 15:10 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Maria Carlota, REBELO	03 Condeixa Aqua Clube	2:36.15 9.00	640
50m: 36.03 36.03	100m: 1:15.28 39.25 150m: 1:55.47 40.19	200m: 2:36.15 40.68	
2. Matilde Nunes, LOPES	06 Benfica	2:42.26 7.00	570
50m: 37.77 37.77	100m: 1:18.73 40.96 150m: 2:00.30 41.57	200m: 2:42.26 41.96	
3. Joana Rosa, FERREIRA	05 Naval de Peniche	2:44.61 6.00	546
50m: 37.08 37.08	100m: 1:18.66 41.58 150m: 2:01.46 42.80	200m: 2:44.61 43.15	
4. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:45.70 5.00	535
50m: 38.07 38.07	100m: 1:20.13 42.06 150m: 2:03.04 42.91	200m: 2:45.70 42.66	
5. Beatriz Andre, GASPAR	06 Náutico de Coimbra	2:47.00 4.00	523
50m: 38.45 38.45	100m: 1:21.23 42.78 150m: 2:04.19 42.96	200m: 2:47.00 42.81	
6. Matilde Anjos, FRISCHKNECHT	07 Naval Setubalense	2:59.98 3.00	417
50m: 40.78 40.78	100m: 1:26.55 45.77 150m: 2:13.19 46.64	200m: 2:59.98 46.79	
7. Mafalda Caetano, LOURENCO	06 Vieiraense	3:15.44 2.00	326
50m: 43.02 43.02	100m: 1:31.96 48.94 150m: 2:23.17 51.21	200m: 3:15.44 52.27	

Prova 3 Femin., 200m Bruços Juvenil A
21.01.2023 - 15:10 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Marta Oliveira, FERREIRA	08 Colégio Vasco da Gama	2:56.82 9.00	440
50m: 40.60 40.60	100m: 1:25.35 44.75 150m: 2:11.15 45.80	200m: 2:56.82 45.67	
2. Beatriz Silva, GOMES	08 Geslours	3:00.80 7.00	412
50m: 41.27 41.27	100m: 1:27.35 46.08 150m: 2:13.85 46.50	200m: 3:00.80 46.95	
3. Teresa Bonita, OLIVEIRA	08 Naval Setubalense	3:01.56 6.00	407
50m: 41.98 41.98	100m: 1:28.27 46.29 150m: 2:15.65 47.38	200m: 3:01.56 45.91	
4. Marta Matos, LARANJEIRA	08 Vikings	3:02.17 5.00	403
50m: 40.18 40.18	100m: 1:25.85 45.67 150m: 2:13.64 47.79	200m: 3:02.17 48.53	
5. Laura Silva, FERNANDES	08 Miranda do Corvo	3:03.05 4.00	397
50m: 41.49 41.49	100m: 1:28.08 46.59 150m: 2:15.87 47.79	200m: 3:03.05 47.18	
6. Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	3:06.60 3.00	375
50m: 41.19 41.19	100m: 1:28.84 47.65 150m: 2:17.81 48.97	200m: 3:06.60 48.79	
7. Rita Isabel, NEVES	08 Academica de Coimbra	3:09.93 2.00	355
50m: 43.81 43.81	100m: 1:31.18 47.37 150m: 2:20.44 49.26	200m: 3:09.93 49.49	
8. Matilde Monteiro, NEVES	08 Nucleo de Pombal	3:17.57 1.00	315
50m: 45.32 45.32	100m: 1:34.98 49.66 150m: 2:26.04 51.06	200m: 3:17.57 51.53	

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Prova 3, Femin., 200m Bruços, Juvenil A

Lugar	Ano	Tempo final	Pts
9. Laura Carvalho, FERNANDES	08 Nautico de Coimbra	3:18.50	- 311
50m: 45.42 45.42	100m: 1:35.91 50.49	150m: 2:27.30 51.39	200m: 3:18.50 51.20

Prova 3 Femin., 200m Bruços Juvenil B
21.01.2023 - 15:10 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Rita Antunes, RATINHO	09 Naval Setubalense	2:58.91 9.00	425
50m: 40.60 40.60	100m: 1:26.30 45.70	150m: 2:12.60 46.30	200m: 2:58.91 46.31
2. Daniela Pina, RODRIGUES	09 Geslours	3:02.20 7.00	402
50m: 41.12 41.12	100m: 1:27.61 46.49	150m: 2:15.21 47.60	200m: 3:02.20 46.99
3. Leonor Palma, JACOMO	09 Alcobaça	3:06.71 6.00	374
50m: 41.74 41.74	100m: 1:28.50 46.76	150m: 2:17.08 48.58	200m: 3:06.71 49.63
4. Maria Teresa, OLIVEIRA	09 Ba-Leiria	3:08.17 5.00	365
50m: 41.39 41.39	100m: 1:28.51 47.12	150m: 2:18.03 49.52	200m: 3:08.17 50.14
5. Ana Margarida, CRUZ	09 Nautico de Coimbra	3:19.92 4.00	304
50m: 44.88 44.88	100m: 1:35.48 50.60	150m: 2:27.73 52.25	200m: 3:19.92 52.19
6. Nuria Araujo, BELCHIOR	09 C N Montijo	4:12.69 3.00	151
50m: 56.85 56.85	100m: 2:01.49 1:04.64	150m: 3:07.81 1:06.32	200m: 4:12.69 1:04.88

Prova 3 Femin., 200m Bruços Infantil A
21.01.2023 - 15:10 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Leonor Pereira, SILVA	10 Óbidos	3:17.56 9.00	316
50m: 44.30 44.30	100m: 1:34.87 50.57	150m: 2:26.75 51.88	200m: 3:17.56 50.81
2. Maria Duarte, CARVALHO	10 Benfica	3:18.36 7.00	312
50m: 45.00 45.00	100m: 1:36.01 51.01	150m: 2:27.52 51.51	200m: 3:18.36 50.84
3. Luana Filipe, REIS	10 Alcobaça	3:19.77 6.00	305
50m: 44.14 44.14	100m: 1:35.68 51.54	150m: 2:26.80 51.12	200m: 3:19.77 52.97
4. Vida Sofia, VELEZ	10 Ba-Leiria	3:21.47 5.00	297
50m: 45.54 45.54	100m: 1:37.46 51.92	150m: 2:29.05 51.59	200m: 3:21.47 52.42
5. Luisa Anjos, FRISCHKNECHT	10 Naval Setubalense	3:23.55 4.00	288
50m: 46.08 46.08	100m: 1:38.03 51.95	150m: 2:31.45 53.42	200m: 3:23.55 52.10
6. Francisca Maria, ESTEVES	10 Colégio Vasco da Gama	3:26.63 3.00	276
50m: 46.79 46.79	100m: 1:39.74 52.95	150m: 2:34.27 54.53	200m: 3:26.63 52.36
7. Alicia Tais, FERREIRA	10 Geslours	3:28.25 2.00	269
50m: 45.94 45.94	100m: 1:39.79 53.85	150m: 2:34.66 54.87	200m: 3:28.25 53.59

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Prova 3, Femin., 200m Bruços

Prova 3

21.01.2023 - 15:10

Pontos: FINA 2022

Femin., 200m Bruços

Infantil B

Resultados

Lugar	Ano	Tempo final	Pts
1. Joana Cura, NEVES	11 Condeixa Aqua Clube	3:16.00 9.00	323
50m: 46.32 46.32	100m: 1:36.02 49.70	150m: 2:26.70 50.68	200m: 3:16.00 49.30
2. Francisca Moreira, FELICIANO	11 Alcobaça	3:26.94 7.00	274
50m: 46.64 46.64	100m: 1:39.16 52.52	150m: 2:32.88 53.72	200m: 3:26.94 54.06
3. Carlota Sa, SANTOS	11 Nucleo de Pombal	3:29.61 6.00	264
50m: 48.01 48.01	100m: 1:40.05 52.04	150m: 2:34.79 54.74	200m: 3:29.61 54.82
4. Maria Santos, FONSECA	11 Náutico de Leiria	3:43.26 5.00	218
50m: 51.54 51.54	100m: 1:49.20 57.66	150m: 2:46.45 57.25	200m: 3:43.26 56.81
DSQ Beatriz Marques, GASPAR	11 Nautico Marinha Grande	-	
<i>A atleta efetuou pernada de mariposa, antes da viragem aos 150 metros.</i>			
DNS Diana, LAZAREVA	11 Naval do Funchal	-	
DNS Eva Miranda, ALMEIDA	11 Columbofila Cantanhedense	-	
DNS Camila Beatriz, CAMILO	11 Miranda do Corvo	-	
DNS Maria Fatima, PAGANI	11 Bombeiros dos Estoris	-	
EXH Mariana Sousa, OLIVEIRA	10 Alcobaça	3:55.70 -	186
50m: 52.34 52.34	100m: 1:52.82 1:00.48	150m: 2:54.40 1:01.58	200m: 3:55.70 1:01.30

Prova 4

21.01.2023 - 15:31

Pontos: FINA 2022

Masc., 200m Bruços

G0 (SEN+JUN)

Resultados

Lugar	Ano	Tempo final	Pts
1. Daniel, TSYKAL	04 Alcobaça	2:23.90 9.00	582
50m: 33.93 33.93	100m: 1:11.16 37.23	150m: 1:48.09 36.93	200m: 2:23.90 35.81
2. Goncalo Duarte, CARVALHO	05 Benfica	2:25.19 7.00	566
50m: 34.29 34.29	100m: 1:11.62 37.33	150m: 1:48.62 37.00	200m: 2:25.19 36.57
3. Afonso Manuel, ASCENSO	05 Ba-Leiria	2:35.81 6.00	458
50m: 34.94 34.94	100m: 1:15.19 40.25	150m: 1:55.54 40.35	200m: 2:35.81 40.27
4. Jose Miguel, MARQUES	06 Condeixa Aqua Clube	2:37.26 5.00	446
50m: 36.81 36.81	100m: 1:17.41 40.60	150m: 1:57.19 39.78	200m: 2:37.26 40.07
5. Vicente Morgado, VENTOSO	00 Vikings	2:37.68 4.00	442
50m: 34.02 34.02	100m: 1:14.28 40.26	150m: 1:56.07 41.79	200m: 2:37.68 41.61
6. Gil Santos, LEMOS	06 Pimpoes/Cimai	2:44.89 3.00	386
50m: 37.77 37.77	100m: 1:19.92 42.15	150m: 2:02.46 42.54	200m: 2:44.89 42.43

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Prova 4, Masc., 200m Bruços, G0 (SEN+JUN)

Lugar	Ano	Tempo final	Pts
7. Joao Negreiros, GUERREIRO	04 Laranjeiro	2:46.21 2.00	377
50m: 37.26 37.26 100m: 1:18.85 41.59 150m: 2:02.12 43.27 200m: 2:46.21 44.09			
8. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré	3:04.73 1.00	275
50m: 42.49 42.49 100m: 1:29.49 47.00 150m: 2:17.44 47.95 200m: 3:04.73 47.29			
DSQ Joao Peres, COSTA	04 Naval Praia da Vitoria	-	
<i>Falsa partida.</i>			
DNS Antonio, GLAVATSKYY	05 Academica de Coimbra	-	

Prova 4 Masc., 200m Bruços Juvenil A
21.01.2023 - 15:31 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Bernardo Nunes, DOMINGUEZ	07 Ba-Leiria	2:44.54 9.00	389
50m: 36.12 36.12 100m: 1:17.62 41.50 150m: 2:00.70 43.08 200m: 2:44.54 43.84			
2. David Ferreira, SILVA	07 Academica de Coimbra	2:50.25 7.00	351
50m: 39.94 39.94 100m: 1:23.01 43.07 150m: 2:06.79 43.78 200m: 2:50.25 43.46			
3. Tiago Dinis, FERREIRA	07 Geslours	3:07.14 6.00	264
50m: 42.22 42.22 100m: 1:29.27 47.05 150m: 2:18.12 48.85 200m: 3:07.14 49.02			
4. Sergio Gomes, BARBOSA	07 Naval do Funchal	3:30.12 5.00	187
50m: 45.87 45.87 100m: 1:39.30 53.43 150m: 2:35.07 55.77 200m: 3:30.12 55.05			

Prova 4 Masc., 200m Bruços Juvenil B
21.01.2023 - 15:31 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Mikhael, ONUTSKYY	08 Pimpoes/Cimai	2:41.97 9.00	408
50m: 37.28 37.28 100m: 1:18.11 40.83 150m: 2:00.43 42.32 200m: 2:41.97 41.54			
2. Rafael Pereira, RODRIGUES	08 Condeixa Aqua Clube	2:43.02 7.00	400
50m: 37.94 37.94 100m: 1:19.20 41.26 150m: 2:01.52 42.32 200m: 2:43.02 41.50			
3. Guilherme Simoes, SOUSA	08 Náutico de Coimbra	2:49.51 6.00	356
50m: 38.52 38.52 100m: 1:21.51 42.99 150m: 2:05.77 44.26 200m: 2:49.51 43.74			
4. Gabriel Mota, PATRICIO	08 Vieiraense	2:54.81 5.00	324
50m: 36.86 36.86 100m: 1:21.25 44.39 150m: 2:07.48 46.23 200m: 2:54.81 47.33			
5. Joao Filipe, PRAZERES	08 Geslours	2:55.56 4.00	320
50m: 40.49 40.49 100m: 1:25.87 45.38 150m: 2:11.31 45.44 200m: 2:55.56 44.25			
6. Daniel Gomes, SANTOS	08 Nautico Marinha Grande	3:00.49 3.00	295
50m: 39.22 39.22 100m: 1:24.50 45.28 150m: 2:12.36 47.86 200m: 3:00.49 48.13			

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Prova 4, Masc., 200m Bruços, Juvenil B

Lugar	Ano	Tempo final	Pts
7. Tiago Filipe, ESTEVES	08 Naval Setubalense	3:10.56 2.00	250
50m: 42.02 42.02	100m: 1:30.29 48.27	150m: 2:20.08 49.79	200m: 3:10.56 50.48
8. Lucas Benjamim, SILVA	08 Naval do Funchal	3:17.63 1.00	224
50m: 41.95 41.95	100m: 1:31.30 49.35	150m: 2:23.15 51.85	200m: 3:17.63 54.48

Prova 4 Masc., 200m Bruços Infantil A
21.01.2023 - 15:31 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Xinyang, CHENG	09 Nautico Marinha Grande	2:52.52 9.00	337
50m: 39.00 39.00	100m: 1:22.97 43.97	150m: 2:07.85 44.88	200m: 2:52.52 44.67
2. Tiago Loureiro, DIAS	09 Alcobaça	2:53.77 7.00	330
50m: 39.35 39.35	100m: 1:22.72 43.37	150m: 2:07.98 45.26	200m: 2:53.77 45.79
3. Miguel Loucao, CAXARIA	09 C N Montijo	2:56.20 6.00	317
50m: 38.04 38.04	100m: 1:21.70 43.66	150m: 2:08.10 46.40	200m: 2:56.20 48.10
4. Santiago Marques, GOMES	09 Ba-Leiria	3:02.03 5.00	287
50m: 40.95 40.95	100m: 1:27.95 47.00	150m: 2:15.84 47.89	200m: 3:02.03 46.19
5. Francisco Gabriel, FREITAS	09 Geslours	3:08.54 4.00	258
50m: 45.26 45.26	100m: 1:34.17 48.91	150m: 2:23.11 48.94	200m: 3:08.54 45.43
6. Pedro Blanc, CAPINHA	09 Óbidos	3:23.04 3.00	207
50m: 45.85 45.85	100m: 1:38.52 52.67	150m: 2:32.23 53.71	200m: 3:23.04 50.81
DNS Isaac Arruda, SARAIVA	09 Vieiraense	-	-
DNS Jesus Alberto, MEJIAS	09 Vikings	-	-

Prova 4 Masc., 200m Bruços Infantil B
21.01.2023 - 15:31 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. David Xavier, ALMEIDA	10 Ba-Leiria	3:08.31 9.00	259
50m: 41.77 41.77	100m: 1:32.02 50.25	150m: 2:22.13 50.11	200m: 3:08.31 46.18
2. Simao Sousa, JESUS	10 Nautico Marinha Grande	3:11.32 7.00	247
50m: 42.22 42.22	100m: 1:31.60 49.38	150m: 2:21.85 50.25	200m: 3:11.32 49.47
3. Gabriel Krempel, VARELA	10 Pimpoes/Cimai	3:13.09 6.00	240
50m: 46.06 46.06	100m: 1:37.14 51.08	150m: 2:26.56 49.42	200m: 3:13.09 46.53
4. Martim Marino, BRILHA	10 Vikings	3:23.63 5.00	205
50m: 48.84 48.84	100m: 1:41.95 53.11	150m: 2:33.84 51.89	200m: 3:23.63 49.79
5. David Branco, TROVAO	10 Alcobaça	3:30.19 4.00	186
50m: 47.44 47.44	100m: 1:40.76 53.32	150m: 2:35.66 54.90	200m: 3:30.19 54.53

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Alcobaça, 21.1.2023

Prova 4, Masc., 200m Bruços, Infantil B

Lugar	Ano	Tempo final	Pts
6. Jorge Miguel, SANTOS	10 Miranda do Corvo	3:35.71 3.00	172
50m: 49.35 49.35	100m: 1:43.87 54.52	150m: 2:38.95 55.08	200m: 3:35.71 56.76
7. Georgii, PORESHIN	10 Naval do Funchal	3:41.24 2.00	160
50m: 45.83 45.83	100m: 1:42.48 56.65	150m: 2:42.54 1:00.06	200m: 3:41.24 58.70
DSQ Santiago Marques, PEREIRA	10 Columbofila Cantanhedense	-	
Na viragem aos 75 metros, o atleta só tocou com uma mão na parede.			
DSQ Santiago Neves, SILVA	10 Nucleo de Pombal	-	
Na viragem aos 100 metros, o atleta tocou na parede com as mãos alternadas.			
EXH Rodrigo Oliveira, SANTOS	09 Alcobaca	3:14.57 -	235
50m: 43.52 43.52	100m: 1:32.61 49.09	150m: 2:23.14 50.53	200m: 3:14.57 51.43

Prova 5

Femin., 200m Livres

G0 (SEN+JUN)

21.01.2023 - 15:51

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Mariana Marques, MERCEDES	03 Vikings	2:07.22 9.00	651
50m: 30.16 30.16	100m: 1:02.81 32.65	150m: 1:35.36 32.55	200m: 2:07.22 31.86
2. Laura Espinola, BARBEITO	06 Núcleo Sporting	2:09.06 7.00	624
50m: 29.97 29.97	100m: 1:02.44 32.47	150m: 1:35.97 33.53	200m: 2:09.06 33.09
3. Maria Jardim, FIDALGO	04 Colégio Vasco da Gama	2:12.28 6.00	579
50m: 31.19 31.19	100m: 1:04.78 33.59	150m: 1:38.95 34.17	200m: 2:12.28 33.33
4. Beatriz Costa, TEJO	02 Academica de Coimbra	2:13.02 5.00	570
50m: 31.51 31.51	100m: 1:05.10 33.59	150m: 1:39.32 34.22	200m: 2:13.02 33.70
5. Leonor Verissimo, FARIA	06 Nucleo de Pombal	2:13.42 4.00	565
50m: 31.91 31.91	100m: 1:06.21 34.30	150m: 1:40.64 34.43	200m: 2:13.42 32.78
6. Joana Rosa, FERREIRA	05 Naval de Peniche	2:13.56 3.00	563
50m: 30.32 30.32	100m: 1:03.50 33.18	150m: 1:38.75 35.25	200m: 2:13.56 34.81
7. Iris Pereira, CARRAO	05 Laranjeiro	2:15.17 2.00	543
50m: 31.80 31.80	100m: 1:06.04 34.24	150m: 1:40.65 34.61	200m: 2:15.17 34.52
8. Ines Mira, PINO	06 Pimpoes/Cimai	2:16.07 1.00	532
50m: 31.81 31.81	100m: 1:06.12 34.31	150m: 1:41.23 35.11	200m: 2:16.07 34.84
9. Maria Francisca, FROIS	06 Náutico de Leiria	2:16.47 -	528
50m: 31.53 31.53	100m: 1:06.61 35.08	150m: 1:41.29 34.68	200m: 2:16.47 35.18
10. Ariana Bento, CARAPINHA	06 Ba-Leiria	2:16.48 -	528
50m: 30.61 30.61	100m: 1:04.63 34.02	150m: 1:39.96 35.33	200m: 2:16.48 36.52

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 5, Femin., 200m Livres, G0 (SEN+JUN)

Lugar	Ano	Tempo final	Pts
11. Carolina Ferreira, FONSECA	07 Vieirense	2:26.38	- 427
50m: 32.60 32.60	100m: 1:09.42 36.82	150m: 1:48.15 38.73	200m: 2:26.38 38.23
12. Matilde Santos, COUTINHO	07 Naval da Nazaré	2:41.84	- 316
50m: 34.62 34.62	100m: 1:14.96 40.34	150m: 1:58.37 43.41	200m: 2:41.84 43.47
13. Iris Araujo, BELCHIOR	07 C N Montijo	2:50.48	- 270
50m: 36.65 36.65	100m: 1:19.47 42.82	150m: 2:06.95 47.48	200m: 2:50.48 43.53
14. Ana Patricio, ABREU	06 Naval do Funchal	3:36.77	- 131
50m: 47.67 47.67	100m: 1:43.31 55.64	150m: 2:41.36 58.05	200m: 3:36.77 55.41

Prova 5
21.01.2023 - 15:51

Femin., 200m Livres

Juvenil A
Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Marta Matos, LARANJEIRA	08 Vikings	2:23.49 9.00	454
50m: 33.53 33.53	100m: 1:08.79 35.26	150m: 1:46.35 37.56	200m: 2:23.49 37.14
2. Matilde Andre, LUIS	08 Alcobaca	2:26.76 7.00	424
50m: 32.83 32.83	100m: 1:08.87 36.04	150m: 1:47.54 38.67	200m: 2:26.76 39.22
3. Joana Pontes, PRIOR	08 Laranjeiro	2:27.86 6.00	415
50m: 33.41 33.41	100m: 1:10.32 36.91	150m: 1:48.90 38.58	200m: 2:27.86 38.96
4. Clarisse Teixeira, TELES	08 Naval Setubalense	2:30.64 5.00	392
50m: 34.05 34.05	100m: 1:11.76 37.71	150m: 1:51.01 39.25	200m: 2:30.64 39.63
5. Rita Isabel, NEVES	08 Academica de Coimbra	2:35.28 4.00	358
50m: 35.94 35.94	100m: 1:15.04 39.10	150m: 1:55.03 39.99	200m: 2:35.28 40.25
6. Edilma Tchuquissia, GOMES	08 C N Montijo	3:08.21 3.00	201
50m: 38.12 38.12	100m: 1:23.18 45.06	150m: 2:15.08 51.90	200m: 3:08.21 53.13
DSQ Diana Rita, FONSECA	08 Vieirense	-	-
A atleta não terminou a prova.			

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 5, Femin., 200m Livres

Prova 5

21.01.2023 - 15:51

Pontos: FINA 2022

Femin., 200m Livres

Juvenil B

Resultados

Lugar	Ano	Tempo final	Pts
1. Beatriz Silva, JORDAO	09 Vikings	2:21.78 9.00	470
50m: 32.74 32.74	100m: 1:07.65 34.91	150m: 1:44.41 36.76	200m: 2:21.78 37.37
2. Leonor Mercês, CAVALEIRO	09 Columbofila Cantanhedense	2:24.15 7.00	448
50m: 33.82 33.82	100m: 1:10.27 36.45	150m: 1:47.45 37.18	200m: 2:24.15 36.70
3. Caetana Amado, SANTOS	09 Miranda do Corvo	2:27.79 6.00	415
50m: 34.67 34.67	100m: 1:12.78 38.11	150m: 1:51.18 38.40	200m: 2:27.79 36.61
4. Sofia Fonseca, PRIMO	09 Academica de Coimbra	2:29.18 5.00	404
50m: 34.19 34.19	100m: 1:11.40 37.21	150m: 1:50.38 38.98	200m: 2:29.18 38.80
5. Daniela Pina, RODRIGUES	09 Geslours	2:31.50 4.00	386
50m: 34.44 34.44	100m: 1:12.52 38.08	150m: 1:52.38 39.86	200m: 2:31.50 39.12
6. Zofie, PACHECO	09 Naval de Peniche	2:36.69 3.00	348
50m: 34.02 34.02	100m: 1:13.60 39.58	150m: 1:56.09 42.49	200m: 2:36.69 40.60
7. Ines Ferreira, CHELEU	09 Ba-Leiria	2:37.68 2.00	342
50m: 36.89 36.89	100m: 1:17.79 40.90	150m: 1:58.97 41.18	200m: 2:37.68 38.71
8. Elisa Ressejac-Duparc, SANTOS	09 Pimpoes/Cimai	2:48.53 1.00	280
50m: 38.81 38.81	100m: 1:21.88 43.07	150m: 2:06.51 44.63	200m: 2:48.53 42.02
9. Marcia Guerreiro, CASTILHO	09 Laranjeiro	2:48.93 -	278
50m: 37.49 37.49	100m: 1:19.05 41.56	150m: 2:04.21 45.16	200m: 2:48.93 44.72
10. Mariana Ponte, SILVA	09 Naval do Funchal	3:12.77 -	187
50m: 43.23 43.23	100m: 1:33.33 50.10	150m: 2:23.34 50.01	200m: 3:12.77 49.43
11. Nuria Araujo, BELCHIOR	09 C N Montijo	3:21.58 -	163
50m: 44.08 44.08	100m: 1:36.90 52.82	150m: 2:30.62 53.72	200m: 3:21.58 50.96

Prova 5

21.01.2023 - 15:51

Pontos: FINA 2022

Femin., 200m Livres

Infantil A

Resultados

Lugar	Ano	Tempo final	Pts
1. Leonor Antunes, PAIVA	10 Náutico de Coimbra	2:36.63 9.00	349
50m: 36.77 36.77	100m: 1:17.05 40.28	150m: 1:57.36 40.31	200m: 2:36.63 39.27
2. Maria Carolina, ALVES	10 Ba-Leiria	2:36.67 7.00	349
50m: 36.83 36.83	100m: 1:17.53 40.70	150m: 1:57.99 40.46	200m: 2:36.67 38.68
3. Isabella Scavone, LOPES	10 Miranda do Corvo	2:38.19 6.00	339
50m: 37.28 37.28	100m: 1:17.57 40.29	150m: 1:58.41 40.84	200m: 2:38.19 39.78
4. Debora Silva, INACIO	10 Pimpoes/Cimai	2:40.36 5.00	325
50m: 36.22 36.22	100m: 1:19.07 42.85	150m: 2:00.84 41.77	200m: 2:40.36 39.52

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 5, Femin., 200m Livres, Infantil A

Lugar	Ano	Tempo final	Pts
5. Leonor Mosca, SILVA	10 Columbofila Cantanhedense	2:41.84 4.00	316
50m: 37.17 37.17	100m: 1:18.44 41.27	150m: 2:00.56 42.12	200m: 2:41.84 41.28
6. Nuria Cristina, PIRES	10 Vikings	2:54.97 3.00	250
50m: 39.61 39.61	100m: 1:24.46 44.85	150m: 2:11.38 46.92	200m: 2:54.97 43.59
7. Ana Teresa, ROMAO	10 C N Montijo	2:58.55 2.00	235
50m: 39.36 39.36	100m: 1:23.69 44.33	150m: 2:10.91 47.22	200m: 2:58.55 47.64
8. Matilde Filipa, AMADO	10 Nautico Marinha Grande	3:02.51 1.00	220
50m: 41.54 41.54	100m: 1:28.94 47.40	150m: 2:16.53 47.59	200m: 3:02.51 45.98
9. Lara Canha, GOMES	10 Naval do Funchal	3:23.72 -	158
50m: 41.17 41.17	100m: 1:33.79 52.62	150m: 2:27.79 54.00	200m: 3:23.72 55.93

Prova 5 Femin., 200m Livres Infantil B
21.01.2023 - 15:51 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Carolina Damas, PITA	11 Náutico de Coimbra	2:40.49 9.00	324
50m: 36.63 36.63	100m: 1:16.53 39.90	150m: 1:58.23 41.70	200m: 2:40.49 42.26
2. Mafalda Teles, SOUSA	11 Pimpoes/Cimai	2:43.95 7.00	304
50m: 38.06 38.06	100m: 1:21.09 43.03	150m: 2:04.37 43.28	200m: 2:43.95 39.58
3. Leonor Mota, ALVES	11 Nautico Marinha Grande	2:45.11 6.00	298
50m: 39.17 39.17	100m: 1:21.26 42.09	150m: 2:04.97 43.71	200m: 2:45.11 40.14
4. Leticia Coelho, SILVA	11 Vikings	2:48.07 5.00	282
50m: 37.94 37.94	100m: 1:20.42 42.48	150m: 2:04.86 44.44	200m: 2:48.07 43.21
5. Carolina Silva, CASTANHEIRA	11 Náutico de Leiria	2:48.84 4.00	278
50m: 38.89 38.89	100m: 1:22.30 43.41	150m: 2:06.56 44.26	200m: 2:48.84 42.28
6. Madalena Carreiro, RODRIGUES	11 Benfica	2:58.99 3.00	234
50m: 40.77 40.77	100m: 1:28.04 47.27	150m: 2:15.45 47.41	200m: 2:58.99 43.54
7. Carlota Costa, SILVA	11 Colégio Vasco da Gama	3:28.64 2.00	147
50m: 45.73 45.73	100m: 1:38.82 53.09	150m: 2:34.17 55.35	200m: 3:28.64 54.47
8. Charlotte Engelse, ANDRADE	11 Naval do Funchal	3:45.52 1.00	117
50m: 47.14 47.14	100m: 1:47.30 1:00.16	150m: 2:46.68 59.38	200m: 3:45.52 58.84
DNS Camila Beatriz, CAMILO	11 Miranda do Corvo	-	
EXH Mariana Sousa, MARQUES	09 Alcobaca	2:23.05 -	458
50m: 33.07 33.07	100m: 1:09.31 36.24	150m: 1:46.58 37.27	200m: 2:23.05 36.47
EXH Leonor Valerio, ADRIANO	09 Alcobaca	2:35.36 -	357
50m: 34.62 34.62	100m: 1:13.42 38.80	150m: 1:54.59 41.17	200m: 2:35.36 40.77

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 5, Femin., 200m Livres

Lugar	Ano	Tempo final	Pts
EXH Mariana Sousa, MENDES	11 Alcobaça	2:52.62	- 260
50m: 39.09 39.09	100m: 1:23.87 44.78	150m: 2:09.29 45.42	200m: 2:52.62 43.33
EXH Eva Maria, MACEDO	09 Naval do Funchal	3:18.24	- 172
50m: 43.66 43.66	100m: 1:33.72 50.06	150m: 2:25.17 51.45	200m: 3:18.24 53.07
EXH Ana Cristina, BARBOSA	09 Naval do Funchal	3:33.61	- 137
50m: 43.76 43.76	100m: 1:41.18 57.42	150m: 2:39.80 58.62	200m: 3:33.61 53.81

Prova 6

Masc., 200m Livres

G0 (SEN+JUN)

21.01.2023 - 16:19

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Bernardo Jorge, SIMOES	04 Colégio Vasco da Gama	1:54.75 9.00	649
50m: 26.46 26.46	100m: 55.34 28.88	150m: 1:25.03 29.69	200m: 1:54.75 29.72
2. Tomas Amor, SARREIRA	05 Nautico Marinha Grande	1:55.06 7.00	644
50m: 26.70 26.70	100m: 55.70 29.00	150m: 1:25.52 29.82	200m: 1:55.06 29.54
3. Rodrigo Miguel, REIS	04 Náutico de Coimbra	1:59.44 6.00	575
50m: 26.95 26.95	100m: 56.80 29.85	150m: 1:27.84 31.04	200m: 1:59.44 31.60
4. Miguel Fernandes, OLIVEIRA	05 Ba-Leiria	2:01.34 5.00	549
50m: 28.41 28.41	100m: 59.29 30.88	150m: 1:30.75 31.46	200m: 2:01.34 30.59
5. Joao Neves, LUCAS	06 Columbofila Cantanhedense	2:02.89 4.00	528
50m: 29.23 29.23	100m: 1:00.94 31.71	150m: 1:32.18 31.24	200m: 2:02.89 30.71
6. Joao Nogueira, MENDES	02 Laranjeiro	2:04.61 3.00	507
50m: 29.44 29.44	100m: 1:01.44 32.00	150m: 1:33.08 31.64	200m: 2:04.61 31.53
7. Tiago Ventura, CHAO	06 Naval Setubalense	2:05.00 2.00	502
50m: 28.75 28.75	100m: 1:00.26 31.51	150m: 1:32.97 32.71	200m: 2:05.00 32.03
8. Samuel Baptista, FIGUEIRA	05 Academica de Coimbra	2:05.98 1.00	490
50m: 29.21 29.21	100m: 1:00.93 31.72	150m: 1:33.80 32.87	200m: 2:05.98 32.18
9. Micael Dmitrievich, DENISOV	06 Náutico de Leiria	2:07.48 -	473
50m: 29.06 29.06	100m: 1:00.81 31.75	150m: 1:34.11 33.30	200m: 2:07.48 33.37
10. Marco Ferreira, SILVA	05 Vieiraense	2:18.72 -	367
50m: 29.75 29.75	100m: 1:04.92 35.17	150m: 1:41.55 36.63	200m: 2:18.72 37.17
DNS Mateus Correa, WALKER	05 Bombeiros dos Estoris	-	-

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 6, Masc., 200m Livres

Prova 6
21.01.2023 - 16:19
Pontos: FINA 2022

Masc., 200m Livres

Juvenil A
Resultados

Lugar	Ano	Tempo final	Pts
1. David Ferreira, SILVA	07 Academica de Coimbra	2:09.59 9.00	450
50m: 30.97 30.97	100m: 1:03.70 32.73	150m: 1:36.74 33.04	200m: 2:09.59 32.85
2. Jose Januario, MARQUES	07 Pimpoes/Cimai	2:14.42 7.00	403
50m: 32.65 32.65	100m: 1:07.14 34.49	150m: 1:41.38 34.24	200m: 2:14.42 33.04
3. Francisco Jose, FRAGOSO	07 Vieiraense	2:16.70 6.00	384
50m: 30.47 30.47	100m: 1:04.79 34.32	150m: 1:39.83 35.04	200m: 2:16.70 36.87
4. Bernardo Nunes, DOMINGUEZ	07 Ba-Leiria	2:23.26 5.00	333
50m: 31.71 31.71	100m: 1:08.17 36.46	150m: 1:46.51 38.34	200m: 2:23.26 36.75
5. Andre Filipe, FERNANDES	07 Alcobaça	2:34.65 4.00	265
50m: 34.01 34.01	100m: 1:13.29 39.28	150m: 1:53.81 40.52	200m: 2:34.65 40.84
6. Rafael Sergio, SPAC	07 C N Montijo	2:35.20 3.00	262
50m: 34.74 34.74	100m: 1:13.43 38.69	150m: 1:55.78 42.35	200m: 2:35.20 39.42
7. Rodrigo Diniz, FIGUEIRA	07 Naval da Nazaré	2:39.95 2.00	239
50m: 36.39 36.39	100m: 1:16.49 40.10	150m: 1:58.53 42.04	200m: 2:39.95 41.42

Prova 6
21.01.2023 - 16:19
Pontos: FINA 2022

Masc., 200m Livres

Juvenil B
Resultados

Lugar	Ano	Tempo final	Pts
1. Pedro Caiada, RODRIGUES	08 Benfica	2:08.24 9.00	465
50m: 30.52 30.52	100m: 1:02.98 32.46	150m: 1:36.08 33.10	200m: 2:08.24 32.16
2. Santiago Boica, SOUSA	08 Vieiraense	2:10.50 7.00	441
50m: 30.79 30.79	100m: 1:04.98 34.19	150m: 1:39.00 34.02	200m: 2:10.50 31.50
3. Guilherme Simoes, SOUSA	08 Náutico de Coimbra	2:12.91 6.00	417
50m: 31.75 31.75	100m: 1:06.24 34.49	150m: 1:40.93 34.69	200m: 2:12.91 31.98
4. Rodrigo Mosca, SILVA	08 Columbofila Cantanhedense	2:14.82 5.00	400
50m: 31.52 31.52	100m: 1:06.29 34.77	150m: 1:41.10 34.81	200m: 2:14.82 33.72
5. Tiago Santos, POMBO	08 Alcobaça	2:17.76 4.00	375
50m: 31.00 31.00	100m: 1:05.74 34.74	150m: 1:41.49 35.75	200m: 2:17.76 36.27
6. Samuel Dinis, MAIA	08 Miranda do Corvo	2:17.95 3.00	373
50m: 32.13 32.13	100m: 1:07.22 35.09	150m: 1:43.21 35.99	200m: 2:17.95 34.74
7. Joao Filipe, PRAZERES	08 Geslours	2:18.89 2.00	366
50m: 32.23 32.23	100m: 1:08.54 36.31	150m: 1:45.50 36.96	200m: 2:18.89 33.39
8. Francisco Fernandes, PEREIRA	08 Academica de Coimbra	2:23.37 1.00	332
50m: 34.00 34.00	100m: 1:09.96 35.96	150m: 1:47.27 37.31	200m: 2:23.37 36.10

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 6, Masc., 200m Livres, Juvenil B

Lugar	Ano	Tempo final	Pts
9. Francisco Manuel, BEXIGA	08 Vikings	2:25.50	- 318
50m: 33.39 33.39	100m: 1:10.52 37.13	150m: 1:49.17 38.65	200m: 2:25.50 36.33
10. Rodrigo Captao, CHORA	08 Naval Setubalense	2:29.67	- 292
50m: 35.40 35.40	100m: 1:14.07 38.67	150m: 1:52.42 38.35	200m: 2:29.67 37.25
11. Bruno Correia, SILVA	08 Naval do Funchal	2:47.29	- 209
50m: 34.20 34.20	100m: 1:16.52 42.32	150m: 2:02.89 46.37	200m: 2:47.29 44.40

Prova 6 Masc., 200m Livres Infantil A
21.01.2023 - 16:19 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Bernardo Afonso, GUEDELHA	09 Benfica	2:21.88 9.00	343
50m: 33.58 33.58	100m: 1:10.23 36.65	150m: 1:47.28 37.05	200m: 2:21.88 34.60
2. Rafael Lin, MONIZ	09 Naval Setubalense	2:21.89 7.00	343
50m: 32.73 32.73	100m: 1:09.34 36.61	150m: 1:45.92 36.58	200m: 2:21.89 35.97
3. David Ferrador, PEREIRA	09 Nucleo de Pombal	2:22.78 6.00	337
50m: 31.70 31.70	100m: 1:09.28 37.58	150m: 1:47.56 38.28	200m: 2:22.78 35.22
4. David Emanuel, TOME	09 Geslours	2:24.85 5.00	322
50m: 32.04 32.04	100m: 1:09.64 37.60	150m: 1:47.18 37.54	200m: 2:24.85 37.67
5. Hugo Miguel, SANTOS	09 Pimpoes/Cimai	2:35.03 4.00	263
50m: 35.39 35.39	100m: 1:15.22 39.83	150m: 1:55.74 40.52	200m: 2:35.03 39.29
6. Isaac Arruda, SARAIVA	09 Vieiraense	2:36.06 3.00	258
50m: 34.41 34.41	100m: 1:14.90 40.49	150m: 1:57.58 42.68	200m: 2:36.06 38.48
7. Francisco Antunes, SOUSA	09 Columbofila Cantanhedense	2:36.51 2.00	255
50m: 36.02 36.02	100m: 1:16.21 40.19	150m: 1:57.05 40.84	200m: 2:36.51 39.46
8. Luis Pedro, VALERIO	09 Ba-Leiria	2:42.13 1.00	230
50m: 36.96 36.96	100m: 1:19.42 42.46	150m: 2:01.40 41.98	200m: 2:42.13 40.73
9. Tiago Eurico, CORREIA	09 Óbidos	2:51.38 -	194
50m: 37.19 37.19	100m: 1:21.21 44.02	150m: 2:07.19 45.98	200m: 2:51.38 44.19
10. Vicente Camacho, COUTINHO	09 Naval do Funchal	3:24.48 -	114
50m: 38.21 38.21	100m: 1:27.96 49.75	150m: 2:27.51 59.55	200m: 3:24.48 56.97
DNS Jesus Alberto, MEJIAS	09 Vikings	-	-

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 6, Masc., 200m Livres

Prova 6

Masc., 200m Livres

Infantil B

21.01.2023 - 16:19

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Renato Ferreira, MIMOSO	10 Benfica	2:25.56 9.00	318
50m: 32.68 32.68	100m: 1:10.26 37.58	150m: 1:48.76 38.50	200m: 2:25.56 36.80
2. Rodolfo Junior, ALECRIM	10 Ba-Leiria	2:26.67 7.00	310
50m: 33.23 33.23	100m: 1:11.65 38.42	150m: 1:50.83 39.18	200m: 2:26.67 35.84
3. Lucas Ferreira, GASPAR	10 Vieiraense	2:29.32 6.00	294
50m: 35.20 35.20	100m: 1:14.14 38.94	150m: 1:53.19 39.05	200m: 2:29.32 36.13
4. Lourenco Simao, PEREIRA	10 Miranda do Corvo	2:30.27 5.00	289
50m: 34.25 34.25	100m: 1:12.55 38.30	150m: 1:51.96 39.41	200m: 2:30.27 38.31
5. Francisco Martins, SIMOES	10 Náutico de Coimbra	2:35.85 4.00	259
50m: 34.95 34.95	100m: 1:15.35 40.40	150m: 1:56.81 41.46	200m: 2:35.85 39.04
6. Goncalo Soares, BRITO	10 Bombeiros dos Estoris	2:40.78 3.00	236
50m: 36.24 36.24	100m: 1:18.18 41.94	150m: 2:00.85 42.67	200m: 2:40.78 39.93
7. Tomas Marques, FRANCISCO	10 Náutico de Leiria	2:41.81 2.00	231
50m: 36.27 36.27	100m: 1:18.18 41.91	150m: 2:01.22 43.04	200m: 2:41.81 40.59
8. Cristiano Rafael, MELNYCHUK	10 Colégio Vasco da Gama	2:51.24 1.00	195
50m: 38.80 38.80	100m: 1:21.95 43.15	150m: 2:08.65 46.70	200m: 2:51.24 42.59
9. Rodrigo Mendes, GONCALVES	10 Geslours	3:00.30 -	167
50m: 38.59 38.59	100m: 1:24.31 45.72	150m: 2:14.23 49.92	200m: 3:00.30 46.07
10. Diogo Rijo, FERNANDES	10 C N Montijo	3:29.92 -	106
50m: 40.39 40.39	100m: 1:33.33 52.94	150m: 2:32.07 58.74	200m: 3:29.92 57.85
11. Manuel Maria, FERREIRA	10 Naval do Funchal	3:39.89 -	92
50m: 47.71 47.71	100m: 1:46.43 58.72	150m: 2:44.34 57.91	200m: 3:39.89 55.55
DSQ Antonio Carreira, PLACIDO	10 Naval da Nazaré	-	
<i>O atleta não terminou o percurso.</i>			
EXH Santiago Jose, PACHECO	09 Alcobaça	2:31.97 -	279
50m: 35.70 35.70	100m: 1:14.41 38.71	150m: 1:53.74 39.33	200m: 2:31.97 38.23
EXH Luis Filipe, GOMES	08 Naval do Funchal	3:10.31 -	142
50m: 39.81 39.81	100m: 1:29.57 49.76	150m: 2:19.71 50.14	200m: 3:10.31 50.60

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 7 Femin., 200m Mariposa G0 (SEN+JUN)
21.01.2023 - 16:47 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Giovanna Vaz, VARGAS	00 Nautico Marinha Grande	2:22.73 9.00	588
50m: 31.59 31.59	100m: 1:06.88 35.29	150m: 1:44.43 37.55	200m: 2:22.73 38.30
2. Maria Neto, FERREIRA	06 Náutico de Coimbra	2:27.23 7.00	536
50m: 33.87 33.87	100m: 1:11.51 37.64	150m: 1:50.30 38.79	200m: 2:27.23 36.93
3. Ana Claudia, FERREIRA	90 Alcobaça	2:29.04 6.00	516
50m: 33.24 33.24	100m: 1:10.47 37.23	150m: 1:49.90 39.43	200m: 2:29.04 39.14
4. Helena Nunes, RODRIGUES	03 Condeixa Aqua Clube	2:32.48 5.00	482
50m: 34.53 34.53	100m: 1:11.50 36.97	150m: 1:51.36 39.86	200m: 2:32.48 41.12
5. Rita Machita, SANTOS	07 Naval Setubalense	2:34.58 4.00	463
50m: 34.14 34.14	100m: 1:12.96 38.82	150m: 1:53.22 40.26	200m: 2:34.58 41.36
6. Carolina Porem, HENRIQUES	04 Vikings	2:38.95 3.00	426
50m: 35.15 35.15	100m: 1:15.14 39.99	150m: 1:57.58 42.44	200m: 2:38.95 41.37
7. Catarina Alexandra, ALVES	07 Geslours	2:41.29 2.00	407
50m: 34.91 34.91	100m: 1:15.70 40.79	150m: 1:58.37 42.67	200m: 2:41.29 42.92
8. Dalila Leal, BERNARDINO	06 Nucleo de Pombal	2:50.51 1.00	345
50m: 36.39 36.39	100m: 1:19.68 43.29	150m: 2:05.25 45.57	200m: 2:50.51 45.26

Prova 7 Femin., 200m Mariposa Juvenil A
21.01.2023 - 16:47 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Matilde Andre, LUIS	08 Alcobaça	2:49.97 9.00	348
50m: 38.33 38.33	100m: 1:23.73 45.40	150m: 2:07.39 43.66	200m: 2:49.97 42.58
2. Laura Carvalho, FERNANDES	08 Náutico de Coimbra	2:50.49 7.00	345
50m: 37.73 37.73	100m: 1:20.89 43.16	150m: 2:07.14 46.25	200m: 2:50.49 43.35
3. Laura Silva, FERNANDES	08 Miranda do Corvo	3:06.68 6.00	263
50m: 38.99 38.99	100m: 1:25.10 46.11	150m: 2:15.19 50.09	200m: 3:06.68 51.49
4. Matilde Monteiro, NEVES	08 Nucleo de Pombal	3:11.44 5.00	243
50m: 41.64 41.64	100m: 1:30.37 48.73	150m: 2:21.00 50.63	200m: 3:11.44 50.44
DSQ Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	-	-
<i>A atleta efetuou pernada alternada.</i>			

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 7, Femin., 200m Mariposa

Prova 7
21.01.2023 - 16:47
Pontos: FINA 2022

Femin., 200m Mariposa

Juvenil B
Resultados

Lugar	Ano	Tempo final	Pts
1. Patricia Anjo, FERREIRA	09 Nautico Marinha Grande	2:43.10 9.00	394
50m: 35.99 35.99	100m: 1:17.68 41.69	150m: 2:00.13 42.45	200m: 2:43.10 42.97
2. Mariana Santos, INACIO	09 Alcobaca	2:55.83 7.00	314
50m: 36.25 36.25	100m: 1:20.04 43.79	150m: 2:07.56 47.52	200m: 2:55.83 48.27
3. Margarida Marques, MERCEDES	09 Vikings	2:58.70 6.00	299
50m: 37.00 37.00	100m: 1:21.03 44.03	150m: 2:08.08 47.05	200m: 2:58.70 50.62

Prova 7
21.01.2023 - 16:47
Pontos: FINA 2022

Femin., 200m Mariposa

Infantil A
Resultados

Lugar	Ano	Tempo final	Pts
1. Victoria Sales, PROENCA	10 Benfica	3:04.16 9.00	273
50m: 38.99 38.99	100m: 1:24.70 45.71	150m: 2:13.49 48.79	200m: 3:04.16 50.67
2. Luana Filipe, REIS	10 Alcobaca	3:25.13 7.00	198
50m: 44.35 44.35	100m: 1:37.19 52.84	150m: 2:30.89 53.70	200m: 3:25.13 54.24

Prova 7
21.01.2023 - 16:47
Pontos: FINA 2022

Femin., 200m Mariposa

Infantil B
Resultados

Lugar	Ano	Tempo final	Pts
1. Joana Cura, NEVES	11 Condeixa Aqua Clube	3:07.37 9.00	260
50m: 42.05 42.05	100m: 1:30.08 48.03	150m: 2:18.96 48.88	200m: 3:07.37 48.41
2. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	3:18.65 7.00	218
50m: 41.39 41.39	100m: 1:32.28 50.89	150m: 2:25.98 53.70	200m: 3:18.65 52.67
3. Francisca Moreira, FELICIANO	11 Alcobaca	3:21.12 6.00	210
50m: 41.46 41.46	100m: 1:32.83 51.37	150m: 2:27.57 54.74	200m: 3:21.12 53.55
EXH Gabriela Valverde, CANHA	11 Alcobaca	3:27.04 -	192
50m: 44.22 44.22	100m: 1:35.97 51.75	150m: 2:31.99 56.02	200m: 3:27.04 55.05

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 8 Masc., 200m Mariposa G0 (SEN+JUN)
21.01.2023 - 16:59 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Bernardo Jorge, SIMOES	04 Colégio Vasco da Gama	2:07.86 9.00	606
50m: 28.90 28.90	100m: 1:01.48 32.58 150m: 1:35.29 33.81	200m: 2:07.86 32.57	
2. David Ferreira, RELVAS	03 Nautico Marinha Grande	2:08.51 7.00	597
50m: 29.63 29.63	100m: 1:02.05 32.42 150m: 1:35.39 33.34	200m: 2:08.51 33.12	
3. Tiago Roberto, CORDEIRO	00 Benfica	2:09.05 6.00	590
50m: 29.09 29.09	100m: 1:01.47 32.38 150m: 1:34.44 32.97	200m: 2:09.05 34.61	
4. Luca Valentino, TONA	06 Pimpoes/Cimai	2:17.03 5.00	492
50m: 31.36 31.36	100m: 1:06.82 35.46 150m: 1:41.48 34.66	200m: 2:17.03 35.55	
5. Jose Miguel, MARQUES	06 Condeixa Aqua Clube	2:17.84 4.00	484
50m: 31.24 31.24	100m: 1:06.44 35.20 150m: 1:41.84 35.40	200m: 2:17.84 36.00	
6. Rafael Filipe, NUNES	96 Vikings	2:19.79 3.00	464
50m: 31.23 31.23	100m: 1:06.96 35.73 150m: 1:43.38 36.42	200m: 2:19.79 36.41	
7. Tiago Almeida, CORREIA	06 C N Montijo	2:20.37 2.00	458
50m: 30.28 30.28	100m: 1:06.07 35.79 150m: 1:43.65 37.58	200m: 2:20.37 36.72	
8. Edgar Francisco, SIMOES	06 Vieiraense	2:24.02 1.00	424
50m: 31.14 31.14	100m: 1:06.91 35.77 150m: 1:45.74 38.83	200m: 2:24.02 38.28	
9. Joao Neves, LUCAS	06 Columbofila Cantanhedense	2:27.50 -	395
50m: 32.30 32.30	100m: 1:09.68 37.38 150m: 1:48.09 38.41	200m: 2:27.50 39.41	

Prova 8 Masc., 200m Mariposa Juvenil A
21.01.2023 - 16:59 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Daniel Casaca, CARVALHO	07 Colégio Vasco da Gama	2:25.04 9.00	415
50m: 31.73 31.73	100m: 1:08.15 36.42 150m: 1:45.74 37.59	200m: 2:25.04 39.30	
2. Marco Dimitar, OLIVEIRA	07 Náutico de Coimbra	2:35.80 7.00	335
50m: 34.08 34.08	100m: 1:13.38 39.30 150m: 1:54.65 41.27	200m: 2:35.80 41.15	

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 8, Masc., 200m Mariposa

Prova 8 Masc., 200m Mariposa Juvenil B
21.01.2023 - 16:59 Resultados
Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Rafael Pereira, RODRIGUES	08 Condeixa Aqua Clube	2:27.87 9.00	392
50m: 33.47 33.47	100m: 1:10.39 36.92	150m: 1:49.16 38.77	200m: 2:27.87 38.71
2. Tome Nunes, TOME	08 Náutico de Leiria	2:29.27 7.00	381
50m: 31.40 31.40	100m: 1:08.67 37.27	150m: 1:48.81 40.14	200m: 2:29.27 40.46
3. Tiago Santos, POMBO	08 Alcobaça	2:41.07 6.00	303
50m: 34.44 34.44	100m: 1:14.77 40.33	150m: 1:57.60 42.83	200m: 2:41.07 43.47
4. Rodrigo Santos, COUTINHO	08 Pimpoes/Cimai	2:43.44 5.00	290
50m: 36.71 36.71	100m: 1:19.43 42.72	150m: 2:02.98 43.55	200m: 2:43.44 40.46
DSQ Justin Daniel, BORGES	08 Óbidos	-	-
<i>O atleta não terminou a prova.</i>			

Prova 8 Masc., 200m Mariposa Infantil A
21.01.2023 - 16:59 Resultados
Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Guilherme Meireles, MARRAZES	09 Nautico Marinha Grande	2:32.39 9.00	358
50m: 33.97 33.97	100m: 1:13.27 39.30	150m: 1:52.64 39.37	200m: 2:32.39 39.75
2. Bernardo Afonso, GUEDELHA	09 Benfica	2:46.28 7.00	275
50m: 34.47 34.47	100m: 1:14.60 40.13	150m: 1:58.54 43.94	200m: 2:46.28 47.74
3. Miguel Ratinho, ROCHA	09 Naval Setubalense	2:57.70 6.00	225
50m: 36.90 36.90	100m: 1:19.70 42.80	150m: 2:07.60 47.90	200m: 2:57.70 50.10

Prova 8 Masc., 200m Mariposa Infantil B
21.01.2023 - 16:59 Resultados
Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. David Branco, TROVAO	10 Alcobaça	3:48.55 9.00	106
50m: 47.63 47.63	100m: 1:46.82 59.19	150m: 2:48.85 1:02.03	200m: 3:48.55 59.70
EXH Joao Ferreira, MARQUES	06 Academica de Coimbra	2:24.49 -	420
50m: 31.29 31.29	100m: 1:07.85 36.56	150m: 1:45.71 37.86	200m: 2:24.49 38.78

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 9 Femin., 200m Costas G0 (SEN+JUN)
21.01.2023 - 17:11 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Ariana Bento, CARAPINHA	06 Ba-Leiria	2:24.72 9.00	555
50m: 34.05 34.05	100m: 1:10.56 36.51	150m: 1:47.35 36.79	200m: 2:24.72 37.37
2. Ana Francisca, SILVA	06 Alcobaça	2:26.49 7.00	535
50m: 34.37 34.37	100m: 1:11.77 37.40	150m: 1:49.42 37.65	200m: 2:26.49 37.07
3. Sofia Alexandra, NUNES	00 Laranjeiro	2:27.06 6.00	529
50m: 35.03 35.03	100m: 1:12.14 37.11	150m: 1:49.16 37.02	200m: 2:27.06 37.90
4. Maria Jardim, FIDALGO	04 Colégio Vasco da Gama	2:32.25 5.00	476
50m: 35.80 35.80	100m: 1:14.28 38.48	150m: 1:53.61 39.33	200m: 2:32.25 38.64
5. Barbara Cunha, VENTURA	05 Benfica	2:32.28 4.00	476
50m: 35.59 35.59	100m: 1:13.45 37.86	150m: 1:52.89 39.44	200m: 2:32.28 39.39
6. Ines Mira, PINO	06 Pimpoes/Cimai	2:35.49 3.00	447
50m: 37.51 37.51	100m: 1:16.72 39.21	150m: 1:56.62 39.90	200m: 2:35.49 38.87
7. Matilde Violante, VIANA	07 Náutico de Leiria	2:36.96 2.00	435
50m: 36.58 36.58	100m: 1:15.84 39.26	150m: 1:57.08 41.24	200m: 2:36.96 39.88
8. Helena Carolina, DINIS	05 Academica de Coimbra	2:51.94 1.00	331
50m: 40.49 40.49	100m: 1:23.64 43.15	150m: 2:08.14 44.50	200m: 2:51.94 43.80
9. Maria Ines, ESTEVES	06 Naval da Nazaré	2:59.42 -	291
50m: 42.04 42.04	100m: 1:27.55 45.51	150m: 2:14.92 47.37	200m: 2:59.42 44.50
10. Maria Catarina, ROMAO	07 C N Montijo	3:02.96 -	274
50m: 42.83 42.83	100m: 1:28.68 45.85	150m: 2:16.65 47.97	200m: 3:02.96 46.31

Prova 9 Femin., 200m Costas Juvenil A
21.01.2023 - 17:11 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Marta Oliveira, FERREIRA	08 Colégio Vasco da Gama	2:39.44 9.00	415
50m: 38.30 38.30	100m: 1:18.34 40.04	150m: 1:59.44 41.10	200m: 2:39.44 40.00
2. Joana Pontes, PRIOR	08 Laranjeiro	2:45.66 7.00	370
50m: 38.73 38.73	100m: 1:21.02 42.29	150m: 2:04.11 43.09	200m: 2:45.66 41.55
3. Beatriz Silva, GOMES	08 Geslours	2:49.38 6.00	346
50m: 41.36 41.36	100m: 1:23.96 42.60	150m: 2:08.26 44.30	200m: 2:49.38 41.12
4. Diana Rita, FONSECA	08 Veiense	2:49.65 5.00	344
50m: 38.77 38.77	100m: 1:21.17 42.40	150m: 2:05.72 44.55	200m: 2:49.65 43.93
5. Edilma Tchuquissia, GOMES	08 C N Montijo	3:36.03 4.00	166
50m: 46.64 46.64	100m: 1:41.28 54.64	150m: 2:39.66 58.38	200m: 3:36.03 56.37

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Alcobaça, 21.1.2023

Prova 9, Femin., 200m Costas

Prova 9
21.01.2023 - 17:11
Pontos: FINA 2022

Femin., 200m Costas

Juvenil B
Resultados

Lugar	Ano	Tempo final	Pts
1. Francisca Ramos, NUNES	09 Naval de Peniche	2:37.71 9.00	428
50m: 36.48 36.48	100m: 1:16.80 40.32	150m: 1:57.99 41.19	200m: 2:37.71 39.72
2. Caetana Amado, SANTOS	09 Miranda do Corvo	2:37.85 7.00	427
50m: 37.29 37.29	100m: 1:18.03 40.74	150m: 1:59.20 41.17	200m: 2:37.85 38.65
3. Patricia Anjo, FERREIRA	09 Nautico Marinha Grande	2:39.20 6.00	417
50m: 38.24 38.24	100m: 1:18.55 40.31	150m: 1:59.52 40.97	200m: 2:39.20 39.68
4. Leonor Mercês, CAVALEIRO	09 Columbofila Cantanhedense	2:39.42 5.00	415
50m: 37.73 37.73	100m: 1:18.64 40.91	150m: 1:59.62 40.98	200m: 2:39.42 39.80
5. Catarina Silva, CAMPOS	09 Laranjeiro	2:48.76 4.00	350
50m: 39.72 39.72	100m: 1:22.53 42.81	150m: 2:06.31 43.78	200m: 2:48.76 42.45
6. Ana Margarida, CRUZ	09 Náutico de Coimbra	2:50.88 3.00	337
50m: 40.06 40.06	100m: 1:23.01 42.95	150m: 2:07.48 44.47	200m: 2:50.88 43.40
7. Ana, KOSTENKO	09 Naval Setubalense	2:50.89 2.00	337
50m: 40.64 40.64	100m: 1:24.70 44.06	150m: 2:08.51 43.81	200m: 2:50.89 42.38
8. Elisa Ressejac-Duparc, SANTOS	09 Pimpoes/Cimai	3:10.47 1.00	243
50m: 44.12 44.12	100m: 1:31.58 47.46	150m: 2:21.56 49.98	200m: 3:10.47 48.91

Prova 9
21.01.2023 - 17:11
Pontos: FINA 2022

Femin., 200m Costas

Infantil A
Resultados

Lugar	Ano	Tempo final	Pts
1. Mariana, BAGAGEM CARVALHO	10 Miranda do Corvo	2:49.16 9.00	347
50m: 39.75 39.75	100m: 1:23.31 43.56	150m: 2:07.13 43.82	200m: 2:49.16 42.03
2. Maria Barafusta, AFONSO	10 Naval Setubalense	2:50.29 7.00	340
50m: 42.06 42.06	100m: 1:26.07 44.01	150m: 2:08.88 42.81	200m: 2:50.29 41.41
3. Maria Ines, GANTE	10 Náutico de Coimbra	2:50.56 6.00	339
50m: 40.92 40.92	100m: 1:23.33 42.41	150m: 2:07.59 44.26	200m: 2:50.56 42.97
4. Debora Silva, INACIO	10 Pimpoes/Cimai	2:58.64 5.00	295
50m: 41.48 41.48	100m: 1:27.46 45.98	150m: 2:13.52 46.06	200m: 2:58.64 45.12
5. Laura Nobre, MONTEIRO	10 Columbofila Cantanhedense	3:03.87 4.00	270
50m: 44.15 44.15	100m: 1:31.30 47.15	150m: 2:18.36 47.06	200m: 3:03.87 45.51
6. Mara Marcao, COTRIM	10 Óbidos	3:09.14 3.00	248
50m: 43.85 43.85	100m: 1:31.06 47.21	150m: 2:21.63 50.57	200m: 3:09.14 47.51
7. Nuria Cristina, PIRES	10 Vikings	3:13.03 2.00	233
50m: 44.79 44.79	100m: 1:33.82 49.03	150m: 2:24.26 50.44	200m: 3:13.03 48.77

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 9, Femin., 200m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
8. Ana Teresa, ROMAO	10 C N Montijo	3:16.24 1.00	222
50m: 44.09 44.09	100m: 1:32.84 48.75	150m: 2:23.69 50.85	200m: 3:16.24 52.55
9. Alicia Tais, FERREIRA	10 Geslours	3:20.88 -	207
50m: 47.84 47.84	100m: 1:38.15 50.31	150m: 2:29.52 51.37	200m: 3:20.88 51.36
10. Matilde Filipa, AMADO	10 Nautico Marinha Grande	3:23.12 -	200
50m: 47.28 47.28	100m: 1:40.41 53.13	150m: 2:34.68 54.27	200m: 3:23.12 48.44
11. Francisca Maria, ESTEVES	10 Colégio Vasco da Gama	3:27.22 -	189
50m: 48.30 48.30	100m: 1:40.68 52.38	150m: 2:34.88 54.20	200m: 3:27.22 52.34

Prova 9 Femin., 200m Costas Infantil B
21.01.2023 - 17:11 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Carolina Damas, PITA	11 Náutico de Coimbra	2:55.21 9.00	312
50m: 41.17 41.17	100m: 1:25.88 44.71	150m: 2:11.46 45.58	200m: 2:55.21 43.75
2. Francisca Meneses, GONCALVES	11 Geslours	2:56.97 7.00	303
50m: 42.16 42.16	100m: 1:28.76 46.60	150m: 2:12.99 44.23	200m: 2:56.97 43.98
3. Leonor Coelho, SILVA	11 Vikings	3:02.19 6.00	278
50m: 42.66 42.66	100m: 1:29.77 47.11	150m: 2:17.00 47.23	200m: 3:02.19 45.19
4. Mafalda Teles, SOUSA	11 Pimpoes/Cimai	3:09.43 5.00	247
50m: 45.43 45.43	100m: 1:34.49 49.06	150m: 2:24.94 50.45	200m: 3:09.43 44.49
5. Madalena Carreiro, RODRIGUES	11 Benfica	3:14.20 4.00	229
50m: 45.08 45.08	100m: 1:35.35 50.27	150m: 2:25.57 50.22	200m: 3:14.20 48.63
DSQ Carlota Costa, SILVA	11 Colégio Vasco da Gama	-	
Na viragem aos 150 metros, a atleta quebrou o movimento contínuo da braçada.			
DNS Eva Miranda, ALMEIDA	11 Columbofila Cantanhedense	-	
DNS Maria Fatima, PAGANI	11 Bombeiros dos Estoris	-	
EXH Leonor Valerio, ADRIANO	09 Alcobaça	2:55.73 -	310
50m: 41.36 41.36	100m: 1:25.65 44.29	150m: 2:11.93 46.28	200m: 2:55.73 43.80
EXH Gabriela Valverde, CANHA	11 Alcobaça	3:10.88 -	241
50m: 45.51 45.51	100m: 1:34.48 48.97	150m: 2:24.34 49.86	200m: 3:10.88 46.54
EXH Mariana Sousa, OLIVEIRA	10 Alcobaça	3:12.84 -	234
50m: 44.92 44.92	100m: 1:34.09 49.17	150m: 2:24.11 50.02	200m: 3:12.84 48.73
EXH Mariana Sousa, MENDES	11 Alcobaça	3:14.81 -	227
50m: 46.44 46.44	100m: 1:36.54 50.10	150m: 2:26.20 49.66	200m: 3:14.81 48.61

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 10 Masc., 200m Costas G0 (SEN+JUN)
21.01.2023 - 17:39 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Joao Peres, COSTA	04 Naval Praia da Vitoria	2:05.51 9.00	596
50m: 29.90 29.90	100m: 1:02.00 32.10	150m: 1:34.30 32.30	200m: 2:05.51 31.21
2. Andre Azevedo, BARAONA	04 C N Montijo	2:07.40 7.00	569
50m: 29.56 29.56	100m: 1:01.89 32.33	150m: 1:34.49 32.60	200m: 2:07.40 32.91
3. Jose Diogo, DIAS	04 Náutico de Coimbra	2:07.59 6.00	567
50m: 30.06 30.06	100m: 1:02.21 32.15	150m: 1:34.78 32.57	200m: 2:07.59 32.81
4. Francisco Xavier, TOMAS	00 Alcobaca	2:16.45 5.00	463
50m: 31.52 31.52	100m: 1:05.95 34.43	150m: 1:41.04 35.09	200m: 2:16.45 35.41
5. Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal	2:20.96 4.00	420
50m: 33.68 33.68	100m: 1:09.29 35.61	150m: 1:45.75 36.46	200m: 2:20.96 35.21
6. Artur Mesquita, PIRES	05 Naval Setubalense	2:23.03 3.00	402
50m: 33.24 33.24	100m: 1:09.43 36.19	150m: 1:46.58 37.15	200m: 2:23.03 36.45
7. Micael Dmitrievich, DENISOV	06 Náutico de Leiria	2:23.87 2.00	395
50m: 32.25 32.25	100m: 1:10.38 38.13	150m: 1:48.70 38.32	200m: 2:23.87 35.17

Prova 10 Masc., 200m Costas Juvenil A
21.01.2023 - 17:39 Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Tomas Santos, BRAGA	07 Colégio Vasco da Gama	2:23.37 9.00	399
50m: 32.62 32.62	100m: 1:08.75 36.13	150m: 1:45.80 37.05	200m: 2:23.37 37.57
2. Francisco Jose, FRAGOSO	07 Vieiraense	2:25.48 7.00	382
50m: 33.46 33.46	100m: 1:10.50 37.04	150m: 1:48.32 37.82	200m: 2:25.48 37.16
3. Jose Januario, MARQUES	07 Pimpoes/Cimai	2:30.34 6.00	346
50m: 36.80 36.80	100m: 1:14.69 37.89	150m: 1:52.79 38.10	200m: 2:30.34 37.55
4. Marco Dimitar, OLIVEIRA	07 Náutico de Coimbra	2:37.02 5.00	304
50m: 39.25 39.25	100m: 1:18.29 39.04	150m: 1:58.05 39.76	200m: 2:37.02 38.97
5. Tiago Dinis, FERREIRA	07 Geslours	2:42.68 4.00	273
50m: 39.60 39.60	100m: 1:20.81 41.21	150m: 2:02.73 41.92	200m: 2:42.68 39.95
6. Rafael Sergio, SPAC	07 C N Montijo	2:47.97 3.00	248
50m: 37.50 37.50	100m: 1:19.96 42.46	150m: 2:04.03 44.07	200m: 2:47.97 43.94

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 10, Masc., 200m Costas

Prova 10

Masc., 200m Costas

Juvenil B

21.01.2023 - 17:39

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Afonso Gago, GARCIA	08 Benfica	2:24.75 9.00	388
50m: 35.48 35.48	100m: 1:12.87 37.39	150m: 1:49.70 36.83	200m: 2:24.75 35.05
2. Francisco Soares, BRITO	08 Bombeiros dos Estoris	2:26.65 7.00	373
50m: 34.18 34.18	100m: 1:11.32 37.14	150m: 1:49.74 38.42	200m: 2:26.65 36.91
3. Thomas Mouzinho, HOWARD-TRI08 ^p	Vikings	2:32.31 6.00	333
50m: 35.19 35.19	100m: 1:15.51 40.32	150m: 1:54.63 39.12	200m: 2:32.31 37.68
4. Rodrigo Mosca, SILVA	08 Columbofila Cantanhedense	2:32.80 5.00	330
50m: 36.82 36.82	100m: 1:15.82 39.00	150m: 1:55.11 39.29	200m: 2:32.80 37.69
5. Samuel Dinis, MAIA	08 Miranda do Corvo	2:33.10 4.00	328
50m: 36.19 36.19	100m: 1:15.31 39.12	150m: 1:54.85 39.54	200m: 2:33.10 38.25
6. Martim Luis, GASPAR	08 Nautico Marinha Grande	2:40.31 3.00	286
50m: 36.73 36.73	100m: 1:17.49 40.76	150m: 1:59.13 41.64	200m: 2:40.31 41.18

DSQ Francisco Fernandes, PEREIRA 08 Academica de Coimbra

O atleta chegou completamente submerso.

Prova 10

Masc., 200m Costas

Infantil A

21.01.2023 - 17:39

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Miguel Loucao, CAXARIA	09 C N Montijo	2:33.05 9.00	328
50m: 35.95 35.95	100m: 1:14.62 38.67	150m: 1:54.29 39.67	200m: 2:33.05 38.76
2. Tiago Loureiro, DIAS	09 Alcobaça	2:34.86 7.00	317
50m: 36.57 36.57	100m: 1:15.69 39.12	150m: 1:55.93 40.24	200m: 2:34.86 38.93
3. Francisco Lourenco, CUSTODIO	09 Naval da Nazaré	2:42.95 6.00	272
50m: 37.51 37.51	100m: 1:18.60 41.09	150m: 2:01.82 43.22	200m: 2:42.95 41.13
4. Tomas Bento, ANFILOQUIO	09 Pimpoes/Cimai	2:45.46 5.00	260
50m: 38.70 38.70	100m: 1:19.86 41.16	150m: 2:02.43 42.57	200m: 2:45.46 43.03
5. Francisco Antunes, SOUSA	09 Columbofila Cantanhedense	3:00.16 4.00	201
50m: 42.90 42.90	100m: 1:28.98 46.08	150m: 2:15.26 46.28	200m: 3:00.16 44.90

DSQ David Ferrador, PEREIRA 09 Nucleo de Pombal

Na viragem aos 50 metros, o atleta não efetuou o movimento contínuo da braçada.

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 10, Masc., 200m Costas

Prova 10

Masc., 200m Costas

Infantil B

21.01.2023 - 17:39

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Tomas Manuel, PALMEIRO	10 Nautico Marinha Grande	2:44.69 9.00	263
50m: 37.32 37.32	100m: 1:18.90 41.58	150m: 2:03.13 44.23	200m: 2:44.69 41.56
2. Tomas Marques, FRANCISCO	10 Náutico de Leiria	2:51.62 7.00	233
50m: 42.13 42.13	100m: 1:25.81 43.68	150m: 2:08.62 42.81	200m: 2:51.62 43.00
3. Goncalo Soares, BRITO	10 Bombeiros dos Estoris	2:51.93 6.00	231
50m: 39.61 39.61	100m: 1:23.13 43.52	150m: 2:08.12 44.99	200m: 2:51.93 43.81
4. Santiago Marques, PEREIRA	10 Columbofila Cantanhedense	2:52.49 5.00	229
50m: 41.32 41.32	100m: 1:25.68 44.36	150m: 2:10.76 45.08	200m: 2:52.49 41.73
5. Martim Marino, BRILHA	10 Vikings	3:00.16 4.00	201
50m: 43.32 43.32	100m: 1:29.98 46.66	150m: 2:15.80 45.82	200m: 3:00.16 44.36
6. Simao Almeida, CARNIDE	10 Vieiraense	3:03.19 3.00	191
50m: 44.09 44.09	100m: 1:32.51 48.42	150m: 2:19.53 47.02	200m: 3:03.19 43.66
7. Rodrigo Mendes, GONCALVES	10 Geslours	3:07.25 2.00	179
50m: 44.22 44.22	100m: 1:32.95 48.73	150m: 2:20.36 47.41	200m: 3:07.25 46.89
8. Santiago Neves, SILVA	10 Nucleo de Pombal	3:13.36 1.00	163
50m: 44.55 44.55	100m: 1:33.13 48.58	150m: 2:24.23 51.10	200m: 3:13.36 49.13
9. Diogo Rijo, FERNANDES	10 C N Montijo	3:54.93 -	90
50m: 53.50 53.50	100m: 1:55.92 1:02.42	150m: 2:58.76 1:02.84	200m: 3:54.93 56.17
DSQ Renato Ferreira, MIMOSO	10 Benfica	-	
O atleta perdeu a posição dorsal, na viragem aos 125 metros.			
DSQ Francisco Martins, SIMOES	10 Náutico de Coimbra	-	
O atleta efetuou deslize na viragem aos 175 metros.			
DSQ Antonio Carreira, PLACIDO	10 Naval da Nazaré	-	
Na viragem aos 125 metros, o atleta quebrou o movimento contínuo da braçada.			
DSQ Gabriel Krempel, VARELA	10 Pimpoes/Cimai	-	
Na viragem aos 125 metros, o atleta não tocou na parede.			
DSQ Cristiano Rafael, MELNYCHUK	10 Colégio Vasco da Gama	-	
Após a viragem aos 100 metros, o atleta caminhou no fundo da piscina.			

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 11

21.01.2023 - 18:13

Femin., 400m Livres

OPEN (INF+JUV+JUN+SEN)

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Leticia Maia, ANDRE	02 Benfica	4:22.63	9.00 706
50m: 30.83 30.83	150m: 1:36.60 32.87	250m: 2:42.80 32.90	350m: 3:50.22 33.88
100m: 1:03.73 32.90	200m: 2:09.90 33.30	300m: 3:16.34 33.54	400m: 4:22.63 32.41
2. Mariana Carmo, ROSA	05 Condeixa Aqua Clube	4:29.68	7.00 652
50m: 31.73 31.73	150m: 1:39.07 34.05	250m: 2:47.44 34.02	350m: 3:56.37 34.60
100m: 1:05.02 33.29	200m: 2:13.42 34.35	300m: 3:21.77 34.33	400m: 4:29.68 33.31
3. Mariana Marques, MERCEDES	03 Vikings	4:36.88	6.00 603
50m: 31.53 31.53	150m: 1:40.33 34.69	250m: 2:51.66 35.49	350m: 4:02.46 35.26
100m: 1:05.64 34.11	200m: 2:16.17 35.84	300m: 3:27.20 35.54	400m: 4:36.88 34.42
4. Maria Neto, FERREIRA	06 Náutico de Coimbra	4:37.98	5.00 595
50m: 32.71 32.71	150m: 1:43.56 35.65	250m: 2:55.17 35.60	350m: 4:05.27 34.43
100m: 1:07.91 35.20	200m: 2:19.57 36.01	300m: 3:30.84 35.67	400m: 4:37.98 32.71
5. Leonor Verissimo, FARIA	06 Nucleo de Pombal	4:38.06	4.00 595
50m: 32.82 32.82	150m: 1:43.88 35.83	250m: 2:55.68 35.89	350m: 4:05.88 34.65
100m: 1:08.05 35.23	200m: 2:19.79 35.91	300m: 3:31.23 35.55	400m: 4:38.06 32.18
6. Maria Jardim, FIDALGO	04 Colégio Vasco da Gama	4:38.95	3.00 589
50m: 32.29 32.29	150m: 1:42.43 35.04	250m: 2:53.50 35.45	350m: 4:04.68 35.42
100m: 1:07.39 35.10	200m: 2:18.05 35.62	300m: 3:29.26 35.76	400m: 4:38.95 34.27
7. Ana Francisca, SILVA	06 Alcobaça	4:41.07	2.00 576
50m: 32.90 32.90	150m: 1:43.64 35.73	250m: 2:55.10 35.44	350m: 4:06.19 35.31
100m: 1:07.91 35.01	200m: 2:19.66 36.02	300m: 3:30.88 35.78	400m: 4:41.07 34.88
8. Giovanna Vaz, VARGAS	00 Nautico Marinha Grande	4:42.43	1.00 568
50m: 32.17 32.17	150m: 1:41.48 34.86	250m: 2:53.10 35.97	350m: 4:06.30 36.69
100m: 1:06.62 34.45	200m: 2:17.13 35.65	300m: 3:29.61 36.51	400m: 4:42.43 36.13
9. Sara Sofia, ALVES	07 Naval Setubalense	4:43.75	- 560
50m: 32.67 32.67	150m: 1:44.65 35.94	250m: 2:56.40 35.90	350m: 4:08.99 36.10
100m: 1:08.71 36.04	200m: 2:20.50 35.85	300m: 3:32.89 36.49	400m: 4:43.75 34.76
10. Maria Madalena, ALVES	06 Ba-Leiria	4:48.26	- 534
50m: 31.80 31.80	150m: 1:42.77 36.32	250m: 2:56.77 37.21	350m: 4:11.72 37.72
100m: 1:06.45 34.65	200m: 2:19.56 36.79	300m: 3:34.00 37.23	400m: 4:48.26 36.54
11. Matilde Violante, VIANA	07 Náutico de Leiria	4:54.66	- 500
50m: 32.67 32.67	150m: 1:45.73 36.99	250m: 3:01.63 37.98	350m: 4:17.52 38.02
100m: 1:08.74 36.07	200m: 2:23.65 37.92	300m: 3:39.50 37.87	400m: 4:54.66 37.14
12. Francisca Ramos, NUNES	09 Naval de Peniche	4:59.27	- 477
50m: 34.59 34.59	150m: 1:50.66 38.27	250m: 3:07.70 38.56	350m: 4:23.66 37.91
100m: 1:12.39 37.80	200m: 2:29.14 38.48	300m: 3:45.75 38.05	400m: 4:59.27 35.61
13. Leonor Mercês, CAVALEIRO	09 Columbofila Cantanhedense	5:01.78	- 465
50m: 34.47 34.47	150m: 1:50.86 38.71	250m: 3:08.14 38.79	350m: 4:24.36 37.61
100m: 1:12.15 37.68	200m: 2:29.35 38.49	300m: 3:46.75 38.61	400m: 5:01.78 37.42

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 11, Femin., 400m Livres, OPEN (INF+JUV+JUN+SEN)

Lugar	Ano	Tempo final	Pts
14. Beatriz Luz, MARTINS	06 Pimpoes/Cimai	5:07.98	- 438
50m: 34.75 34.75	150m: 1:52.43 39.38	250m: 3:11.14 39.81	350m: 4:30.10 39.55
100m: 1:13.05 38.30	200m: 2:31.33 38.90	300m: 3:50.55 39.41	400m: 5:07.98 37.88
15. Beatriz Ribeiro, LIMA	09 Geslours	5:08.76	- 434
50m: 34.64 34.64	150m: 1:51.38 38.97	250m: 3:09.75 39.67	350m: 4:29.46 39.78
100m: 1:12.41 37.77	200m: 2:30.08 38.70	300m: 3:49.68 39.93	400m: 5:08.76 39.30
16. Leonor Caetano, MOREIRA	06 Vieiraense	5:11.61	- 423
50m: 34.25 34.25	150m: 1:50.10 38.49	250m: 3:09.60 39.88	350m: 4:30.53 40.57
100m: 1:11.61 37.36	200m: 2:29.72 39.62	300m: 3:49.96 40.36	400m: 5:11.61 41.08
17. Ines Azevedo, BARAONA	07 C N Montijo	5:11.93	- 421
50m: 33.64 33.64	150m: 1:49.98 38.73	250m: 3:10.45 40.38	350m: 4:32.37 41.15
100m: 1:11.25 37.61	200m: 2:30.07 40.09	300m: 3:51.22 40.77	400m: 5:11.93 39.56
18. Isabella Scavone, LOPES	10 Miranda do Corvo	5:27.94	- 362
50m: 38.76 38.76	150m: 2:02.55 42.10	250m: 3:25.63 41.63	350m: 4:49.15 40.83
100m: 1:20.45 41.69	200m: 2:44.00 41.45	300m: 4:08.32 42.69	400m: 5:27.94 38.79
19. Sofia Fonseca, PRIMO	09 Academica de Coimbra	5:28.55	- 360
50m: 37.67 37.67	150m: 2:00.68 41.97	250m: 3:24.90 41.88	350m: 4:48.98 41.92
100m: 1:18.71 41.04	200m: 2:43.02 42.34	300m: 4:07.06 42.16	400m: 5:28.55 39.57
20. Leonor Silva, MARTINS	10 Óbidos	5:41.96	- 320
50m: 37.97 37.97	150m: 2:04.39 43.72	250m: 3:34.70 45.56	350m: 5:02.99 43.22
100m: 1:20.67 42.70	200m: 2:49.14 44.75	300m: 4:19.77 45.07	400m: 5:41.96 38.97
21. Matilde Santos, COUTINHO	07 Naval da Nazaré	5:48.19	- 303
50m: 38.56 38.56	150m: 2:06.19 44.40	250m: 3:35.73 44.52	350m: 5:04.61 44.24
100m: 1:21.79 43.23	200m: 2:51.21 45.02	300m: 4:20.37 44.64	400m: 5:48.19 43.58
DNS Joana Filipa, VARANDAS	02 Laranjeiro	-	-
EXH Mariana Santos, INACIO	09 Alcobaça	5:19.12	- 393
50m: 34.67 34.67	150m: 1:53.79 39.71	250m: 3:15.93 40.77	350m: 4:38.66 41.29
100m: 1:14.08 39.41	200m: 2:35.16 41.37	300m: 3:57.37 41.44	400m: 5:19.12 40.46

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 12

21.01.2023 - 18:31

Masc., 400m Livres

OPEN (INF+JUV+JUN+SEN)

Resultados

Pontos: FINA 2022

Lugar	Ano	Tempo final	Pts
1. Lucas Pereira, BASTOS	00 Náutico de Coimbra	4:01.86 9.00	675
50m: 27.79 27.79	150m: 1:29.08 30.88	250m: 2:31.18 30.91	350m: 3:31.88 29.76
100m: 58.20 30.41	200m: 2:00.27 31.19	300m: 3:02.12 30.94	400m: 4:01.86 29.98
2. Tomas Amor, SARREIRA	05 Nautico Marinha Grande	4:03.28 7.00	664
50m: 27.64 27.64	150m: 1:29.24 31.07	250m: 2:30.85 30.77	350m: 3:32.90 31.06
100m: 58.17 30.53	200m: 2:00.08 30.84	300m: 3:01.84 30.99	400m: 4:03.28 30.38
3. Tiago Serradas, FRANCISCO	05 Ba-Leiria	4:17.89 6.00	557
50m: 29.43 29.43	150m: 1:33.09 31.86	250m: 2:38.59 33.18	350m: 3:45.63 33.44
100m: 1:01.23 31.80	200m: 2:05.41 32.32	300m: 3:12.19 33.60	400m: 4:17.89 32.26
4. Miguel Freitas, OVIEDO	02 Academica de Coimbra	4:19.71 5.00	545
50m: 29.90 29.90	150m: 1:35.46 33.19	250m: 2:41.50 33.03	350m: 3:47.12 32.45
100m: 1:02.27 32.37	200m: 2:08.47 33.01	300m: 3:14.67 33.17	400m: 4:19.71 32.59
5. Luis Emanuel, VAZ	91 Colégio Vasco da Gama	4:20.04 4.00	543
50m: 30.16 30.16	150m: 1:35.83 33.06	250m: 2:41.93 32.89	350m: 3:47.70 32.80
100m: 1:02.77 32.61	200m: 2:09.04 33.21	300m: 3:14.90 32.97	400m: 4:20.04 32.34
6. Joao Neves, LUCAS	06 Columbofila Cantanhedense	4:20.36 3.00	541
50m: 30.45 30.45	150m: 1:36.15 32.79	250m: 2:42.80 33.19	350m: 3:48.59 32.81
100m: 1:03.36 32.91	200m: 2:09.61 33.46	300m: 3:15.78 32.98	400m: 4:20.36 31.77
7. Daniel Filipe, CAZEIRO	97 Laranjeiro	4:24.13 2.00	518
50m: 30.55 30.55	150m: 1:37.00 33.39	250m: 2:44.44 33.65	350m: 3:51.20 33.17
100m: 1:03.61 33.06	200m: 2:10.79 33.79	300m: 3:18.03 33.59	400m: 4:24.13 32.93
8. Tiago Ventura, CHAO	06 Naval Setubalense	4:25.88 1.00	508
50m: 30.30 30.30	150m: 1:37.60 33.90	250m: 2:45.67 34.09	350m: 3:53.66 33.89
100m: 1:03.70 33.40	200m: 2:11.58 33.98	300m: 3:19.77 34.10	400m: 4:25.88 32.22
9. Daniel, TSYKAL	04 Alcobaca	4:26.28 -	506
50m: 28.91 28.91	150m: 1:34.30 33.39	250m: 2:41.92 33.68	350m: 3:51.01 34.98
100m: 1:00.91 32.00	200m: 2:08.24 33.94	300m: 3:16.03 34.11	400m: 4:26.28 35.27
10. Rafael Lourenco, GIL	96 Vikings	4:26.84 -	503
50m: 29.13 29.13	150m: 1:33.46 32.66	250m: 2:41.22 34.24	350m: 3:51.34 35.52
100m: 1:00.80 31.67	200m: 2:06.98 33.52	300m: 3:15.82 34.60	400m: 4:26.84 35.50
11. Tiago Almeida, CORREIA	06 C N Montijo	4:26.89 -	502
50m: 29.62 29.62	150m: 1:36.53 33.77	250m: 2:45.33 34.26	350m: 3:54.05 34.07
100m: 1:02.76 33.14	200m: 2:11.07 34.54	300m: 3:19.98 34.65	400m: 4:26.89 32.84
12. Santiago Boica, SOUSA	08 Vieiraense	4:32.83 -	470
50m: 30.32 30.32	150m: 1:38.30 34.34	250m: 2:48.82 34.91	350m: 3:57.59 34.72
100m: 1:03.96 33.64	200m: 2:13.91 35.61	300m: 3:22.87 34.05	400m: 4:32.83 35.24
13. Gil Santos, LEMOS	06 Pimpoes/Cimai	4:33.24 -	468
50m: 29.09 29.09	150m: 1:35.67 33.59	250m: 2:45.43 35.32	350m: 3:57.66 36.21
100m: 1:02.08 32.99	200m: 2:10.11 34.44	300m: 3:21.45 36.02	400m: 4:33.24 35.58

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 12, Masc., 400m Livres, OPEN (INF+JUV+JUN+SEN)

Lugar	Ano	Tempo final	Pts
14. Tome Nunes, TOME	08 Náutico de Leiria	4:35.10	- 459
50m: 31.81 31.81	150m: 1:41.74 35.23	250m: 2:51.79 34.92	350m: 4:01.93 34.93
100m: 1:06.51 34.70	200m: 2:16.87 35.13	300m: 3:27.00 35.21	400m: 4:35.10 33.17
15. Salvador Correia, PEREIRA	08 Condeixa Aqua Clube	4:39.23	- 439
50m: 32.63 32.63	150m: 1:42.10 34.68	250m: 2:52.44 35.15	350m: 4:03.86 36.03
100m: 1:07.42 34.79	200m: 2:17.29 35.19	300m: 3:27.83 35.39	400m: 4:39.23 35.37
16. Rihards, BUNKOVSKIS	05 Geslours	4:47.51	- 402
50m: 30.69 30.69	150m: 1:41.27 36.06	250m: 2:55.48 37.28	350m: 4:10.92 38.05
100m: 1:05.21 34.52	200m: 2:18.20 36.93	300m: 3:32.87 37.39	400m: 4:47.51 36.59
17. Samuel Dinis, MAIA	08 Miranda do Corvo	4:48.30	- 399
50m: 33.30 33.30	150m: 1:45.51 36.60	250m: 2:59.75 37.16	350m: 4:13.22 36.52
100m: 1:08.91 35.61	200m: 2:22.59 37.08	300m: 3:36.70 36.95	400m: 4:48.30 35.08
18. Cristiano Nogueira, FERREIRA	06 Nucleo de Pombal	4:48.99	- 396
50m: 31.17 31.17	150m: 1:42.40 36.53	250m: 2:57.55 37.38	350m: 4:13.99 38.51
100m: 1:05.87 34.70	200m: 2:20.17 37.77	300m: 3:35.48 37.93	400m: 4:48.99 35.00
19. Gabriel Lourenco, CUSTODIO	06 Naval da Nazaré	5:31.82	- 261
50m: 36.36 36.36	150m: 2:01.80 43.98	250m: 3:27.51 42.73	350m: 4:51.81 40.70
100m: 1:17.82 41.46	200m: 2:44.78 42.98	300m: 4:11.11 43.60	400m: 5:31.82 40.01
20. Pedro Blanc, CAPINHA	09 Óbidos	5:38.34	- 246
50m: 38.50 38.50	150m: 2:01.73 42.49	250m: 3:27.23 43.06	350m: 4:55.28 43.94
100m: 1:19.24 40.74	200m: 2:44.17 42.44	300m: 4:11.34 44.11	400m: 5:38.34 43.06
DSQ Tiago Roberto, CORDEIRO	00 Benfica	-	-
<i>Falsa partida.</i>			
EXH Santiago Jose, PACHECO	09 Alcobaca	5:13.22	- 311
50m: 35.57 35.57	150m: 1:54.94 40.00	250m: 3:15.16 40.35	350m: 4:35.10 39.83
100m: 1:14.94 39.37	200m: 2:34.81 39.87	300m: 3:55.27 40.11	400m: 5:13.22 38.12

Prova 13

21.01.2023 - 19:00

Femin., 4 x 100m Estilos

OPEN (INF+JUV+JUN+SEN)

Resultados

Pontos: FINA 2022

Lugar	Tempo final						Pts	
1. CAQC	Condeixa Aqua Clube				4:31.78	18.00	563	
Joana Francisca, RODRIGUES	04	33.04	1:08.65	Helena Nunes, RODRIGUES	03	31.82	1:08.78	
Maria Carlota, REBELO	03	35.25	1:14.58	Mariana Carmo, ROSA	05	28.71	59.77	
2. SLB	Benfica				4:32.93	14.00	556	
Barbara Cunha, VENTURA	05	34.01	1:11.12	Leticia Maia, ANDRE	02	29.52	1:04.51	
Matilde Nunes. LOPES	06	35.56	1:16.37	Leonor Carreiro. RODRIGUES	07	29.13	1:00.93	

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 13, Femin., 4 x 100m Estilos, OPEN (INF+JUV+JUN+SEN)

Lugar					Tempo final		Pts
3.	CNAC			Náutico de Coimbra	4:38.06	12.00	526
	Ines Miranda, DIOGO	07	34.71	1:11.32	Maria Neto, FERREIRA	06	31.87 1:07.86
	Beatriz Andre, GASPAR	06	37.58	1:19.11	Leonor Mil, MANO	07	28.43 59.77
4.	CNS			Naval Setubalense	4:47.37	10.00	476
	Sara Sofia, ALVES	07	32.38	1:07.27	Rita Antunes, RATINHO	09	34.04 1:14.17
	Rita Machita, SANTOS	07	37.02	1:18.05	Matilde Anjos, FRISCHKNECHT	07	32.18 1:07.88
5.	SIRP			Pimpoes/Cimai	4:49.46	8.00	466
	Ines Apolinario, SOARES	03	33.71	1:09.74	Ines Mira, PINO	06	31.54 1:07.48
	Camila Silva, CHAMUSCO	08	39.11	1:25.49	Beatriz Luz, MARTINS	06	31.83 1:06.75
6.	VKGS			Vikings	4:49.85	6.00	464
	Beatriz Silva, JORDAO	09	36.67	1:15.36	Carolina Porem, HENRIQUES	04	33.07 1:11.65
	Marta Matos, LARANJEIRA	08	38.96	1:23.46	Mariana Marques, MERCEDES	03	28.55 59.38
7.	CNAL			Alcobaça	4:52.11	4.00	454
	Ana Francisca, SILVA	06	34.20	1:10.09	Ana Claudia, FERREIRA	90	31.39 1:07.50
	Leonor Palma, JACOMO	09	40.90	1:27.23	Matilde Andre, LUIS	08	32.18 1:07.29
8.	CNCVG			Colégio Vasco da Gama	4:53.75	2.00	446
	Daniela Patricia, LARGUINHO	05	39.02	1:20.12	Maria Jardim, FIDALGO	04	31.10 1:05.99
	Marta Oliveira, FERREIRA	08	39.03	1:22.98	Susana Pereira, VEIGA	00	30.41 1:04.66
9.	DNMG			Nautico Marinha Grande	4:57.97	-	427
	Patricia Anjo, FERREIRA	09	36.99	1:16.29	Giovanna Vaz, VARGAS	00	30.71 1:04.43
	Margarida Correia, MADEIRA	06	37.29	1:17.81	Matilde Filipa, AMADO	10	37.62 1:19.44
10.	CRIL			Laranjeiro	4:59.53	-	421
	Catarina Silva, CAMPOS	09	37.88	1:18.48	Iris Pereira, CARRAO	05	32.26 1:10.19
	Sofia Alexandra, NUNES	00	39.31	1:23.35	Joana Pontes, PRIOR	08	32.23 1:07.51
11.	AAC			Academica de Coimbra	5:00.25	-	418
	Helena Carolina, DINIS	05	39.70	1:21.29	Beatriz Costa, TEJO	02	30.61 1:04.95
	Sofia Fonseca, PRIMO	09	40.76	1:25.38	Rita Isabel, NEVES	08	33.07 1:08.63
12.	GESL			Geslours	5:02.10	-	410
	Daniela Pina, RODRIGUES	09	36.15	1:14.65	Catarina Alexandra, ALVES	07	33.20 1:13.19
	Beatriz Silva, GOMES	08	39.71	1:25.68	Beatriz Ribeiro, LIMA	09	32.74 1:08.58
13.	IDV			Vieirense	5:06.50	-	393
	Mariana Magalhaes, FERNANDES	06	36.64	1:16.83	Leonor Caetano, MOREIRA	06	32.97 1:13.49
	Mafalda Caetano, LOURENCO	06	40.51	1:28.37	Diana Rita, FONSECA	08	31.93 1:07.81
14.	CNPE			Naval de Peniche	5:13.39	-	367
	Francisca Ramos, NUNES	09	37.62	1:17.48	Joana Rosa, FERREIRA	05	33.59 1:13.57
	Zofie, PACHECO	09	42.59	1:33.01	Anjali, RAICAR	09	31.54 1:09.33
15.	NDAP			Nucleo de Pombal	5:16.68	-	356
	Leonor Verissimo, FARIA	06	35.98	1:12.27	Dalila Leal, BERNARDINO	06	34.91 1:16.62
	Anastasiya, PRYMACHENKO	11	45.28	1:34.16	Carlota Sa, SANTOS	11	34.86 1:13.63
16.	CNMC			Miranda do Corvo	5:18.22	-	351
	Caetana Amado, SANTOS	09	36.95	1:16.85	Isabella Scavone, LOPES	10	38.23 1:23.62
	Laura Silva, FERNANDES	08	41.50	1:26.03	Mariana, BAGAGEM CARVALHO	10	33.55 1:11.72

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 13, Femin., 4 x 100m Estilos, OPEN (INF+JUV+JUN+SEN)

Lugar					Tempo final			Pts
17. CNL				Náutico de Leiria	5:34.30	-		302
	Matilde Violante, VIANA	07	36.09	1:14.12	Maria Francisca, FROIS	06	33.08	1:14.12
	Maria Santos, FONSECA	11	51.06	1:46.84	Carolina Silva, CASTANHEIRA	11	37.90	1:19.22
18. CNM				C N Montijo	5:35.88	-		298
	Ana Teresa, ROMAO	10	42.69	1:30.58	Ines Azevedo, BARAONA	07	34.86	1:15.92
	Maria Catarina, ROMAO	07	44.71	1:35.51	Iris Araujo, BELCHIOR	07	34.94	1:13.87
DSQ BA				Ba-Leiria	-			
	<i>Falsa prestação do 4º atleta.</i>							
	Ariana Bento, CARAPINHA	06	32.37	1:07.58	Maria Madalena, ALVES	06	32.09	1:12.64
	Maria Teresa, OLIVEIRA	09	38.17	1:23.51	Ines Ferreira, CHELEU	09		
DNS ASSCC				Columbofila Cantanhedense	-			
DNS OC				Óbidos	-			

Prova 14
21.01.2023 - 19:18

Masc., 4 x 100m Estilos

OPEN (INF+JUV+JUN+SEN)

Resultados

Pontos: FINA 2022

Lugar					Tempo final			Pts
1. CNAC				Náutico de Coimbra	3:58.75	18.00		580
	Jose Diogo, DIAS	04	29.24	1:00.01	Rodrigo Miguel, REIS	04	26.13	58.60
	Vasco Pereira, BASTOS	02	31.57	1:07.42	Lucas Pereira, BASTOS	00	25.47	52.72
2. SLB				Benfica	4:01.42	14.00		561
	Andre Henriques, MARQUES	05	28.76	58.41	Tiago Roberto, CORDEIRO	00	27.11	58.26
	Goncalo Duarte, CARVALHO	05	31.26	1:06.28	Pedro Caiada, RODRIGUES	08	27.78	58.47
3. BA				Ba-Leiria	4:08.11	12.00		517
	Miguel Fernandes, OLIVEIRA	05	29.63	1:01.02	Jose Francisco, OLIVEIRA	05	28.18	1:01.69
	Afonso Manuel, ASCENSO	05	31.06	1:08.88	Tiago Serradas, FRANCISCO	05	27.05	56.52
4. DNMG				Nautico Marinha Grande	4:09.25	10.00		510
	Paulo, KOT	09	33.10	1:08.38	Tomas Amor, SARREIRA	05	27.25	58.63
	David Ferreira, RELVAS	03	32.82	1:10.14	Miguel Vicente, SILVA	02	24.15	52.10
5. CNCVG				Colégio Vasco da Gama	4:11.90	8.00		494
	Tomas Santos, BRAGA	07	31.28	1:05.31	Bernardo Jorge, SIMOES	04	27.10	56.83
	Daniel Casaca, CARVALHO	07	34.70	1:14.46	Luis Emanuel, VAZ	91	26.59	55.30
6. AAC				Academica de Coimbra	4:16.89	6.00		465
	Joao Ferreira, MARQUES	06	33.36	1:08.65	Miguel Freitas, OVIEDO	02	27.60	59.00
	Rodrigo Costa, CRUZ	06	34.29	1:13.41	Samuel Baptista, FIGUEIRA	05	26.38	55.83
7. CNM				C N Montijo	4:18.04	4.00		459
	Andre Azevedo, BARAONA	04	28.00	58.05	Tiago Almeida, CORREIA	06	28.07	1:01.83
	Miguel Palminha, SERAFIM	05	37.35	1:22.03	Cristian Sergiu, SPAC	04	26.30	56.13

XXV Torneio Taça Cidade de Alcobaça
Alcobaça, 21.1.2023

Prova 14, Masc., 4 x 100m Estilos, OPEN (INF+JUV+JUN+SEN)

Lugar					Tempo final		Pts
8.	VKGS	Vikings			4:19.05	2.00	454
	Thomas Mouzinho, HOWARD-TRIF08	32.93	1:09.54	Rafael Filipe, NUNES	96	28.64	1:02.66
	Vicente Morgado, VENTOSO 00	31.16	1:09.38	Miguel Alexandre, RODRIGUES	98	26.69	57.47
9.	CNAL	Alcobaca			4:20.68	-	445
	Francisco Xavier, TOMAS 00	29.48	1:01.67	Tiago Santos, POMBO	08	31.61	1:09.33
	Daniel, TSYKAL 04	31.26	1:06.72	Tiago Loureiro, DIAS	09	29.66	1:02.96
10.	SIRP	Pimpoes/Cimai			4:21.50	-	441
	Mikhael, ONUTSKYY 08	31.46	1:03.85	Luca Valentino, TONA	06	28.01	1:01.80
	Gil Santos, LEMOS 06	35.28	1:14.74	Jose Januario, MARQUES	07	29.13	1:01.11
11.	CRIL	Laranjeiro			4:23.45	-	432
	Joao Nogueira, MENDES 02	33.43	1:07.24	Rafael, CACERES LOPES	04	30.23	1:06.29
	Daniel Filipe, CAZEIRO 97	34.59	1:13.28	Joao Negreiros, GUERREIRO	04	26.72	56.64
12.	CNS	Naval Setubalense			4:27.85	-	411
	Artur Mesquita, PIRES 05	31.44	1:05.63	Tiago Ventura, CHAO	06	27.66	59.06
	Rodrigo Capita, CHORA 08	38.75	1:24.08	Martim Daniel, TORRES	06	27.88	59.08
13.	IDV	Vieirense			4:28.10	-	409
	Francisco Jose, FRAGOSO 07	31.46	1:05.00	Edgar Francisco, SIMOES	06	30.44	1:06.87
	Gabriel Mota, PATRICIO 08	34.68	1:17.29	Santiago Boica, SOUSA	08	28.10	58.94
14.	CAQC	Condeixa Aqua Clube			4:32.37	-	390
	Salvador Correia, PEREIRA 08	35.66	1:14.00	Jose Miguel, MARQUES	06	29.31	1:03.70
	Rafael Pereira, RODRIGUES 08	37.28	1:19.73	Rodrigo Ribeiro, GOMES	00	25.62	54.94
15.	CNL	Náutico de Leiria			4:46.61	-	335
	Micael Dmitrievich, DENISOV 06	31.76	1:06.01	Tome Nunes, TOME	08	29.75	1:04.84
	Guilherme Silva, CASTANHEIRA 04	38.73	1:21.71	Tomas Marques, FRANCISCO	10	35.05	1:14.05
16.	GESL	Geslours			4:54.51	-	309
	Rihards, BUNKOVSKIS 05	31.78	1:05.88	Tomas Maria, HORTA	10	33.82	1:14.43
	Tiago Dinis, FERREIRA 07	39.71	1:25.25	Francisco Gabriel, FREITAS	09	33.43	1:08.95
17.	ASSSCC	Columbofila Cantanhedense			4:58.91	-	295
	Rodrigo Mosca, SILVA 08	35.16	1:12.20	Joao Neves, LUCAS	06	30.09	1:04.98
	Francisco Antunes, SOUSA 09	43.36	1:32.41	Santiago Marques, PEREIRA	10	33.35	1:09.32
18.	NDAP	Nucleo de Pombal			4:59.08	-	295
	Cristiano Nogueira, FERREIRA 06	32.80	1:06.44	Andre Pedro, FERREIRA	06	32.36	1:10.33
	Santiago Neves, SILVA 10	43.81	1:35.06	David Ferrador, PEREIRA	09	31.52	1:07.25